

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

1 - 1ª SESSÃO

04-07-2014 - 16:00

Prova 1 Masc., 400m Livres Absolutos
04-07-2014 - 16:00 Resultados

SEN MAS Sen: 5:05.00 / JUN MAS Jun: 5:06.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Jose Eduardo Felicio	97	Rio Maior	4:41.64	+0,81	477				
50m:	32.49	32.49	150m:	1:44.20	36.52	250m:	2:56.06	35.41	350m:	4:07.87	36.04
100m:	1:07.68	35.19	200m:	2:20.65	36.45	300m:	3:31.83	35.77	400m:	4:41.64	33.77
	2.	Ivo Andre Lopes	94	Viver Santarem	4:41.65	+0,77	477				
50m:	30.62	30.62	150m:	1:40.69	35.69	250m:	2:53.76	36.77	350m:	4:07.78	37.32
100m:	1:05.00	34.38	200m:	2:16.99	36.30	300m:	3:30.46	36.70	400m:	4:41.65	33.87
	3.	Joao Francisco Ferreira	93	CLAC-Entroncamento	4:52.85	+0,81	424				
50m:	32.90	32.90	150m:	1:45.82	37.17	250m:	3:00.67	37.64	350m:	4:16.26	37.76
100m:	1:08.65	35.75	200m:	2:23.03	37.21	300m:	3:38.50	37.83	400m:	4:52.85	36.59
	4.	Mario Jorge Nunes	92	Natacao do Tejo	5:17.79	+0,72	332				
<i>FTL</i>											
50m:	33.62	33.62	150m:	1:48.34	38.46	250m:	3:11.70	42.07	350m:	4:37.10	42.04
100m:	1:09.88	36.26	200m:	2:29.63	41.29	300m:	3:55.06	43.36	400m:	5:17.79	40.69
	DNS	Francisco Redol Dias	96	Gualdim Pais							

Prova 1 Masc., 400m Livres Juvenis
04-07-2014 - 16:00 Resultados

JUV-A MAS Juv A: 5:16.00 / JUV-B MAS Juv B: 5:21.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Dario Fausto Matias	98	Torres Novas	4:20.95	+0,84	599				
50m:	29.85	29.85	150m:	1:36.02	33.27	250m:	2:43.38	33.84	350m:	3:50.37	33.11
100m:	1:02.75	32.90	200m:	2:09.54	33.52	300m:	3:17.26	33.88	400m:	4:20.95	30.58
	2.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	4:27.31	+0,66	558				
50m:	30.33	30.33	150m:	1:38.28	34.56	250m:	2:46.02	33.71	350m:	3:54.44	34.51
100m:	1:03.72	33.39	200m:	2:12.31	34.03	300m:	3:19.93	33.91	400m:	4:27.31	32.87
	3.	Bernardo Jose Dionisio	99	Gualdim Pais	4:31.76	+0,86	531				
50m:	30.12	30.12	150m:	1:39.03	35.07	250m:	2:49.60	35.41	350m:	3:59.66	35.33
100m:	1:03.96	33.84	200m:	2:14.19	35.16	300m:	3:24.33	34.73	400m:	4:31.76	32.10
	4.	Tiago Filipe Campos	99	Viver Santarem	4:34.22	+0,93	516				
50m:	31.47	31.47	150m:	1:41.28	35.40	250m:	2:52.36	35.47	350m:	4:01.10	33.87
100m:	1:05.88	34.41	200m:	2:16.89	35.61	300m:	3:27.23	34.87	400m:	4:34.22	33.12
	5.	Afonso Guilherme Rosa	99	Gualdim Pais	4:38.28	+0,86	494				
50m:	30.55	30.55	150m:	1:41.63	36.12	250m:	2:53.17	35.66	350m:	4:05.79	36.33
100m:	1:05.51	34.96	200m:	2:17.51	35.88	300m:	3:29.46	36.29	400m:	4:38.28	32.49
	6.	Goncalo Faria Saldida	99	Gualdim Pais	4:39.70	+0,84	487				
50m:	31.42	31.42	150m:	1:41.14	34.98	250m:	2:53.51	36.60	350m:	4:06.07	35.78
100m:	1:06.16	34.74	200m:	2:16.91	35.77	300m:	3:30.29	36.78	400m:	4:39.70	33.63
	7.	Pedro Pereira Lopes	99	BUZIOS-Coruche	4:50.58	+0,86	434				
50m:	32.81	32.81	150m:	1:46.01	37.31	250m:	3:01.27	37.83	350m:	4:15.77	36.16
100m:	1:08.70	35.89	200m:	2:23.44	37.43	300m:	3:39.61	38.34	400m:	4:50.58	34.81
	8.	Tomas Jose Agostinho	99	BUZIOS-Coruche	4:51.15	+0,82	431				
50m:	32.26	32.26	150m:	1:46.13	37.49	250m:	3:00.37	36.97	350m:	4:15.90	37.72
100m:	1:08.64	36.38	200m:	2:23.40	37.27	300m:	3:38.18	37.81	400m:	4:51.15	35.25
	9.	Bernardo Fernandes Aguiar	99	20Km de Almeirim	4:55.61	+0,84	412				
50m:	33.28	33.28	150m:	1:47.27	37.63	250m:	3:03.00	37.89	350m:	4:18.78	37.47
100m:	1:09.64	36.36	200m:	2:25.11	37.84	300m:	3:41.31	38.31	400m:	4:55.61	36.83

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 1, Masc., 400m Livres, Juvenis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	10.	Samuel Batista Agostinho	98	Rio Maior	4:55.81	+0,68	411				
50m:	33.15	33.15	150m:	1:47.62	37.63	250m:	3:03.94	38.07	350m:	4:19.62	37.73
100m:	1:09.99	36.84	200m:	2:25.87	38.25	300m:	3:41.89	37.95	400m:	4:55.81	36.19
	11.	Telmo Pedrosa Rocha	98	Uniao Samorense	5:00.36		393				
50m:	31.60	31.60	150m:	1:44.79	37.84	250m:	3:03.44	39.42	350m:	4:22.15	39.42
100m:	1:06.95	35.35	200m:	2:24.02	39.23	300m:	3:42.73	39.29	400m:	5:00.36	38.21
	12.	Joao Tiago Almeida	99	20Km de Almeirim	5:07.39	+0,85	366				
50m:	33.93	33.93	150m:	1:50.82	39.49	250m:	3:09.81	39.81	400m:	5:07.39	37.69
100m:	1:11.33	37.40	200m:	2:30.00	39.18	350m:	4:29.70	1:19.89			
	13.	David Antonio Carvalho	99	Natacao do Tejo	5:08.70	+0,98	362				
50m:	33.31	33.31	150m:	1:51.28	40.03	250m:	3:10.59	39.86	350m:	4:30.65	39.19
100m:	1:11.25	37.94	200m:	2:30.73	39.45	300m:	3:51.46	40.87	400m:	5:08.70	38.05
	14.	Jose Nuno Sousa	99	CLAC-Entroncamento	5:08.71	+0,78	362				
50m:	33.29	33.29	150m:	1:50.26	39.11	250m:	3:09.72	39.77	350m:	4:30.02	40.50
100m:	1:11.15	37.86	200m:	2:29.95	39.69	300m:	3:49.52	39.80	400m:	5:08.71	38.69
	DNS	Luis Miguel Monteiro	99	Cartaxo							

Prova 1

Masc., 400m Livres

Infantis
Resultados

04-07-2014 - 16:00

INF-A MAS Inf A: 5:36.50 / INF-B MAS Inf B: 5:51.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Miguel Goncalves Frade	00	Torres Novas	4:39.77	+0,84	486				
50m:	31.57	31.57	150m:	1:40.57	35.14	250m:	2:52.41	36.10	350m:	4:04.46	36.15
100m:	1:05.43	33.86	200m:	2:16.31	35.74	300m:	3:28.31	35.90	400m:	4:39.77	35.31
	2.	Rui Jorge Lopes	00	CLAC-Entroncamento	4:40.38	+0,82	483				
50m:	31.40	31.40	150m:	1:42.53	36.36	250m:	2:56.13	36.81	350m:	4:07.90	35.04
100m:	1:06.17	34.77	200m:	2:19.32	36.79	300m:	3:32.86	36.73	400m:	4:40.38	32.48
	3.	Miguel Serrao Santos	00	Viver Santarem	4:41.21	+0,77	479				
50m:	31.67	31.67	150m:	1:42.47	36.02	250m:	2:56.20	36.74	350m:	4:08.62	35.21
100m:	1:06.45	34.78	200m:	2:19.46	36.99	300m:	3:33.41	37.21	400m:	4:41.21	32.59
	4.	Joao Jose Calado	01	Nautico Abrantes	4:42.44	+0,84	473				
50m:	31.26	31.26	150m:	1:42.75	36.41	250m:	2:55.37	36.24	350m:	4:07.93	35.79
100m:	1:06.34	35.08	200m:	2:19.13	36.38	300m:	3:32.14	36.77	400m:	4:42.44	34.51
	5.	Jose Carlos Burecas	00	BUZIOS-Coruche	4:43.45	+0,86	468				
50m:	31.95	31.95	150m:	1:41.57	35.12	250m:	2:54.55	36.91	350m:	4:08.47	36.82
100m:	1:06.45	34.50	200m:	2:17.64	36.07	300m:	3:31.65	37.10	400m:	4:43.45	34.98
	6.	Filipe Asseiceira Ramos	00	Torres Novas	4:44.41	+0,81	463				
50m:	31.88	31.88	150m:	1:43.90	36.39	250m:	2:57.81	36.87	350m:	4:11.52	36.36
100m:	1:07.51	35.63	200m:	2:20.94	37.04	300m:	3:35.16	37.35	400m:	4:44.41	32.89
	7.	Joao Nazario Carvalho	00	Torres Novas	4:45.08	+0,86	460				
50m:	32.93	32.93	150m:	1:44.36	36.13	250m:	2:57.30	36.60	350m:	4:09.27	35.71
100m:	1:08.23	35.30	200m:	2:20.70	36.34	300m:	3:33.56	36.26	400m:	4:45.08	35.81
	8.	Ricardo Luis Leal	01	CLAC-Entroncamento	4:57.07	+0,81	406				
50m:	32.57	32.57	150m:	1:46.91	38.15	250m:	3:03.79	38.50	350m:	4:21.29	38.57
100m:	1:08.76	36.19	200m:	2:25.29	38.38	300m:	3:42.72	38.93	400m:	4:57.07	35.78
	9.	Diogo Franco Martins	01	20Km de Almeirim	4:57.25	+0,83	405				
50m:	33.34	33.34	150m:	1:47.05	37.33	250m:	3:03.62	38.52	350m:	4:19.65	37.40
100m:	1:09.72	36.38	200m:	2:25.10	38.05	300m:	3:42.25	38.63	400m:	4:57.25	37.60
	10.	Afonso Maria Teodoro	01	Viver Santarem	4:58.91	+0,61	399				
50m:	33.68	33.68	150m:	1:48.93	38.17	250m:	3:06.70	38.11	350m:	4:23.12	37.48
100m:	1:10.76	37.08	200m:	2:28.59	39.66	300m:	3:45.64	38.94	400m:	4:58.91	35.79

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 1, Masc., 400m Livres, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	11.	Francisco Inacio Rodrigues	00	Viver Santarem	5:04.10	+0,87	378				
50m:	32.87	32.87	150m:	1:47.02	37.96	250m:	3:04.97	39.48	350m:	4:24.28	39.11
100m:	1:09.06	36.19	200m:	2:25.49	38.47	300m:	3:45.17	40.20	400m:	5:04.10	39.82
	12.	Joao Diogo Lopes	01	Viver Santarem	5:05.66		373				
50m:	30.70	30.70	150m:	1:44.17	37.38	250m:	3:04.05	40.72	350m:	4:26.90	41.24
100m:	1:06.79	36.09	200m:	2:23.33	39.16	300m:	3:45.66	41.61	400m:	5:05.66	38.76
	13.	David Antunes Santos	00	CLAC-Entroncamento	5:08.09	+0,98	364				
50m:	34.28	34.28	150m:	1:51.64	39.11	250m:	3:10.86	40.05	350m:	4:29.84	39.34
100m:	1:12.53	38.25	200m:	2:30.81	39.17	300m:	3:50.50	39.64	400m:	5:08.09	38.25
	14.	Afonso Pinhal Canto	01	20Km de Almeirim	5:17.23		333				
50m:	33.98	33.98	150m:	1:54.42	41.48	250m:	3:16.75	41.49	350m:	4:38.51	40.31
100m:	1:12.94	38.96	200m:	2:35.26	40.84	300m:	3:58.20	41.45	400m:	5:17.23	38.72
	15.	Joao Antonio Simoes	01	Torres Novas	5:26.01	+0,88	307				
50m:	37.38	37.38	150m:	1:59.42	40.81	250m:	3:22.16	41.24	350m:	4:46.58	42.03
100m:	1:18.61	41.23	200m:	2:40.92	41.50	300m:	4:04.55	42.39	400m:	5:26.01	39.43
	16.	Nuno Pereira Simoes	01	Torres Novas	5:28.07	+0,81	301				
50m:	35.55	35.55	150m:	1:58.41	42.56	250m:	3:23.50	42.83	350m:	4:48.49	42.79
100m:	1:15.85	40.30	200m:	2:40.67	42.26	300m:	4:05.70	42.20	400m:	5:28.07	39.58
	17.	Alexandre Ferreira Ribeiro	01	Rio Maior	5:34.28	+0,65	285				
50m:	35.37	35.37	150m:	2:00.56	42.89	250m:	3:26.96	43.41	350m:	4:53.49	42.07
100m:	1:17.67	42.30	200m:	2:43.55	42.99	300m:	4:11.42	44.46	400m:	5:34.28	40.79
	18.	Diogo Samouco Dias	01	Torres Novas	5:38.18	+1,16	275				
50m:	37.89	37.89	150m:	2:02.43	41.88	250m:	3:29.44	43.21	350m:	4:57.16	43.47
100m:	1:20.55	42.66	200m:	2:46.23	43.80	300m:	4:13.69	44.25	400m:	5:38.18	41.02

Prova 2
04-07-2014 - 16:30

Femin., 1500m Livres

Absolutos
Resultados

ABS FEM : 22:38.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Ana Carolina Gomes	97	Cartaxo	19:34.17	+0,76	517				
50m:	35.08	35.08	450m:	5:48.17	39.28	850m:	11:01.38	39.18	1250m:	16:17.26	39.68
100m:	1:13.39	38.31	500m:	6:27.20	39.03	900m:	11:40.93	39.55	1300m:	16:57.13	39.87
150m:	1:52.46	39.07	550m:	7:06.31	39.11	950m:	12:20.41	39.48	1350m:	17:37.22	40.09
200m:	2:31.65	39.19	600m:	7:45.33	39.02	1000m:	12:59.73	39.32	1400m:	18:16.36	39.14
250m:	3:11.09	39.44	650m:	8:24.16	38.83	1050m:	13:39.37	39.64	1450m:	18:55.89	39.53
300m:	3:50.55	39.46	700m:	9:03.31	39.15	1100m:	14:18.64	39.27	1500m:	19:34.17	38.28
350m:	4:29.91	39.36	750m:	9:42.72	39.41	1150m:	14:58.29	39.65			
400m:	5:08.89	38.98	800m:	10:22.20	39.48	1200m:	15:37.58	39.29			
	2.	Raquel Sofia Jorge	98	Salvaterra de Magos	20:17.88	+0,85	463				
50m:	34.90	34.90	450m:	5:52.12	40.32	850m:	11:18.52	41.35	1250m:	16:51.24	41.75
100m:	1:13.76	38.86	500m:	6:32.50	40.38	900m:	11:59.77	41.25	1300m:	17:33.10	41.86
150m:	1:52.90	39.14	550m:	7:12.99	40.49	950m:	12:41.16	41.39	1350m:	18:14.78	41.68
200m:	2:32.39	39.49	600m:	7:53.85	40.86	1000m:	13:22.82	41.66	1400m:	18:56.42	41.64
250m:	3:11.96	39.57	650m:	8:34.55	40.70	1050m:	14:04.51	41.69	1450m:	19:37.70	41.28
300m:	3:51.72	39.76	700m:	9:15.24	40.69	1100m:	14:46.03	41.52	1500m:	20:17.88	40.18
350m:	4:31.61	39.89	750m:	9:56.09	40.85	1150m:	15:27.77	41.74			
400m:	5:11.80	40.19	800m:	10:37.17	41.08	1200m:	16:09.49	41.72			
	3.	Ana Claudia Santo	97	Cartaxo	20:34.19	+1,03	445				
50m:	36.03	36.03	450m:	5:54.48	41.04	850m:	11:29.23	41.83	1250m:	17:07.44	42.38
100m:	1:14.45	38.42	500m:	6:36.10	41.62	900m:	12:11.08	41.85	1300m:	17:49.59	42.15
150m:	1:53.91	39.46	550m:	7:17.41	41.31	950m:	12:53.06	41.98	1350m:	18:31.49	41.90
200m:	2:33.57	39.66	600m:	7:59.26	41.85	1000m:	13:34.89	41.83	1400m:	19:13.16	41.67
250m:	3:12.97	39.40	650m:	8:41.42	42.16	1050m:	14:17.14	42.25	1450m:	19:53.70	40.54
300m:	3:52.89	39.92	700m:	9:22.99	41.57	1100m:	14:59.80	42.66	1500m:	20:34.19	40.49
350m:	4:33.13	40.24	750m:	10:05.15	42.16	1150m:	15:42.72	42.92			
400m:	5:13.44	40.31	800m:	10:47.40	42.25	1200m:	16:25.06	42.34			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 2, Femin., 1500m Livres

Prova 2
04-07-2014 - 16:30

Femin., 1500m Livres

Juvenis
Resultados

JUV-A FEM 15: 22:20.40 / JUV-B FEM Juv: 22:44.40

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Maria Beatriz Dias	99	Viver Santarem	19:00.87		563				
50m:	34.13	34.13	450m:	5:33.19	37.46	850m:	10:39.13	38.33	1250m:	15:48.79	38.82
100m:	1:10.81	36.68	500m:	6:11.38	38.19	900m:	11:17.69	38.56	1300m:	16:27.44	38.65
150m:	1:47.94	37.13	550m:	6:49.28	37.90	950m:	11:55.99	38.30	1350m:	17:05.99	38.55
200m:	2:25.58	37.64	600m:	7:27.35	38.07	1000m:	12:34.78	38.79	1400m:	17:44.87	38.88
250m:	3:03.21	37.63	650m:	8:05.53	38.18	1050m:	13:13.60	38.82	1450m:	18:23.24	38.37
300m:	3:40.78	37.57	700m:	8:44.01	38.48	1100m:	13:52.56	38.96	1500m:	19:00.87	37.63
350m:	4:18.16	37.38	750m:	9:22.44	38.43	1150m:	14:31.27	38.71			
400m:	4:55.73	37.57	800m:	10:00.80	38.36	1200m:	15:09.97	38.70			
	2.	Patricia Palmeiro Baeta	00	Viver Santarem	19:30.13	+0,76	522				
50m:	34.92	34.92	450m:	5:40.32	38.19	850m:	10:54.26	39.07	1250m:	16:13.70	40.30
100m:	1:12.27	37.35	500m:	6:19.74	39.42	900m:	11:34.03	39.77	1300m:	16:54.35	40.65
150m:	1:50.16	37.89	550m:	6:58.32	38.58	950m:	12:13.78	39.75	1350m:	17:33.62	39.27
200m:	2:28.36	38.20	600m:	7:37.25	38.93	1000m:	12:53.85	40.07	1400m:	18:13.43	39.81
250m:	3:06.25	37.89	650m:	8:16.69	39.44	1050m:	13:33.13	39.28	1450m:	18:51.37	37.94
300m:	3:44.85	38.60	700m:	8:56.24	39.55	1100m:	14:13.97	40.84	1500m:	19:30.13	38.76
350m:	4:23.06	38.21	750m:	9:35.66	39.42	1150m:	14:54.30	40.33			
400m:	5:02.13	39.07	800m:	10:15.19	39.53	1200m:	15:33.40	39.10			
	3.	Joana Sofia Amado	99	Cartaxo	20:02.09	+0,94	482				
100m:	1:14.31	1:14.31	500m:	6:33.95	39.89	900m:	11:56.94	41.18	1300m:	17:23.03	41.13
150m:	1:54.17	39.86	550m:	7:13.95	40.00	950m:	12:37.77	40.83	1350m:	18:03.05	40.02
200m:	2:34.35	40.18	600m:	7:54.10	40.15	1000m:	13:18.54	40.77	1400m:	18:43.56	40.51
250m:	3:13.99	39.64	650m:	8:34.37	40.27	1050m:	13:58.98	40.44	1450m:	19:23.49	39.93
300m:	3:53.35	39.36	700m:	9:14.47	40.10	1100m:	14:40.25	41.27	1500m:	20:02.09	38.60
350m:	4:33.55	40.20	750m:	9:54.74	40.27	1150m:	15:21.46	41.21			
400m:	5:13.58	40.03	800m:	10:35.39	40.65	1200m:	16:02.13	40.67			
450m:	5:54.06	40.48	850m:	11:15.76	40.37	1250m:	16:41.90	39.77			
	4.	Sarah Dias	99	CLAC-Entroncamento	21:09.74	+0,91	409				
50m:	35.25	35.25	450m:	6:05.77	42.46	850m:	11:49.82	42.98	1250m:	17:36.96	43.38
100m:	1:13.94	38.69	500m:	6:49.07	43.30	900m:	12:33.06	43.24	1300m:	18:20.22	43.26
150m:	1:54.72	40.78	550m:	7:32.08	43.01	950m:	13:16.34	43.28	1350m:	19:02.96	42.74
200m:	2:35.57	40.85	600m:	8:14.46	42.38	1000m:	13:59.71	43.37	1400m:	19:45.23	42.27
250m:	3:16.88	41.31	650m:	8:57.44	42.98	1050m:	14:42.99	43.28	1450m:	20:27.85	42.62
300m:	3:58.57	41.69	700m:	9:40.27	42.83	1100m:	15:26.31	43.32	1500m:	21:09.74	41.89
350m:	4:40.95	42.38	750m:	10:23.42	43.15	1150m:	16:09.87	43.56			
400m:	5:23.31	42.36	800m:	11:06.84	43.42	1200m:	16:53.58	43.71			
	5.	Marta Isabel Silva	00	Viver Santarem	21:36.65	+0,89	384				
50m:	37.19	37.19	450m:	6:17.20	43.06	850m:	12:06.30	44.11	1250m:	17:58.98	43.72
100m:	1:18.10	40.91	500m:	7:00.56	43.36	900m:	12:50.96	44.66	1300m:	18:42.84	43.86
150m:	2:00.15	42.05	550m:	7:43.56	43.00	950m:	13:35.03	44.07	1350m:	19:26.85	44.01
200m:	2:42.16	42.01	600m:	8:26.68	43.12	1000m:	14:19.23	44.20	1400m:	20:10.45	43.60
250m:	3:25.17	43.01	650m:	9:10.48	43.80	1050m:	15:03.38	44.15	1450m:	20:54.00	43.55
300m:	4:07.91	42.74	700m:	9:53.97	43.49	1100m:	15:47.25	43.87	1500m:	21:36.65	42.65
350m:	4:50.86	42.95	750m:	10:38.13	44.16	1150m:	16:31.41	44.16			
400m:	5:34.14	43.28	800m:	11:22.19	44.06	1200m:	17:15.26	43.85			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 2, Femin., 1500m Livres

Prova 2

04-07-2014 - 16:30

Femin., 1500m Livres

Infantis
Resultados

INF-A FEM Inf A: 23:44.00 / INF-B FEM Inf B: 24:44.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Mafalda Gilberto Marques	01	Natacao do Tejo	20:23.28		457				
50m:	35.61	35.61	450m:	6:00.61	40.62	850m:	11:29.41	42.17	1250m:	16:58.87	41.17
100m:	1:14.50	38.89	500m:	6:42.33	41.72	900m:	12:10.32	40.91	1300m:	17:40.46	41.59
150m:	1:55.00	40.50	550m:	7:23.35	41.02	950m:	12:51.61	41.29	1350m:	18:22.11	41.65
200m:	2:35.77	40.77	600m:	8:03.68	40.33	1000m:	13:33.11	41.50	1400m:	19:03.37	41.26
250m:	3:16.65	40.88	650m:	8:44.31	40.63	1050m:	14:13.89	40.78	1450m:	19:43.77	40.40
300m:	3:57.74	41.09	700m:	9:25.04	40.73	1100m:	14:55.23	41.34	1500m:	20:23.28	39.51
350m:	4:38.81	41.07	750m:	10:05.95	40.91	1150m:	15:36.49	41.26			
400m:	5:19.99	41.18	800m:	10:47.24	41.29	1200m:	16:17.70	41.21			
	2.	Filipa Cardigo Fitas	02	20Km de Almeirim	20:40.49	+1,24	438				
50m:	36.37	36.37	450m:	6:07.87	42.13	850m:	11:43.81	42.23	1250m:	17:18.19	41.27
100m:	1:16.73	40.36	500m:	6:49.08	41.21	900m:	12:26.36	42.55	1300m:	18:00.53	42.34
150m:	1:57.85	41.12	550m:	7:30.82	41.74	950m:	13:07.43	41.07	1350m:	18:41.35	40.82
200m:	2:39.15	41.30	600m:	8:13.19	42.37	1000m:	13:49.90	42.47	1400m:	19:22.44	41.09
250m:	3:20.41	41.26	650m:	8:55.04	41.85	1050m:	14:31.92	42.02	1450m:	20:02.22	39.78
300m:	4:02.60	42.19	700m:	9:37.91	42.87	1100m:	15:13.80	41.88	1500m:	20:40.49	38.27
350m:	4:44.24	41.64	750m:	10:19.88	41.97	1150m:	15:55.19	41.39			
400m:	5:25.74	41.50	800m:	11:01.58	41.70	1200m:	16:36.92	41.73			
	3.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	21:16.91	+0,99	402				
50m:	37.44	37.44	450m:	6:12.29	42.05	850m:	11:58.74	43.45	1250m:	17:47.26	43.74
100m:	1:18.76	41.32	500m:	6:55.88	43.59	900m:	12:41.33	42.59	1300m:	18:30.56	43.30
150m:	2:00.62	41.86	550m:	7:38.95	43.07	950m:	13:25.17	43.84	1350m:	19:14.23	43.67
200m:	2:42.30	41.68	600m:	8:21.84	42.89	1000m:	14:08.57	43.40	1400m:	19:56.97	42.74
250m:	3:24.13	41.83	650m:	9:04.33	42.49	1050m:	14:52.69	44.12	1450m:	20:38.97	42.00
300m:	4:06.09	41.96	700m:	9:48.25	43.92	1100m:	15:36.69	44.00	1500m:	21:16.91	37.94
350m:	4:48.21	42.12	750m:	10:31.61	43.36	1150m:	16:20.12	43.43			
400m:	5:30.24	42.03	800m:	11:15.29	43.68	1200m:	17:03.52	43.40			
	4.	Carolina Guerra Pisco	02	20Km de Almeirim	21:26.53	+0,70	393				
50m:	38.43	38.43	450m:	6:17.86	42.67	850m:	12:01.24	43.32	1250m:	17:52.42	44.17
100m:	1:20.84	42.41	500m:	7:01.08	43.22	900m:	12:44.27	43.03	1300m:	18:36.09	43.67
150m:	2:01.87	41.03	550m:	7:43.44	42.36	950m:	13:28.00	43.73	1350m:	19:18.38	42.29
200m:	2:43.69	41.82	600m:	8:25.61	42.17	1000m:	14:12.40	44.40	1400m:	20:02.10	43.72
250m:	3:26.26	42.57	650m:	9:08.74	43.13	1050m:	14:55.99	43.59	1450m:	20:44.71	42.61
300m:	4:09.27	43.01	700m:	9:50.97	42.23	1100m:	15:40.27	44.28	1500m:	21:26.53	41.82
350m:	4:52.12	42.85	750m:	10:33.83	42.86	1150m:	16:23.77	43.50			
400m:	5:35.19	43.07	800m:	11:17.92	44.09	1200m:	17:08.25	44.48			

Prova 3

04-07-2014 - 17:20

Masc., 50m Bruços

Absolutos
Resultados

JUV-A MAS Juv A: 38.50 / JUV-B MAS Juv B: 38.50 / JUN MAS Jun: 38.00 / SEN MAS Sen: 38.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Miguel Carrico Cruz	99	20Km de Almeirim	32.54	+0,74	550
	2.	Joao Manuel Ferreira	92	CLAC-Entroncamento	33.57	+0,83	501
	3.	Guilherme Antonio Reis	96	Torres Novas	33.66	+0,80	497
	4.	Bernardo Jose Dionisio	99	Gualdim Pais	34.33	+0,83	468
	5.	Artur Rafael Saramago	97	BUZIOS-Coruche	34.42	+0,89	465
	6.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	34.77	+0,67	451
	7.	Joao Paulo Lopes	98	Torres Novas	35.52	+0,82	423
	8.	Nuno Miguel Afonso	91	Natacao do Tejo	36.40	+0,84	393
	9.	Joao Mauricio Gaspar	97	Nautico Abrantes	37.76	+0,75	352
	10.	Joao Fernando Bento	99	Uniao Samorense	38.38	+0,76	335
	DNS	Tiago Andre Gouveia	90	CLAC-Entroncamento			
	DNS	Nazar Vershynin	94	Cartaxo			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 3, Masc., 50m Bruços

Prova 3 Masc., 50m Bruços Seniores
04-07-2014 - 17:20 Resultados

SEN MAS : 38.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Joao Manuel Ferreira	92	CLAC-Entroncamento	33.57	+0,83	501
	2.	Nuno Miguel Afonso	91	Natacao do Tejo	36.40	+0,84	393
	DNS	Tiago Andre Gouveia	90	CLAC-Entroncamento			
	DNS	Nazar Vershynin	94	Cartaxo			

Prova 3 Masc., 50m Bruços Juniores
04-07-2014 - 17:20 Resultados

JUN MAS : 38.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Guilherme Antonio Reis	96	Torres Novas	33.66	+0,80	497
	2.	Artur Rafael Saramago	97	BUZIOS-Coruche	34.42	+0,89	465
	3.	Joao Mauricio Gaspar	97	Nautico Abrantes	37.76	+0,75	352

Prova 4 Femin., 50m Bruços Absolutos
04-07-2014 - 17:20 Resultados

ABS FEM 16 +: 44.00 / JUV-A FEM 15: 44.00 / JUV-B FEM Juv: 44.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Madalena Silva	98	Nautico Abrantes	34.77		629
	2.	Rute Isabel Leonardo	98	Nautico Abrantes	35.81	+0,84	576
	3.	Ana Margarida Salgueiro	99	Nautico Abrantes	37.73	+0,83	492
	4.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	37.74	+0,75	492
	5.	Catarina Goncalves Trezentos	98	Gualdim Pais	38.71	+0,83	456
	6.	Sofia Alexandra Picao	99	CLAC-Entroncamento	39.32	+0,79	435
	7.	Filipa Robert Rente	96	Gualdim Pais	39.92	+0,77	415
	8.	Soraya Dea Matias	95	Torres Novas	40.26	+0,79	405
	9.	Raquel Sofia Jorge	98	Salvaterra de Magos	40.35		402
	10.	Maria Beatriz Diogo	99	Nautico Abrantes	41.27	+0,89	376
	11.	Ana Torres Ferreira	99	Nautico Abrantes	41.99	+0,99	357
	12.	Ines Maria Ribeiro	94	CLAC-Entroncamento	42.83	+0,80	336
	DNS	Ana Pereira Luis	97	Salvaterra de Magos			

Prova 4 Femin., 50m Bruços Juniores
04-07-2014 - 17:20 Resultados

ABS FEM 16 +: 44.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Madalena Silva	98	Nautico Abrantes	34.77		629
	2.	Rute Isabel Leonardo	98	Nautico Abrantes	35.81	+0,84	576
	3.	Catarina Goncalves Trezentos	98	Gualdim Pais	38.71	+0,83	456
	4.	Raquel Sofia Jorge	98	Salvaterra de Magos	40.35		402
	DNS	Ana Pereira Luis	97	Salvaterra de Magos			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 4, Femin., 50m Bruços

Prova 4 Femin., 50m Bruços Seniores
04-07-2014 - 17:20 Resultados

ABS FEM 16 +: 44.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	37.74	+0,75	492
	2.	Filipa Robert Rente	96	Gualdim Pais	39.92	+0,77	415
	3.	Soraya Dea Matias	95	Torres Novas	40.26	+0,79	405
	4.	Ines Maria Ribeiro	94	CLAC-Entroncamento	42.83	+0,80	336

Prova 5 Masc., 200m Estilos Absolutos
04-07-2014 - 17:25 Resultados

JUN MAS Jun: 2:46.50 / SEN MAS Sen: 2:46.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Ivo Andre Lopes	94	Viver Santarem	2:18.85	+0,79	553
50m: 28.32	28.32	100m: 1:04.12	35.80	150m: 1:45.90	41.78	200m: 2:18.85	32.95
	2.	Joao Manuel Ferreira	92	CLAC-Entroncamento	2:25.96	+0,87	476
50m: 30.07	30.07	100m: 1:09.53	39.46	150m: 1:51.98	42.45	200m: 2:25.96	33.98
	3.	Jose Eduardo Felicio	97	Rio Maior	2:26.84		467
50m: 31.08	31.08	100m: 1:08.46	37.38	150m: 1:53.49	45.03	200m: 2:26.84	33.35
	4.	Afonso Filipe Gaspar	97	Nautico Abrantes	2:29.26	+0,83	445
50m: 29.60	29.60	100m: 1:06.41	36.81	150m: 1:55.03	48.62	200m: 2:29.26	34.23
	5.	Artur Rafael Saramago	97	BUZIOS-Coruche	2:29.97	+0,84	439
50m: 31.57	31.57	100m: 1:11.42	39.85	150m: 1:55.26	43.84	200m: 2:29.97	34.71
	6.	Joao Mauricio Gaspar	97	Nautico Abrantes	2:36.10		389
50m: 33.23	33.23	100m: 1:13.72	40.49	150m: 2:00.80	47.08	200m: 2:36.10	35.30
	7.	Joao Rafael Fonseca	97	Rio Maior	2:36.28	+0,84	388
50m: 32.46	32.46	100m: 1:13.58	41.12	150m: 2:02.08	48.50	200m: 2:36.28	34.20

Prova 5 Masc., 200m Estilos Juvenis
04-07-2014 - 17:25 Resultados

JUV-A MAS Juv A: 2:48.50 / JUV-B MAS Juv B: 2:55.70

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Miguel Carrico Cruz	99	20Km de Almeirim	2:24.34	+0,72	492
50m: 29.58	29.58	100m: 1:07.71	38.13	150m: 1:49.63	41.92	200m: 2:24.34	34.71
	2.	Tiago Filipe Campos	99	Viver Santarem	2:25.91	+0,92	476
50m: 30.25	30.25	100m: 1:08.37	38.12	150m: 1:53.93	45.56	200m: 2:25.91	31.98
	3.	Marco Andre Miguel	99	Torres Novas	2:26.67		469
50m: 31.16	31.16	100m: 1:08.94	37.78	150m: 1:53.81	44.87	200m: 2:26.67	32.86
	4.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	2:26.86	+0,72	467
50m: 31.19	31.19	100m: 1:09.36	38.17	150m: 1:54.25	44.89	200m: 2:26.86	32.61
	5.	Dario Fausto Matias	98	Torres Novas	2:27.08	+0,86	465
50m: 30.93	30.93	100m: 1:11.28	40.35	150m: 1:56.17	44.89	200m: 2:27.08	30.91
	6.	Afonso Guilherme Rosa	99	Gualdim Pais	2:35.32	+0,89	395
50m: 31.76	31.76	100m: 1:09.69	37.93	150m: 1:58.73	49.04	200m: 2:35.32	36.59
	7.	Goncalo Faria Saldida	99	Gualdim Pais	2:35.79	+0,74	391
50m: 33.81	33.81	100m: 1:12.81	39.00	150m: 2:01.29	48.48	200m: 2:35.79	34.50

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 5, Masc., 200m Estilos, Juvenis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	8.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	2:39.05	+0,68	368
50m:	29.53	29.53	100m: 1:11.32	41.79	150m: 1:58.27	46.95	200m: 2:39.05
	9.	Tomas Jose Agostinho	99	BUZIOS-Coruche	2:41.11	+0,78	354
50m:	33.66	33.66	100m: 1:15.82	42.16	150m: 2:05.53	49.71	200m: 2:41.11
	10.	Joao Tiago Almeida	99	20Km de Almeirim	2:45.11	+0,85	329
50m:	34.74	34.74	100m: 1:17.32	42.58	150m: 2:08.25	50.93	200m: 2:45.11
	11.	Sergio Alexandre Batalha	98	Uniao Samorense	2:46.37	+0,77	321
50m:	31.39	31.39	100m: 1:15.86	44.47	150m: 2:08.10	52.24	200m: 2:46.37
	12.	Rodrigo Pereira Damasio	99	Salvaterra de Magos	2:49.57	+0,93	303
50m:	37.54	37.54	100m: 1:21.53	43.99	150m: 2:12.15	50.62	200m: 2:49.57
	13.	David Antonio Carvalho	99	Natacao do Tejo	2:53.07	+0,85	285
50m:	37.48	37.48	100m: 1:23.82	46.34	150m: 2:14.58	50.76	200m: 2:53.07
	DNS	Joao Ferreira Santos	98	Torres Novas			

Prova 5

Masc., 200m Estilos

Infantis

04-07-2014 - 17:25

Resultados

INF-A MAS Inf A: 3:14.50 / INF-B MAS Inf B: 3:20.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Miguel Goncalves Frade	00	Torres Novas	2:28.00	+0,84	457
50m:	32.80	32.80	100m: 1:09.97	37.17	150m: 1:54.42	44.45	200m: 2:28.00
	2.	Jose Carlos Burecas	00	BUZIOS-Coruche	2:33.38	+0,78	410
50m:	34.46	34.46	100m: 1:14.62	40.16	150m: 1:59.08	44.46	200m: 2:33.38
	3.	Rui Jorge Lopes	00	CLAC-Entroncamento	2:33.70	+0,85	408
50m:	33.49	33.49	100m: 1:13.21	39.72	150m: 1:58.56	45.35	200m: 2:33.70
	4.	Miguel Serrao Santos	00	Viver Santarem	2:34.34	+0,79	402
50m:	32.55	32.55	100m: 1:14.02	41.47	150m: 2:00.88	46.86	200m: 2:34.34
	5.	Joao Jose Calado	01	Nautico Abrantes	2:34.54		401
50m:	32.79	32.79	100m: 1:13.17	40.38	150m: 2:01.18	48.01	200m: 2:34.54
	6.	Joao Diogo Lopes	01	Viver Santarem	2:35.58	+0,63	393
50m:	33.09	33.09	100m: 1:15.44	42.35	150m: 2:00.59	45.15	200m: 2:35.58
	7.	Filipe Asseiceira Ramos	00	Torres Novas	2:41.27	+0,79	353
50m:	39.56	39.56	100m: 1:22.33	42.77	150m: 2:08.00	45.67	200m: 2:41.27
	8.	Diogo Teixeira Mendes	01	Viver Santarem	2:42.99		342
50m:	33.94	33.94	100m: 1:17.16	43.22	150m: 2:05.47	48.31	200m: 2:42.99
	9.	Francisco Inacio Rodrigues	00	Viver Santarem	2:43.21	+0,79	340
50m:	32.09	32.09	100m: 1:14.44	42.35	150m: 2:05.33	50.89	200m: 2:43.21
	10.	Ricardo Luis Leal	01	CLAC-Entroncamento	2:46.31	+0,79	322
50m:	35.89	35.89	100m: 1:19.54	43.65	150m: 2:10.44	50.90	200m: 2:46.31
	11.	Joao Nazario Carvalho	00	Torres Novas	2:46.83	+0,91	319
50m:	33.50	33.50	100m: 1:15.62	42.12	150m: 2:11.01	55.39	200m: 2:46.83
	12.	Henrique Miguel Cruz	00	Torres Novas	2:47.29		316
50m:	36.23	36.23	100m: 1:20.98	44.75	150m: 2:11.44	50.46	200m: 2:47.29
	13.	Tiago Manuel Santos	01	Rio Maior	2:47.49	+0,71	315
50m:	34.42	34.42	100m: 1:18.34	43.92	150m: 2:10.05	51.71	200m: 2:47.49
	14.	Afonso Maria Teodoro	01	Viver Santarem	2:49.60	+0,76	303
50m:	36.15	36.15	100m: 1:23.23	47.08	150m: 2:12.96	49.73	200m: 2:49.60
	15.	Diogo Franco Martins	01	20Km de Almeirim	2:50.04	+0,85	301
50m:	34.55	34.55	100m: 1:19.03	44.48	150m: 2:12.82	53.79	200m: 2:50.04

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 5, Masc., 200m Estilos, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	16.	Afonso Pinhal Canto	01	20Km de Almeirim	2:55.80	+0,79	272
50m:	40.36	40.36	100m:	1:23.95	43.59	150m:	2:17.57 53.62
	200m:	2:55.80					38.23
	17.	Alexandre Ferreira Ribeiro	01	Rio Maior	3:03.94	+0,58	238
50m:	42.26	42.26	100m:	1:27.87	45.61	150m:	2:22.19 54.32
	200m:	3:03.94					41.75

Prova 6
04-07-2014 - 17:45

Femin., 200m Estilos

Absolutos
Resultados

ABS FEM : 3:09.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Madalena Silva	98	Nautico Abrantes	2:30.71		586
50m:	33.43	33.43	100m:	1:12.41	38.98	150m:	1:56.54 44.13
	200m:	2:30.71					34.17
	2.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	2:42.14	+0,73	470
50m:	33.91	33.91	100m:	1:17.06	43.15	150m:	2:05.44 48.38
	200m:	2:42.14					36.70
	3.	Ana Catarina Travessa	96	Salvaterra de Magos	2:53.52	+0,92	384
50m:	35.40	35.40	100m:	1:20.59	45.19	150m:	2:09.73 49.14
	200m:	2:53.52					43.79
	4.	Tatiana Lima Silva	96	Natacao do Tejo	2:55.46	+0,78	371
50m:	35.16	35.16	100m:	1:23.10	47.94	150m:	2:13.08 49.98
	200m:	2:55.46					42.38

Prova 6
04-07-2014 - 17:45

Femin., 200m Estilos

Juvenis
Resultados

JUV-A FEM 15: 3:12.00 / JUV-B FEM Juv: 3:14.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Ana Margarida Salgueiro	99	Nautico Abrantes	2:39.17	+0,89	497
		<i>Recorde Distrital JUV-A (02.39.44)</i>					
50m:	36.27	36.27	100m:	1:17.04	40.77	150m:	2:03.27 46.23
	200m:	2:39.17					35.90
	2.	Mariana Soares Martinho	99	20Km de Almeirim	2:40.34	+0,83	487
50m:	36.22	36.22	100m:	1:16.63	40.41	150m:	2:05.55 48.92
	200m:	2:40.34					34.79
	3.	Maria Beatriz Dias	99	Viver Santarem	2:40.75	+0,78	483
50m:	35.52	35.52	100m:	1:17.32	41.80	150m:	2:06.67 49.35
	200m:	2:40.75					34.08
	4.	Maria Beatriz Lopes	00	Rio Maior	2:43.35	+0,68	460
50m:	36.20	36.20	100m:	1:16.39	40.19	150m:	2:06.65 50.26
	200m:	2:43.35					36.70
	5.	Mariana Nunes Domingos	00	20Km de Almeirim	2:45.93	+0,98	439
50m:	35.48	35.48	100m:	1:18.31	42.83	150m:	2:08.00 49.69
	200m:	2:45.93					37.93
	6.	Maria Beatriz Diogo	99	Nautico Abrantes	2:48.65	+0,88	418
50m:	38.47	38.47	100m:	1:19.84	41.37	150m:	2:09.97 50.13
	200m:	2:48.65					38.68
	7.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	2:50.83	+0,55	402
50m:	35.85	35.85	100m:	1:19.31	43.46	150m:	2:10.31 51.00
	200m:	2:50.83					40.52
	8.	Carolina Felicidade Batista	99	Viver Santarem	2:50.96		401
50m:	38.41	38.41	100m:	1:24.52	46.11	150m:	2:11.58 47.06
	200m:	2:50.96					39.38
	9.	Patricia Silva Conceicao	99	Nautico Abrantes	2:52.47	+0,92	391
50m:	38.25	38.25	100m:	1:18.72	40.47	150m:	2:12.61 53.89
	200m:	2:52.47					39.86
	10.	Ines Isabel Graca	00	Gualdim Pais	2:52.86	+0,89	388
50m:	38.15	38.15	100m:	1:21.10	42.95	150m:	2:13.39 52.29
	200m:	2:52.86					39.47
	11.	Ana Catarina Santos	00	Uniao Samorense	2:53.56	+0,90	383
50m:	35.57	35.57	100m:	1:21.08	45.51	150m:	2:15.03 53.95
	200m:	2:53.56					38.53

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 6, Femin., 200m Estilos, Juvenis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	12.	Mariana Narciso Fidalgo	99	20Km de Almeirim	2:55.65	+0,98	370
50m:	42.47	42.47	100m: 1:28.15	45.68	150m: 2:16.67	48.52	200m: 2:55.65
	13.	Ana Torres Ferreira	99	Nautico Abrantes	2:56.82	+0,85	363
50m:	39.03	39.03	100m: 1:22.34	43.31	150m: 2:17.23	54.89	200m: 2:56.82
	14.	Sarah Dias	99	CLAC-Entroncamento	3:00.28	+0,83	342
50m:	37.39	37.39	100m: 1:22.08	44.69	150m: 2:18.93	56.85	200m: 3:00.28
	15.	Maria Beatriz Leal	99	Rio Maior	3:04.06	+0,56	321
50m:	40.79	40.79	100m: 1:28.26	47.47	150m: 2:24.32	56.06	200m: 3:04.06
	16.	Ines Fernandes Moutinho	99	CLAC-Entroncamento	3:13.39	+1,01	277
	<i>FTL</i>						
50m:	42.43	42.43	100m: 1:32.50	50.07	150m: 2:28.32	55.82	200m: 3:13.39

Prova 6
04-07-2014 - 17:45

Femin., 200m Estilos

Infantis
Resultados

INF-A FEM Inf A: 3:23.50 / INF-B FEM Inf B: 3:30.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Ines Ferreira Duarte	01	Nautico Abrantes	2:45.06	+0,91	446
50m:	36.57	36.57	100m: 1:16.48	39.91	150m: 2:05.55	49.07	200m: 2:45.06
	2.	Rita Sousa Oliveira	01	Torres Novas	2:45.63		441
50m:	35.10	35.10	100m: 1:17.94	42.84	150m: 2:09.55	51.61	200m: 2:45.63
	3.	Carolina Marques Neves	01	Torres Novas	2:47.15	+1,01	429
50m:	38.08	38.08	100m: 1:22.72	44.64	150m: 2:10.27	47.55	200m: 2:47.15
	4.	Beatriz Ribeiro Simoes	01	Torres Novas	2:49.52	+0,95	412
50m:	36.05	36.05	100m: 1:20.00	43.95	150m: 2:12.03	52.03	200m: 2:49.52
	5.	Ines Cambe Cunha	02	Torres Novas	2:53.17		386
50m:	37.48	37.48	100m: 1:23.09	45.61	150m: 2:12.96	49.87	200m: 2:53.17
	6.	Catia Iordan Agostinho	02	Rio Maior	2:54.43		378
50m:	41.01	41.01	100m: 1:26.40	45.39	150m: 2:14.75	48.35	200m: 2:54.43
	7.	Constanca Isabel Jose	01	Gualdim Pais	2:54.85	+0,90	375
50m:	37.99	37.99	100m: 1:24.39	46.40	150m: 2:14.40	50.01	200m: 2:54.85
	8.	Filipa Cardigo Fitas	02	20Km de Almeirim	2:56.05	+0,89	367
50m:	38.97	38.97	100m: 1:23.52	44.55	150m: 2:19.47	55.95	200m: 2:56.05
	9.	Carolina Luis Amaral	01	BUZIOS-Coruche	2:56.50		365
50m:	36.24	36.24	100m: 1:21.03	44.79	150m: 2:17.23	56.20	200m: 2:56.50
	10.	Rita Morgado Vieira	02	Rio Maior	2:56.91	+0,73	362
50m:	39.15	39.15	100m: 1:24.21	45.06	150m: 2:15.86	51.65	200m: 2:56.91
	11.	Mafalda Gilberto Marques	01	Natacao do Tejo	2:58.37	+0,94	353
50m:	39.59	39.59	100m: 1:28.26	48.67	150m: 2:19.66	51.40	200m: 2:58.37
	12.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	2:59.09	+0,88	349
50m:	44.27	44.27	100m: 1:30.32	46.05	150m: 2:21.64	51.32	200m: 2:59.09
	13.	Carolina Guerra Pisco	02	20Km de Almeirim	3:01.08	+0,80	338
50m:	40.21	40.21	100m: 1:26.73	46.52	150m: 2:19.66	52.93	200m: 3:01.08
	14.	Beatriz Santos Reis	01	Torres Novas	3:01.98	+0,95	333
50m:	40.03	40.03	100m: 1:25.30	45.27	150m: 2:22.83	57.53	200m: 3:01.98
	15.	Ana Rita Carvalho	01	Viver Santarem	3:02.59	+0,46	329
50m:	41.42	41.42	100m: 1:29.09	47.67	150m: 2:20.00	50.91	200m: 3:02.59
	16.	Beatriz Maria Duarte	02	Nautico Abrantes	3:02.98	+0,86	327
50m:	39.63	39.63	100m: 1:26.37	46.74	150m: 2:21.56	55.19	200m: 3:02.98

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 6, Femin., 200m Estilos, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	17.	Rita Daniela Lopes	01	Gualdim Pais	3:05.97	+0,92	312	
50m:	40.29	40.29	100m: 1:26.70	46.41	150m: 2:23.82	57.12	200m: 3:05.97	42.15
	18.	Maria Ines Gabriel	02	Viver Santarem	3:06.08		311	
50m:	40.41	40.41	100m: 1:28.04	47.63	150m: 2:24.61	56.57	200m: 3:06.08	41.47
	19.	Mariana Tome Fidalgo	01	Viver Santarem	3:07.08	+0,91	306	
50m:	40.40	40.40	100m: 1:27.06	46.66	150m: 2:25.94	58.88	200m: 3:07.08	41.14
	20.	Margarida Felicidade Baptista	02	Viver Santarem	3:07.68		303	
50m:	42.93	42.93	100m: 1:27.01	44.08	150m: 2:25.15	58.14	200m: 3:07.68	42.53
	21.	Laura Batista Agostinho	01	Rio Maior	3:09.00	+0,86	297	
50m:	42.11	42.11	100m: 1:29.42	47.31	150m: 2:22.36	52.94	200m: 3:09.00	46.64
	22.	Carolina Lopes Vieira	02	Gualdim Pais	3:09.47	+0,95	295	
50m:	43.37	43.37	100m: 1:33.05	49.68	150m: 2:26.63	53.58	200m: 3:09.47	42.84
	23.	Andreia Sofia Alves	02	Torres Novas	3:17.42	+0,94	260	
50m:	46.63	46.63	100m: 1:35.75	49.12	150m: 2:34.06	58.31	200m: 3:17.42	43.36
	24.	Ines Isabel Conde	01	Torres Novas	3:17.95	+0,81	258	
50m:	47.53	47.53	100m: 1:37.42	49.89	150m: 2:31.55	54.13	200m: 3:17.95	46.40
	25.	Maria Beatriz Silva	02	CLAC-Entroncamento	3:18.94	+0,68	254	
50m:	45.66	45.66	100m: 1:32.99	47.33	150m: 2:35.11	1:02.12	200m: 3:18.94	43.83
	26.	Ines Ribeiro Novo	02	Torres Novas	3:19.47		252	
50m:	48.06	48.06	100m: 1:38.89	50.83	150m: 2:36.80	57.91	200m: 3:19.47	42.67
	27.	Ana Rita Morais	02	Torres Novas	3:19.96	+0,94	251	
50m:	48.66	48.66	100m: 1:41.66	53.00	150m: 2:37.43	55.77	200m: 3:19.96	42.53
	28.	Lucia Goncalves Dias	01	Torres Novas	3:21.45	+0,93	245	
50m:	45.16	45.16	100m: 1:36.00	50.84	150m: 2:37.02	1:01.02	200m: 3:21.45	44.43
	DSQ	Maria Francisca Torcato	01	20Km de Almeirim				
		<i>Antes da viragem dos 100m a atleta perdeu a posição dorsal.</i>						

Prova 7

Masc., 4 x 50m Livres

Absolutos
Resultados

04-07-2014 - 18:25

JUN MAS Jun: 1:58.00 / JUV-B MAS Juv B: 1:58.00 / JUV-A MAS Juv A: 1:58.00 / SEN MAS Sen: 1:58.00

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts		
	1.	Torres Novas 1	1:46.91	+0,73	499		
Duarte Brites Policarpo	95	+0,73	26.59	Marco Andre Miguel	99	+0,38	26.58
Dario Fausto Matias	98	26.84	Joao Paulo Lopes	98	26.90		
	2.	CLAC-Entroncamento 1	1:51.62	+0,82	439		
Joao Manuel Ferreira	92	+0,82	26.52	Miguel Martins Barroqueiro	91	+0,50	27.87
Joao Francisco Ferreira	93	29.73	Martim Basilio Gil	97	27.50		
	3.	Uniao Samorense 1	1:54.47	+0,77	407		
Sergio Alexandre Batalha	98	+0,77	27.76	Francisco Jose Pires	98	+0,61	29.30
Joao Fernando Bento	99	29.51	Telmo Pedrosa Rocha	98	27.90		
	DNS	Gualdim Pais 1		Gualdim Pais			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 8 Femin., 4 x 50m Livres Absolutos
04-07-2014 - 18:30 Resultados

ABS FEM 16 +: 2:18.00 / JUV-A FEM 15: 2:18.00 / JUV-B FEM Juv: 2:18.00

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts
	1.	Nautico Abrantes 6	2:00.24	+0,75	521
		<i>Recorde Dist. I ABS (02.01.39) Recorde Dist. JUN Maria Madalena Silva (00.28.89)</i>			
		Maria Madalena Silva 98 +0,75 28.79 Ana Torres Ferreira 99 +0,72 31.72			
		Patricia Silva Conceicao 99 30.70 Rute Isabel Leonardo 98 29.03			
	2.	CLAC-Entroncamento 1	2:02.61	+0,83	491
		Daniela Sofia Serra 98 +0,83 31.21 Sarah Dias 99 +0,45 30.35			
		Catarina Vilhena Gregorio 96 31.50 Marta Filipa Vinagre 95 29.55			
	3.	Torres Novas 1	2:07.91	+0,86	433
		Lara Alexandra Delgado 00 +0,86 31.21 Soraya Dea Matias 95 +0,58			
		Maria Matilde Santana 98 32.91 Hatira Guseinova 99			
	DNS	Salvaterra de Magos 1			

2 - 2ª SESSÃO

05-07-2014 - 9:30

Prova 9 Masc., 1500m Livres Absolutos
05-07-2014 - 9:30 Resultados

JUN MAS Jun: 20:16.00 / SEN MAS Sen: 19:40.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Jose Eduardo Felicio	97	Rio Maior	18:55.00	+0,74	456
		50m: 34.42 34.42 350m: 4:20.19 38.30 800m: 10:05.87 1:16.87 1400m: 17:41.67 1:16.05					
		100m: 1:11.68 37.26 400m: 4:58.20 38.01 900m: 11:22.26 1:16.39 1450m: 18:19.02 37.35					
		150m: 1:49.20 37.52 450m: 5:36.55 38.35 1000m: 12:37.54 1:15.28 1500m: 18:55.00 35.98					
		200m: 2:26.33 37.13 500m: 6:14.76 38.21 1100m: 13:53.20 1:15.66					
		250m: 3:04.07 37.74 600m: 7:32.18 1:17.42 1200m: 15:09.20 1:16.00					
		300m: 3:41.89 37.82 700m: 8:49.00 1:16.82 1300m: 16:25.62 1:16.42					
	2.	Joao Francisco Ferreira	93	CLAC-Entroncamento	19:49.24	+0,77	397
		<i>FTL</i>					
		50m: 34.61 34.61 450m: 5:49.22 39.75 850m: 11:04.67 39.31 1250m: 16:26.35 40.18					
		100m: 1:12.42 37.81 500m: 6:28.83 39.61 900m: 11:45.04 40.37 1300m: 17:06.98 40.63					
		150m: 1:50.50 38.08 550m: 7:08.10 39.27 950m: 12:25.33 40.29 1400m: 17:47.62 40.64					
		200m: 2:29.17 38.67 600m: 7:47.60 39.50 1000m: 13:05.48 40.15 1450m: 18:28.56 40.94					
		250m: 3:08.58 39.41 650m: 8:26.89 39.29 1050m: 13:45.47 39.99 1500m: 19:49.24 1:20.68					
		300m: 3:48.83 40.25 700m: 9:06.75 39.86 1100m: 14:25.71 40.24					
		350m: 4:29.06 40.23 750m: 9:46.09 39.34 1150m: 15:05.71 40.00					
		400m: 5:09.47 40.41 800m: 10:25.36 39.27 1200m: 15:46.17 40.46					

Prova 9 Masc., 1500m Livres Juvenis
05-07-2014 - 9:30 Resultados

JUV-A MAS Juv A: 21:16.00 / JUV-B MAS Juv B: 21:46.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Dario Fausto Matias	98	Torres Novas	17:12.59	+0,79	606
		50m: 29.76 29.76 450m: 5:05.63 34.69 850m: 9:45.52 35.17 1250m: 14:23.80 35.06					
		100m: 1:03.08 33.32 500m: 5:40.39 34.76 900m: 10:20.44 34.92 1300m: 14:58.49 34.69					
		150m: 1:37.59 34.51 550m: 6:15.33 34.94 950m: 10:55.03 34.59 1350m: 15:33.02 34.53					
		200m: 2:12.33 34.74 600m: 6:50.51 35.18 1000m: 11:29.90 34.87 1400m: 16:07.72 34.70					
		250m: 2:47.09 34.76 650m: 7:25.27 34.76 1050m: 12:04.84 34.94 1450m: 16:41.12 33.40					
		300m: 3:21.16 34.07 700m: 8:00.29 35.02 1100m: 12:39.38 34.54 1500m: 17:12.59 31.47					
		350m: 3:56.29 35.13 750m: 8:35.31 35.02 1150m: 13:14.14 34.76					
		400m: 4:30.94 34.65 800m: 9:10.35 35.04 1200m: 13:48.74 34.60					

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 9, Masc., 1500m Livres, Juvenis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	2.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	18:25.28	+0,75	494				
50m:	31.82	31.82	450m:	5:23.66	36.13	850m:	10:19.39	37.12	1250m:	15:21.02	37.23
100m:	1:06.82	35.00	500m:	5:58.95	35.29	900m:	10:57.21	37.82	1300m:	15:58.41	37.39
150m:	1:42.86	36.04	550m:	6:34.64	35.69	950m:	11:34.58	37.37	1350m:	16:35.11	36.70
200m:	2:19.54	36.68	600m:	7:11.88	37.24	1000m:	12:12.68	38.10	1400m:	17:12.68	37.57
250m:	2:56.37	36.83	650m:	7:49.35	37.47	1050m:	12:50.41	37.73	1450m:	17:49.94	37.26
300m:	3:33.75	37.38	700m:	8:27.07	37.72	1100m:	13:28.78	38.37	1500m:	18:25.28	35.34
350m:	4:10.46	36.71	750m:	9:04.63	37.56	1150m:	14:06.54	37.76			
400m:	4:47.53	37.07	800m:	9:42.27	37.64	1200m:	14:43.79	37.25			
	3.	Goncalo Faria Saldida	99	Gualdim Pais	18:36.68	+0,81	479				
50m:	32.24	32.24	450m:	5:23.57	37.04	850m:	10:26.10	37.63	1250m:	15:28.66	37.63
100m:	1:07.52	35.28	500m:	6:00.17	36.60	900m:	11:04.40	38.30	1300m:	16:06.19	37.53
150m:	1:44.03	36.51	550m:	6:37.69	37.52	950m:	11:42.81	38.41	1350m:	16:44.02	37.83
200m:	2:20.26	36.23	600m:	7:15.79	38.10	1000m:	12:21.51	38.70	1400m:	17:22.13	38.11
250m:	2:57.05	36.79	650m:	7:54.48	38.69	1050m:	13:00.20	38.69	1450m:	18:00.32	38.19
300m:	3:33.63	36.58	700m:	8:32.61	38.13	1100m:	13:38.46	38.26	1500m:	18:36.68	36.36
350m:	4:09.94	36.31	750m:	9:10.53	37.92	1150m:	14:14.25	35.79			
400m:	4:46.53	36.59	800m:	9:48.47	37.94	1200m:	14:51.03	36.78			
	4.	Bernardo Fernandes Aguiar	99	20Km de Almeirim	19:43.28	+0,85	403				
50m:	35.72	35.72	450m:	5:50.46	38.10	850m:	11:09.06	39.65	1250m:	16:34.82	39.50
100m:	1:13.95	38.23	500m:	6:29.43	38.97	900m:	11:50.43	41.37	1300m:	17:12.99	38.17
150m:	1:53.92	39.97	550m:	7:08.92	39.49	950m:	12:31.48	41.05	1350m:	17:51.98	38.99
200m:	2:33.22	39.30	600m:	7:48.35	39.43	1000m:	13:13.11	41.63	1400m:	18:31.00	39.02
250m:	3:13.93	40.71	650m:	8:28.96	40.61	1050m:	13:53.20	40.09	1450m:	19:08.07	37.07
300m:	3:53.97	40.04	700m:	9:08.63	39.67	1100m:	14:33.98	40.78	1500m:	19:43.28	35.21
350m:	4:34.41	40.44	750m:	9:49.60	40.97	1150m:	15:14.99	41.01			
400m:	5:12.36	37.95	800m:	10:29.41	39.81	1200m:	15:55.32	40.33			
	5.	Joao Ferreira Santos	98	Torres Novas	19:47.10	+0,72	399				
50m:	32.63	32.63	450m:	5:48.01	40.46	850m:	11:07.04	40.07	1250m:	16:29.19	40.08
100m:	1:09.14	36.51	500m:	6:27.59	39.58	900m:	11:47.12	40.08	1300m:	17:09.79	40.60
150m:	1:47.10	37.96	550m:	7:07.24	39.65	950m:	12:27.23	40.11	1350m:	17:49.93	40.14
200m:	2:26.48	39.38	600m:	7:47.38	40.14	1000m:	13:07.47	40.24	1400m:	18:30.11	40.18
250m:	3:06.41	39.93	650m:	8:27.26	39.88	1050m:	13:47.85	40.38	1450m:	19:08.99	38.88
300m:	3:46.68	40.27	700m:	9:07.45	40.19	1100m:	14:28.05	40.20	1500m:	19:47.10	38.11
350m:	4:27.25	40.57	750m:	9:47.37	39.92	1150m:	15:08.29	40.24			
400m:	5:07.55	40.30	800m:	10:26.97	39.60	1200m:	15:49.11	40.82			
	6.	Jose Nuno Sousa	99	CLAC-Entroncamento	20:51.15	+0,76	341				
50m:	35.45	35.45	450m:	6:03.93	41.37	850m:	11:36.43	42.10	1250m:	17:19.07	43.43
100m:	1:15.71	40.26	500m:	6:45.36	41.43	900m:	12:18.43	42.00	1300m:	18:03.04	43.97
150m:	1:57.14	41.43	550m:	7:26.37	41.01	950m:	13:00.90	42.47	1350m:	18:46.04	43.00
200m:	2:38.50	41.36	600m:	8:08.53	42.16	1000m:	13:43.33	42.43	1400m:	19:28.33	42.29
250m:	3:19.53	41.03	650m:	8:50.26	41.73	1050m:	14:26.59	43.26	1450m:	20:10.42	42.09
300m:	4:00.70	41.17	700m:	9:31.87	41.61	1100m:	15:09.45	42.86	1500m:	20:51.15	40.73
350m:	4:41.67	40.97	750m:	10:13.37	41.50	1150m:	15:52.66	43.21			
400m:	5:22.56	40.89	800m:	10:54.33	40.96	1200m:	16:35.64	42.98			

Prova 9
05-07-2014 - 9:30

Masc., 1500m Livres

Infantis
Resultados

INF-A MAS Inf A: 22:46.00 / INF-B MAS Inf B: 23:14.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Joao Jose Calado	01	Nautico Abrantes	18:31.84	+0,83	485				
50m:	31.85	31.85	450m:	5:28.42	37.40	850m:	10:26.77	37.32	1250m:	15:25.81	37.92
100m:	1:07.34	35.49	500m:	6:06.25	37.83	900m:	11:04.88	38.11	1300m:	16:03.68	37.87
150m:	1:44.69	37.35	550m:	6:43.21	36.96	950m:	11:42.03	37.15	1350m:	16:40.22	36.54
200m:	2:21.63	36.94	600m:	7:20.10	36.89	1000m:	12:20.47	38.44	1400m:	17:14.70	34.48
250m:	2:58.81	37.18	650m:	7:56.69	36.59	1050m:	12:56.62	36.15	1450m:	17:56.49	41.79
300m:	3:35.73	36.92	700m:	8:34.49	37.80	1100m:	13:34.46	37.84	1500m:	18:31.84	35.35
350m:	4:13.16	37.43	750m:	9:11.28	36.79	1150m:	14:11.15	36.69			
400m:	4:51.02	37.86	800m:	9:49.45	38.17	1200m:	14:47.89	36.74			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 9, Masc., 1500m Livres, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	2.	Filipe Asseiceira Ramos	00	Torres Novas	18:41.77		473				
50m:	32.41	32.41	450m:	5:29.93	37.96	850m:	10:31.82	38.31	1250m:	15:35.18	38.50
100m:	1:07.95	35.54	500m:	6:07.84	37.91	900m:	11:09.43	37.61	1300m:	16:13.52	38.34
150m:	1:44.81	36.86	550m:	6:45.38	37.54	950m:	11:47.07	37.64	1350m:	16:51.04	37.52
200m:	2:21.92	37.11	600m:	7:23.51	38.13	1000m:	12:25.13	38.06	1400m:	17:28.48	37.44
250m:	2:59.19	37.27	650m:	8:00.61	37.10	1050m:	13:02.89	37.76	1450m:	18:05.39	36.91
300m:	3:36.90	37.71	700m:	8:38.27	37.66	1100m:	13:40.96	38.07	1500m:	18:41.77	36.38
350m:	4:14.39	37.49	750m:	9:16.10	37.83	1150m:	14:18.86	37.90			
400m:	4:51.97	37.58	800m:	9:53.51	37.41	1200m:	14:56.68	37.82			
	3.	Joao Nazario Carvalho	00	Torres Novas	18:57.57	+0,88	453				
50m:	33.28	33.28	450m:	5:36.14	38.39	850m:	10:43.15	38.29	1250m:	15:50.13	39.07
100m:	1:10.35	37.07	500m:	6:14.35	38.21	900m:	11:21.44	38.29	1300m:	16:28.97	38.84
150m:	1:48.35	38.00	550m:	6:52.89	38.54	950m:	11:59.77	38.33	1350m:	17:07.00	38.03
200m:	2:26.16	37.81	600m:	7:31.22	38.33	1000m:	12:38.08	38.31	1400m:	17:45.06	38.06
250m:	3:04.10	37.94	650m:	8:09.48	38.26	1050m:	13:16.29	38.21	1450m:	18:22.48	37.42
300m:	3:41.66	37.56	700m:	8:47.81	38.33	1100m:	13:54.35	38.06	1500m:	18:57.57	35.09
350m:	4:19.76	38.10	750m:	9:26.55	38.74	1150m:	14:33.10	38.75			
400m:	4:57.75	37.99	800m:	10:04.86	38.31	1200m:	15:11.06	37.96			
	4.	Diogo Franco Martins	01	20Km de Almeirim	19:43.57	+0,83	402				
50m:	35.79	35.79	450m:	5:55.32	40.47	850m:	11:21.27	39.90	1250m:	16:32.71	38.17
100m:	1:14.37	38.58	500m:	6:35.81	40.49	900m:	12:00.66	39.39	1300m:	17:11.49	38.78
150m:	1:53.49	39.12	550m:	7:16.72	40.91	950m:	12:40.26	39.60	1350m:	17:49.78	38.29
200m:	2:33.00	39.51	600m:	7:57.74	41.02	1000m:	13:19.55	39.29	1400m:	18:28.61	38.83
250m:	3:12.61	39.61	650m:	8:38.83	41.09	1050m:	13:58.08	38.53	1450m:	19:06.40	37.79
300m:	3:52.63	40.02	700m:	9:19.31	40.48	1100m:	14:37.16	39.08	1500m:	19:43.57	37.17
350m:	4:34.29	41.66	750m:	10:00.98	41.67	1150m:	15:15.73	38.57			
400m:	5:14.85	40.56	800m:	10:41.37	40.39	1200m:	15:54.54	38.81			
	5.	David Antunes Santos	00	CLAC-Entroncamento	20:26.07	+0,97	362				
50m:	35.26	35.26	450m:	5:59.15	42.01	850m:	11:32.67	41.59	1250m:	17:04.62	41.44
100m:	1:13.58	38.32	500m:	6:40.31	41.16	900m:	12:14.25	41.58	1300m:	17:46.21	41.59
150m:	1:53.52	39.94	550m:	7:21.61	41.30	950m:	12:55.58	41.33	1350m:	18:26.08	39.87
200m:	2:33.51	39.99	600m:	8:03.27	41.66	1000m:	13:37.14	41.56	1400m:	19:06.86	40.78
250m:	3:14.16	40.65	650m:	8:44.90	41.63	1050m:	14:18.42	41.28	1450m:	19:47.06	40.20
300m:	3:54.88	40.72	700m:	9:26.64	41.74	1100m:	15:00.18	41.76	1500m:	20:26.07	39.01
350m:	4:35.77	40.89	750m:	10:08.97	42.33	1150m:	15:41.75	41.57			
400m:	5:17.14	41.37	800m:	10:51.08	42.11	1200m:	16:23.18	41.43			
	6.	Afonso Pinhal Canto	01	20Km de Almeirim	20:30.71	+0,84	358				
50m:	35.30	35.30	450m:	6:07.14	42.16	850m:	11:37.39	40.67	1250m:	17:08.30	41.31
100m:	1:15.23	39.93	500m:	6:48.78	41.64	900m:	12:19.27	41.88	1300m:	17:48.89	40.59
150m:	1:57.30	42.07	550m:	7:30.55	41.77	950m:	13:00.36	41.09	1350m:	18:29.76	40.87
200m:	2:38.60	41.30	600m:	8:11.71	41.16	1000m:	13:41.47	41.11	1400m:	19:10.89	41.13
250m:	3:20.40	41.80	650m:	8:52.55	40.84	1050m:	14:22.57	41.10	1450m:	19:51.65	40.76
300m:	4:01.74	41.34	700m:	9:34.32	41.77	1100m:	15:03.94	41.37	1500m:	20:30.71	39.06
350m:	4:43.74	42.00	750m:	10:15.62	41.30	1150m:	15:45.57	41.63			
400m:	5:24.98	41.24	800m:	10:56.72	41.10	1200m:	16:26.99	41.42			
	7.	Joao Afonso Goncalves	00	CLAC-Entroncamento	22:12.60	+0,72	282				
50m:	38.16	38.16	450m:	6:31.17	45.05	850m:	12:34.65	45.18	1250m:	18:37.65	45.32
100m:	1:19.09	40.93	500m:	7:16.93	45.76	900m:	13:20.33	45.68	1300m:	19:23.41	45.76
150m:	2:01.92	42.83	550m:	8:01.43	44.50	950m:	14:05.52	45.19	1350m:	20:06.88	43.47
200m:	2:46.38	44.46	600m:	8:47.48	46.05	1000m:	14:50.50	44.98	1400m:	20:49.73	42.85
250m:	3:30.98	44.60	650m:	9:31.52	44.04	1050m:	15:35.74	45.24	1450m:	21:32.06	42.33
300m:	4:16.32	45.34	700m:	10:17.97	46.45	1100m:	16:21.87	46.13	1500m:	22:12.60	40.54
350m:	5:00.88	44.56	750m:	11:03.24	45.27	1150m:	17:06.47	44.60			
400m:	5:46.12	45.24	800m:	11:49.47	46.23	1200m:	17:52.33	45.86			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 10 Femin., 400m Estilos Absolutos
05-07-2014 - 10:15 Resultados

ABS FEM : 6:22.40

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Madalena Silva	98	Nautico Abrantes	5:19.22	+0,74	601
<i>Recorde Distrital Junior e ABS (05.19.63)</i>							
50m:	33.87	33.87	150m:	1:54.77	43.25	250m:	3:20.42 44.11
100m:	1:11.52	37.65	200m:	2:36.31	41.54	300m:	4:04.08 43.66
350m:	4:42.67		400m:	5:19.22			38.59
							36.55
	2.	Catarina Goncalves Trezentos	98	Gualdim Pais	6:07.93	+0,83	392
50m:	41.38	41.38	150m:	2:19.39	46.37	250m:	3:55.01 49.34
100m:	1:33.02	51.64	200m:	3:05.67	46.28	300m:	4:43.79 48.78
350m:	5:26.42		400m:	6:07.93			42.63
							41.51

Prova 10 Femin., 400m Estilos Juvenis
05-07-2014 - 10:15 Resultados

JUV-A FEM 15: 6:27.00 / JUV-B FEM Juv: 6:30.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Ana Margarida Salgueiro	99	Nautico Abrantes	5:34.03	+0,89	524
50m:	37.09	37.09	150m:	2:02.82	42.95	250m:	3:32.04 46.39
100m:	1:19.87	42.78	200m:	2:45.65	42.83	300m:	4:18.69 46.65
350m:	4:56.79		400m:	5:34.03			38.10
							37.24
	2.	Maria Beatriz Lopes	00	Rio Maior	5:52.92	+0,68	445
50m:	39.75	39.75	150m:	2:08.44	42.36	250m:	3:43.25 52.42
100m:	1:26.08	46.33	200m:	2:50.83	42.39	300m:	4:33.58 50.33
350m:	5:14.17		400m:	5:52.92			40.59
							38.75
	3.	Mariana Nunes Domingos	00	20Km de Almeirim	5:55.33	+0,93	436
50m:	37.15	37.15	150m:	2:09.27	47.16	250m:	3:44.38 49.32
100m:	1:22.11	44.96	200m:	2:55.06	45.79	300m:	4:35.76 51.38
350m:	5:15.99		400m:	5:55.33			40.23
							39.34
	4.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	6:00.40	+0,89	417
50m:	37.17	37.17	150m:	2:07.83	46.96	250m:	3:44.07 51.52
100m:	1:20.87	43.70	200m:	2:52.55	44.72	300m:	4:37.77 53.70
350m:	5:19.85		400m:	6:00.40			42.08
							40.55
	5.	Mariana Narciso Fidalgo	99	20Km de Almeirim	6:13.38	+0,89	375
50m:	42.35	42.35	150m:	2:22.29	48.57	250m:	4:01.09 51.24
100m:	1:33.72	51.37	200m:	3:09.85	47.56	300m:	4:52.64 51.55
350m:	5:33.52		400m:	6:13.38			40.88
							39.86

Prova 10 Femin., 400m Estilos Infantis
05-07-2014 - 10:15 Resultados

INF-A FEM Inf A: 7:09.00 / INF-B FEM Inf B: 7:16.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Ines Ferreira Duarte	01	Nautico Abrantes	5:49.82	+0,89	456
50m:	38.16	38.16	150m:	2:06.31	43.64	250m:	3:38.59 49.71
100m:	1:22.67	44.51	200m:	2:48.88	42.57	300m:	4:28.40 49.81
350m:	5:10.12		400m:	5:49.82			41.72
							39.70
	2.	Beatriz Ribeiro Simoes	01	Torres Novas	5:56.37	+0,94	432
50m:	37.48	37.48	150m:	2:08.36	45.39	250m:	3:45.56 51.42
100m:	1:22.97	45.49	200m:	2:54.14	45.78	300m:	4:37.59 52.03
350m:	5:17.18		400m:	5:56.37			39.59
							39.19
	3.	Filipa Cardigo Fitas	02	20Km de Almeirim	6:05.38	+0,66	401
50m:	38.82	38.82	150m:	2:11.73	46.52	250m:	3:52.95 55.40
100m:	1:25.21	46.39	200m:	2:57.55	45.82	300m:	4:46.91 53.96
350m:	5:26.74		400m:	6:05.38			39.83
							38.64
	4.	Carolina Marques Neves	01	Torres Novas	6:07.75	+1,00	393
50m:	39.30	39.30	150m:	2:17.22	46.58	250m:	3:56.22 51.82
100m:	1:30.64	51.34	200m:	3:04.40	47.18	300m:	4:47.89 51.67
350m:	5:29.19		400m:	6:07.75			41.30
							38.56
	5.	Carolina Guerra Pisco	02	20Km de Almeirim	6:15.07	+0,67	370
50m:	39.66	39.66	150m:	2:16.97	47.16	250m:	3:57.59 53.88
100m:	1:29.81	50.15	200m:	3:03.71	46.74	300m:	4:52.60 55.01
350m:	5:33.97		400m:	6:15.07			41.37
							41.10

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 10, Femin., 400m Estilos, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	6.	Mafalda Gilberto Marques	01	Natacao do Tejo	6:16.48	+0,92	366				
50m:	39.34	39.34	150m:	2:20.66	52.18	250m:	4:01.88	49.97	350m:	5:35.86	41.81
100m:	1:28.48	49.14	200m:	3:11.91	51.25	300m:	4:54.05	52.17	400m:	6:16.48	40.62
	7.	Catia Iordan Agostinho	02	Rio Maior	6:17.32	+0,79	364				
50m:	43.02	43.02	150m:	2:21.58	46.68	250m:	4:00.36	51.36	350m:	5:35.42	41.77
100m:	1:34.90	51.88	200m:	3:09.00	47.42	300m:	4:53.65	53.29	400m:	6:17.32	41.90
	8.	Rita Morgado Vieira	02	Rio Maior	6:17.91	+0,68	362				
50m:	43.68	43.68	150m:	2:22.18	46.03	250m:	4:00.07	52.84	350m:	5:35.93	43.19
100m:	1:36.15	52.47	200m:	3:07.23	45.05	300m:	4:52.74	52.67	400m:	6:17.91	41.98
	9.	Ana Beatriz Rodrigues	02	Rio Maior	6:26.79	+0,51	338				
50m:	43.27	43.27	150m:	2:21.65	44.86	250m:	4:06.08	1:00.90	350m:	5:46.24	39.56
100m:	1:36.79	53.52	200m:	3:05.18	43.53	300m:	5:06.68	1:00.60	400m:	6:26.79	40.55
	DSQ	Ines Cambe Cunha	02	Torres Novas							

A nadadora perdeu a posição dorsal na viragem de costas para braços.

Prova 11

Masc., 50m Livres

Absolutos
Resultados

05-07-2014 - 10:35

JUV-A MAS Juv A: 29.50 / JUV-B MAS Juv B: 29.50 / SEN MAS Sen: 29.00 / JUN MAS Jun: 29.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	25.48		552
	2.	Tiago Andre Gouveia	90	CLAC-Entroncamento	26.14	+0,73	511
	3.	Francisco Redol Dias	96	Gualdim Pais	26.78	+0,72	476
	4.	Duarte Brites Policarpo	95	Torres Novas	26.81	+0,74	474
	5.	Artur Rafael Saramago	97	BUZIOS-Coruche	26.90	+0,82	469
	6.	Miguel Carrico Cruz	99	20Km de Almeirim	26.99	+0,69	465
	7.	Bernardo Jose Dionisio	99	Gualdim Pais	27.05	+0,78	461
	8.	Joao Paulo Lopes	98	Torres Novas	27.08		460
	9.	Marco Andre Miguel	99	Torres Novas	27.09	+0,68	459
	10.	Joao Mauricio Gaspar	97	Nautico Abrantes	27.55		437
	11.	Telmo Pedrosa Rocha	98	Uniao Samorense	27.65	+0,65	432
	12.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	27.83	+0,50	424
	13.	Tomas Jose Agostinho	99	BUZIOS-Coruche	27.92	+0,74	420
	14.	Sergio Alexandre Batalha	98	Uniao Samorense	27.99	+0,80	416
	15.	Joao Rafael Fonseca	97	Rio Maior	28.25		405
	16.	Rodrigo Pereira Damasio	99	Salvaterra de Magos	28.70		386
	17.	Nuno Miguel Afonso	91	Natacao do Tejo	28.82		381
	18.	Joao Pedro Rosa	90	CLAC-Entroncamento	28.84	+1,03	381
	19.	Martim Basilio Gil	97	CLAC-Entroncamento	29.32	+0,88	362

Prova 11

Masc., 50m Livres

Juvenis
Resultados

05-07-2014 - 10:35

JUV-A MAS Juv A: 29.50 / JUV-B MAS Juv B: 29.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	25.48		552
	2.	Miguel Carrico Cruz	99	20Km de Almeirim	26.99	+0,69	465
	3.	Bernardo Jose Dionisio	99	Gualdim Pais	27.05	+0,78	461
	4.	Joao Paulo Lopes	98	Torres Novas	27.08		460
	5.	Marco Andre Miguel	99	Torres Novas	27.09	+0,68	459
	6.	Telmo Pedrosa Rocha	98	Uniao Samorense	27.65	+0,65	432
	7.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	27.83	+0,50	424

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 11, Masc., 50m Livres, Juvenis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	8.	Tomas Jose Agostinho	99	BUZIOS-Coruche	27.92	+0,74	420
	9.	Sergio Alexandre Batalha	98	Uniao Samorense	27.99	+0,80	416
	10.	Rodrigo Pereira Damasio	99	Salvaterra de Magos	28.70		386

Prova 11
05-07-2014 - 10:35
Masc., 50m Livres
Seniores
Resultados

SEN MAS : 29.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Tiago Andre Gouveia	90	CLAC-Entroncamento	26.14	+0,73	511
	2.	Duarte Brites Policarpo	95	Torres Novas	26.81	+0,74	474
	3.	Nuno Miguel Afonso	91	Natacao do Tejo	28.82		381
	4.	Joao Pedro Rosa	90	CLAC-Entroncamento	28.84	+1,03	381

Prova 12
05-07-2014 - 10:45
Femin., 50m Livres
Absolutos
Resultados

ABS FEM 16 +: 34.50 / JUV-A FEM 15: 34.50 / JUV-B FEM Juv: 34.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Marta Filipa Vinagre	95	CLAC-Entroncamento	29.01	+0,77	547
	2.	Rute Isabel Leonardo	98	Nautico Abrantes	29.19	+0,78	537
	3.	Sarah Dias	99	CLAC-Entroncamento	30.03		493
	4.	Patricia Palmeiro Baeta	00	Viver Santarem	30.24		483
	5.	Filipa Robert Rente	96	Gualdim Pais	30.33	+0,76	478
	6.	Raquel Sofia Jorge	98	Salvaterra de Magos	30.34	+0,81	478
	7.	Patricia Silva Conceicao	99	Nautico Abrantes	31.01	+0,91	448
	8.	Maria Beatriz Leal	99	Rio Maior	31.07	+0,70	445
	9.	Lara Alexandra Delgado	00	Torres Novas	31.43	+0,85	430
	10.	Ana Torres Ferreira	99	Nautico Abrantes	31.66		421
	11.	Hatira Guseinova	99	Torres Novas	31.88	+0,89	412
	12.	Ana Filipa Parente	98	Gualdim Pais	31.98	+0,84	408
	13.	Tatiana Lima Silva	96	Natacao do Tejo	32.30		396
	14.	Ana Catarina Travessa	96	Salvaterra de Magos	33.54		354
	15.	Patricia Simoes Jorge	97	Salvaterra de Magos	33.61		351
	16.	Claudia Maria Marcalo	99	Natacao do Tejo	33.76	+0,80	347
	17.	Sofia Alexandra Picao	99	CLAC-Entroncamento	33.80	+0,77	346
	18.	Maria Matilde Santana	98	Torres Novas	34.36	+0,88	329
	DNS	Ana Pereira Luis	97	Salvaterra de Magos			

Prova 12
05-07-2014 - 10:45
Femin., 50m Livres
Juniiores
Resultados

ABS FEM 16 +: 34.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Rute Isabel Leonardo	98	Nautico Abrantes	29.19	+0,78	537
	2.	Raquel Sofia Jorge	98	Salvaterra de Magos	30.34	+0,81	478
	3.	Ana Filipa Parente	98	Gualdim Pais	31.98	+0,84	408
	4.	Patricia Simoes Jorge	97	Salvaterra de Magos	33.61		351
	5.	Maria Matilde Santana	98	Torres Novas	34.36	+0,88	329
	DNS	Ana Pereira Luis	97	Salvaterra de Magos			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 12, Femin., 50m Livres

Prova 12 Femin., 50m Livres Seniores
05-07-2014 - 10:45 Resultados

ABS FEM 16 +: 34.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Marta Filipa Vinagre	95	CLAC-Entroncamento	29.01	+0,77	547
	2.	Filipa Robert Rente	96	Gualdim Pais	30.33	+0,76	478
	3.	Tatiana Lima Silva	96	Natacao do Tejo	32.30		396
	4.	Ana Catarina Travessa	96	Salvaterra de Magos	33.54		354

Prova 13 Masc., 200m Costas Absolutos
05-07-2014 - 10:50 Resultados

JUN MAS Jun: 2:53.00 / SEN MAS Sen: 2:46.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Ivo Andre Lopes	94	Viver Santarem	2:18.43		528
50m: 31.23	31.23	100m: 1:05.56	34.33	150m: 1:41.83	36.27	200m: 2:18.43	36.60
	2.	Afonso Filipe Gaspar	97	Nautico Abrantes	2:28.48		428
50m: 35.16	35.16	100m: 1:13.03	37.87	150m: 1:50.96	37.93	200m: 2:28.48	37.52
	3.	Miguel Martins Barroqueiro	91	CLAC-Entroncamento	2:39.93		342
50m: 35.43	35.43	100m: 1:15.36	39.93	150m: 1:58.93	43.57	200m: 2:39.93	41.00
	4.	Joao Mauricio Gaspar	97	Nautico Abrantes	2:40.11		341
50m: 38.83	38.83	100m: 1:19.50	40.67	150m: 2:01.34	41.84	200m: 2:40.11	38.77

Prova 13 Masc., 200m Costas Juvenis
05-07-2014 - 10:50 Resultados

JUV-A MAS Juv A: 3:00.00 / JUV-B MAS Juv B: 3:08.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Afonso Guilherme Rosa	99	Gualdim Pais	2:24.41		465
50m: 33.25	33.25	100m: 1:10.26	37.01	150m: 1:47.72	37.46	200m: 2:24.41	36.69
	2.	Samuel Batista Agostinho	98	Rio Maior	2:36.45		366
50m: 36.41	36.41	100m: 1:15.98	39.57	150m: 1:56.59	40.61	200m: 2:36.45	39.86
	3.	Tomas Jose Agostinho	99	BUZIOS-Coruche	2:38.39		352
50m: 37.21	37.21	100m: 1:16.62	39.41	150m: 1:58.05	41.43	200m: 2:38.39	40.34
	4.	Goncalo Faria Saldida	99	Gualdim Pais	2:42.42		327
50m: 38.92	38.92	100m: 1:20.08	41.16	150m: 2:01.90	41.82	200m: 2:42.42	40.52
	5.	Pedro Pereira Lopes	99	BUZIOS-Coruche	2:43.01		323
50m: 37.85	37.85	100m: 1:20.18	42.33	150m: 2:03.09	42.91	200m: 2:43.01	39.92
	6.	Jose Nuno Sousa	99	CLAC-Entroncamento	2:53.12		270
50m: 39.04	39.04	100m: 1:23.21	44.17	150m: 2:08.89	45.68	200m: 2:53.12	44.23
	7.	Ruben Alexandre Carvalho	98	Cartaxo	3:00.25		239
	<i>FTL</i>						
50m: 39.41	39.41	100m: 1:25.99	46.58	150m: 2:14.08	48.09	200m: 3:00.25	46.17

DSQ Bernardo Fernandes Aguiar 99 20Km de Almeirim
O nadador perdeu a posição dorsal aos 100m.

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 13, Masc., 200m Costas

Prova 13 Masc., 200m Costas Infantilis
05-07-2014 - 10:50 Resultados

INF-A MAS Inf A: 3:16.50 / INF-B MAS Inf B: 3:20.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts			
		1. Rui Jorge Lopes	00	CLAC-Entroncamento	2:31.51		403			
50m:	36.44	36.44	100m:	1:15.96	39.52	150m:	1:53.87 37.91	200m:	2:31.51	37.64
		2. Miguel Goncalves Frade	00	Torres Novas	2:32.14		398			
50m:	35.44	35.44	100m:	1:13.75	38.31	150m:	1:53.28 39.53	200m:	2:32.14	38.86
		3. Jose Carlos Burecas	00	BUZIOS-Coruche	2:35.51		372			
50m:	35.82	35.82	100m:	1:15.00	39.18	150m:	1:55.97 40.97	200m:	2:35.51	39.54
		4. Joao Jose Calado	01	Nautico Abrantes	2:35.52		372			
50m:	35.98	35.98	100m:	1:16.07	40.09	150m:	1:56.10 40.03	200m:	2:35.52	39.42
		5. Ricardo Luis Leal	01	CLAC-Entroncamento	2:43.92		318			
50m:	38.35	38.35	100m:	1:20.15	41.80	150m:	2:03.40 43.25	200m:	2:43.92	40.52
		6. Diogo Teixeira Mendes	01	Viver Santarem	2:48.78		291			
50m:	39.49	39.49	100m:	1:22.74	43.25	150m:	2:06.89 44.15	200m:	2:48.78	41.89
		7. Alexandre Ferreira Ribeiro	01	Rio Maior	2:48.80		291			
50m:	39.89	39.89	100m:	1:22.63	42.74	150m:	2:06.32 43.69	200m:	2:48.80	42.48
		8. Filipe Asseiceira Ramos	00	Torres Novas	2:49.71		286			
50m:	40.24	40.24	100m:	1:24.27	44.03	150m:	2:07.56 43.29	200m:	2:49.71	42.15
		9. Afonso Pinhal Canto	01	20Km de Almeirim	2:50.03		285			
50m:	40.54	40.54	100m:	1:23.85	43.31	150m:	2:08.92 45.07	200m:	2:50.03	41.11
		10. Henrique Miguel Cruz	00	Torres Novas	2:51.29		278			
50m:	40.42	40.42	100m:	1:23.55	43.13	150m:	2:08.05 44.50	200m:	2:51.29	43.24
		11. Joao Diogo Lopes	01	Viver Santarem	2:51.96		275			
50m:	39.06	39.06	100m:	1:22.75	43.69	150m:	2:08.08 45.33	200m:	2:51.96	43.88
		12. David Jose Carpinteiro	00	Natacao do Tejo	3:03.42		227			
50m:	42.55	42.55	100m:	1:29.24	46.69	150m:	2:17.25 48.01	200m:	3:03.42	46.17

Prova 14 Femin., 200m Costas Absolutos
05-07-2014 - 11:00 Resultados

ABS FEM : 3:07.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts			
		1. Maria Madalena Silva	98	Nautico Abrantes	2:33.00		542			
50m:	37.46	37.46	100m:	1:16.52	39.06	150m:	1:56.33 39.81	200m:	2:33.00	36.67
		2. Daniela Sofia Serra	98	CLAC-Entroncamento	2:47.16		416			
50m:	39.00	39.00	100m:	1:21.48	42.48	150m:	2:05.12 43.64	200m:	2:47.16	42.04
		3. Ana Claudia Santo	97	Cartaxo	2:48.27		408			
50m:	38.72	38.72	100m:	1:21.55	42.83	150m:	2:05.17 43.62	200m:	2:48.27	43.10

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 14, Femin., 200m Costas

Prova 14
05-07-2014 - 11:00

Femin., 200m Costas

Juvenis
Resultados

JUV-A FEM 15: 3:08.00 / JUV-B FEM Juv: 3:12.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Beatriz Dias	99	Viver Santarem	2:38.45		488
		<i>Recorde Distrital JUV-A (02.38.50)</i>					
50m:	38.22	38.22	100m:	1:18.28	40.06	150m: 1:58.69	40.41
					200m:	2:38.45	39.76
	2.	Mariana Soares Martinho	99	20Km de Almeirim	2:40.31		471
50m:	38.07	38.07	100m:	1:18.59	40.52	150m: 2:00.02	41.43
					200m:	2:40.31	40.29
	3.	Ana Margarida Salgueiro	99	Nautico Abrantes	2:42.52		452
50m:	39.14	39.14	100m:	1:20.09	40.95	150m: 2:01.59	41.50
					200m:	2:42.52	40.93
	4.	Maria Beatriz Lopes	00	Rio Maior	2:45.42		429
50m:	39.26	39.26	100m:	1:20.79	41.53	150m: 2:03.66	42.87
					200m:	2:45.42	41.76
	5.	Maria Beatriz Diogo	99	Nautico Abrantes	2:45.71		427
50m:	38.68	38.68	100m:	1:21.47	42.79	150m: 2:04.91	43.44
					200m:	2:45.71	40.80
	6.	Ines Isabel Graca	00	Gualdim Pais	2:48.85		403
50m:	39.22	39.22	100m:	1:22.47	43.25	150m: 2:05.82	43.35
					200m:	2:48.85	43.03
	7.	Patricia Silva Conceicao	99	Nautico Abrantes	2:51.39		386
50m:	40.04	40.04	100m:	1:23.17	43.13	150m: 2:08.35	45.18
					200m:	2:51.39	43.04
	8.	Carolina Miguel Marques	99	Natacao do Tejo	2:52.88		376
50m:	41.46	41.46	100m:	1:25.41	43.95	150m: 2:09.89	44.48
					200m:	2:52.88	42.99
	9.	Ana Catarina Santos	00	Uniao Samorense	2:54.30		367
50m:	41.39	41.39	100m:	1:26.23	44.84	150m: 2:11.64	45.41
					200m:	2:54.30	42.66
	10.	Ana Torres Ferreira	99	Nautico Abrantes	2:59.62		335
50m:	41.66	41.66	100m:	1:26.71	45.05	150m: 2:13.90	47.19
					200m:	2:59.62	45.72
	11.	Joana Costa Bernardino	00	CLAC-Entroncamento	2:59.75		334
50m:	43.29	43.29	100m:	1:29.42	46.13	150m: 2:16.04	46.62
					200m:	2:59.75	43.71
	12.	Marta Isabel Silva	00	Viver Santarem	3:12.78		271
		<i>FTL</i>					
50m:	45.81	45.81	100m:	1:34.49	48.68	150m: 2:24.07	49.58
					200m:	3:12.78	48.71
	DNS	Joana Sofia Amado	99	Cartaxo			

Prova 14
05-07-2014 - 11:00

Femin., 200m Costas

Infantis
Resultados

INF-A FEM Inf A: 3:18.50 / INF-B FEM Inf B: 3:25.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Ines Ferreira Duarte	01	Nautico Abrantes	2:42.65		451
50m:	38.62	38.62	100m:	1:19.23	40.61	150m: 2:00.99	41.76
					200m:	2:42.65	41.66
	2.	Ana Beatriz Rodrigues	02	Rio Maior	2:50.71		390
50m:	41.00	41.00	100m:	1:23.80	42.80	150m: 2:07.45	43.65
					200m:	2:50.71	43.26
	3.	Rita Daniela Lopes	01	Gualdim Pais	2:55.26		361
50m:	41.29	41.29	100m:	1:25.04	43.75	150m: 2:10.46	45.42
					200m:	2:55.26	44.80
	4.	Carolina Luis Amaral	01	BUZIOS-Coruche	2:56.70		352
50m:	40.42	40.42	100m:	1:25.27	44.85	150m: 2:11.18	45.91
					200m:	2:56.70	45.52
	5.	Rita Morgado Vieira	02	Rio Maior	2:57.28		348
50m:	42.84	42.84	100m:	1:27.94	45.10	150m: 2:13.11	45.17
					200m:	2:57.28	44.17
	6.	Beatriz Santos Reis	01	Torres Novas	2:57.53		347
50m:	42.39	42.39	100m:	1:27.54	45.15	150m: 2:13.27	45.73
					200m:	2:57.53	44.26

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 14, Femin., 200m Costas, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	7.	Margarida Felicidade Baptista	02	Viver Santarem	2:59.36		336	
50m:	42.46	42.46	100m: 1:27.93	45.47	150m: 2:14.35	46.42	200m: 2:59.36	45.01
	8.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	2:59.38		336	
50m:	44.25	44.25	100m: 1:30.37	46.12	150m: 2:16.54	46.17	200m: 2:59.38	42.84
	9.	Carolina Guerra Pisco	02	20Km de Almeirim	3:00.41		331	
50m:	41.93	41.93	100m: 1:28.05	46.12	150m: 2:14.21	46.16	200m: 3:00.41	46.20
	10.	Maria Ines Gabriel	02	Viver Santarem	3:03.24		316	
50m:	43.82	43.82	100m: 1:30.45	46.63	150m: 2:18.20	47.75	200m: 3:03.24	45.04
	11.	Erica Alexandra Madruga	01	Viver Santarem	3:05.88		302	
50m:	43.73	43.73	100m: 1:30.46	46.73	150m: 2:18.37	47.91	200m: 3:05.88	47.51
	12.	Carolina Lopes Vieira	02	Gualdim Pais	3:06.38		300	
50m:	44.85	44.85	100m: 1:32.62	47.77	150m: 2:20.93	48.31	200m: 3:06.38	45.45
	13.	Andreia Sofia Alves	02	Torres Novas	3:08.97		288	
50m:	44.84	44.84	100m: 1:33.47	48.63	150m: 2:22.75	49.28	200m: 3:08.97	46.22
	14.	Maria Francisca Torcato	01	20Km de Almeirim	3:10.77		280	
50m:	44.66	44.66	100m: 1:33.53	48.87	150m: 2:23.21	49.68	200m: 3:10.77	47.56
	15.	Ana Rita Morais	02	Torres Novas	3:16.13		257	
50m:	47.96	47.96	100m: 1:37.93	49.97	150m: 2:28.29	50.36	200m: 3:16.13	47.84
	16.	Ines Ribeiro Novo	02	Torres Novas	3:17.71		251	
50m:	46.79	46.79	100m: 1:37.61	50.82	150m: 2:28.65	51.04	200m: 3:17.71	49.06
	17.	Maria Beatriz Silva	02	CLAC-Entroncamento	3:22.09		235	
50m:	44.45	44.45	100m: 1:36.22	51.77	150m: 2:31.15	54.93	200m: 3:22.09	50.94
	DNS	Beatriz Catarino Moura	02	Nautico Abrantes				

Prova 15
05-07-2014 - 11:20

Masc., 100m Mariposa

Absolutos
Resultados

JUN MAS Jun: 1:16.50 / SEN MAS Sen: 1:14.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Afonso Filipe Gaspar	97	Nautico Abrantes	1:04.41	+0,83	462
50m:	30.11	30.11	100m: 1:04.41	34.30			
	2.	Joao Manuel Ferreira	92	CLAC-Entroncamento	1:05.43	+0,91	441
50m:	30.48	30.48	100m: 1:05.43	34.95			
	3.	Jose Eduardo Felicio	97	Rio Maior	1:06.50	+0,69	420
50m:	31.33	31.33	100m: 1:06.50	35.17			
	4.	Martim Basilio Gil	97	CLAC-Entroncamento	1:06.57	+0,83	419
50m:	30.22	30.22	100m: 1:06.57	36.35			
	5.	Joao Rafael Fonseca	97	Rio Maior	1:07.84	+0,80	396
50m:	32.23	32.23	100m: 1:07.84	35.61			
	6.	Francisco Redol Dias	96	Gualdim Pais	1:08.74	+0,76	380
50m:	31.53	31.53	100m: 1:08.74	37.21			
	7.	Artur Rafael Saramago	97	BUZIOS-Coruche	1:09.66	+0,84	365
50m:	31.21	31.21	100m: 1:09.66	38.45			
	8.	Andre Pombo Dias	96	Natacao do Tejo	1:12.71	+0,85	321
50m:	34.05	34.05	100m: 1:12.71	38.66			
	DNS	Mario Jorge Nunes	92	Natacao do Tejo			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 15, Masc., 100m Mariposa

Prova 15 Masc., 100m Mariposa Juvenis
05-07-2014 - 11:20 Resultados

JUV-A MAS Juv A: 1:18.00 / JUV-B MAS Juv B: 1:20.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Marco Andre Miguel	99	Torres Novas	1:03.35	+0,65	486
50m:	30.26	30.26	100m: 1:03.35	33.09			
	2.	Miguel Carrico Cruz	99	20Km de Almeirim	1:03.97	+0,75	472
50m:	29.68	29.68	100m: 1:03.97	34.29			
	3.	Tiago Filipe Campos	99	Viver Santarem	1:04.65	+0,86	457
50m:	29.99	29.99	100m: 1:04.65	34.66			
	4.	Joao Paulo Lopes	98	Torres Novas	1:05.24		445
50m:	30.06	30.06	100m: 1:05.24	35.18			
	5.	Dario Fausto Matias	98	Torres Novas	1:06.66	+0,84	417
50m:	30.96	30.96	100m: 1:06.66	35.70			
	6.	Bernardo Jose Dionisio	99	Gualdim Pais	1:07.97	+0,86	393
50m:	31.37	31.37	100m: 1:07.97	36.60			
	7.	Telmo Pedrosa Rocha	98	Uniao Samorense	1:08.63	+0,85	382
50m:	31.56	31.56	100m: 1:08.63	37.07			
	8.	Pedro Pereira Lopes	99	BUZIOS-Coruche	1:12.72	+0,85	321
50m:	33.64	33.64	100m: 1:12.72	39.08			
	9.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	1:14.24	+0,65	302
50m:	31.82	31.82	100m: 1:14.24	42.42			
	10.	Joao Ferreira Santos	98	Torres Novas	1:17.02	+0,73	270
50m:	35.13	35.13	100m: 1:17.02	41.89			
	11.	Joao Tiago Almeida	99	20Km de Almeirim	1:20.85	+0,83	233
	<i>FTL</i>						
50m:	35.24	35.24	100m: 1:20.85	45.61			

Prova 15 Masc., 100m Mariposa Infantis
05-07-2014 - 11:20 Resultados

INF-A MAS Inf A: 1:28.50 / INF-B MAS Inf B: 1:35.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Miguel Serrao Santos	00	Viver Santarem	1:06.66	+0,82	417
50m:	31.40	31.40	100m: 1:06.66	35.26			
	2.	Rui Jorge Lopes	00	CLAC-Entroncamento	1:09.22	+0,91	372
50m:	32.54	32.54	100m: 1:09.22	36.68			
	3.	Miguel Goncalves Frade	00	Torres Novas	1:10.15	+0,94	358
50m:	33.32	33.32	100m: 1:10.15	36.83			
	4.	Francisco Inacio Rodrigues	00	Viver Santarem	1:10.65	+0,74	350
50m:	32.02	32.02	100m: 1:10.65	38.63			
	5.	Diogo Franco Martins	01	20Km de Almeirim	1:13.66	+0,82	309
50m:	33.84	33.84	100m: 1:13.66	39.82			
	6.	Afonso Maria Teodoro	01	Viver Santarem	1:17.16	+0,95	269
50m:	35.35	35.35	100m: 1:17.16	41.81			
	7.	Henrique Miguel Cruz	00	Torres Novas	1:18.56	+0,88	255
50m:	36.27	36.27	100m: 1:18.56	42.29			
	8.	Joao Nazario Carvalho	00	Torres Novas	1:21.03	+0,90	232
50m:	33.64	33.64	100m: 1:21.03	47.39			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 15, Masc., 100m Mariposa, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	9.	David Antunes Santos	00	CLAC-Entroncamento	1:21.05	+0,98	232
50m:	36.27	36.27	100m:	1:21.05	44.78		
	10.	Joao Antonio Simoes	01	Torres Novas	1:22.64	+0,92	219
50m:	36.45	36.45	100m:	1:22.64	46.19		
	11.	Ricardo Luis Leal	01	CLAC-Entroncamento	1:23.09	+0,69	215
50m:	39.16	39.16	100m:	1:23.09	43.93		
	12.	Tomas Meliciano Cabeleira	01	CLAC-Entroncamento	1:23.50	+0,59	212
50m:	39.14	39.14	100m:	1:23.50	44.36		
	13.	Diogo Miguel Teodoro	00	BUZIOS-Coruche	1:30.15	+1,07	168
	<i>FTL</i>						
50m:	41.99	41.99	100m:	1:30.15	48.16		

Prova 16
05-07-2014 - 11:35

Femin., 100m Mariposa

Absolutos
Resultados

ABS FEM : 1:33.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Marta Filipa Vinagre	95	CLAC-Entroncamento	1:10.94	+0,77	493
50m:	32.33	32.33	100m:	1:10.94	38.61		
	2.	Rute Isabel Leonardo	98	Nautico Abrantes	1:11.97	+0,91	472
50m:	33.71	33.71	100m:	1:11.97	38.26		
	3.	Tatiana Lima Silva	96	Natacao do Tejo	1:15.06	+0,75	416
50m:	36.11	36.11	100m:	1:15.06	38.95		
	4.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	1:16.66	+0,75	391
50m:	34.31	34.31	100m:	1:16.66	42.35		
	5.	Soraya Dea Matias	95	Torres Novas	1:17.68	+0,79	375
50m:	34.71	34.71	100m:	1:17.68	42.97		
	6.	Raquel Sofia Jorge	98	Salvaterra de Magos	1:19.02	+0,84	357
50m:	36.36	36.36	100m:	1:19.02	42.66		
	7.	Filipa Robert Rente	96	Gualdim Pais	1:20.86	+0,78	333
50m:	37.22	37.22	100m:	1:20.86	43.64		
	8.	Ana Catarina Travessa	96	Salvaterra de Magos	1:22.54	+0,96	313
50m:	37.48	37.48	100m:	1:22.54	45.06		
	9.	Patricia Simoes Jorge	97	Salvaterra de Magos	1:24.21	+0,79	295
50m:	39.28	39.28	100m:	1:24.21	44.93		
	10.	Ana Filipa Parente	98	Gualdim Pais	1:25.06	+0,86	286
50m:	35.66	35.66	100m:	1:25.06	49.40		
	DNS	Ana Pereira Luis	97	Salvaterra de Magos			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 16, Femin., 100m Mariposa

Prova 16
05-07-2014 - 11:35

Femin., 100m Mariposa

Juvenis
Resultados

JUV-A FEM 15: 1:36.30 / JUV-B FEM Juv: 1:37.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Mariana Soares Martinho	99	20Km de Almeirim	1:16.47	+0,78	393
50m:	36.20	36.20	100m:	1:16.47	40.27		
	2.	Sarah Dias	99	CLAC-Entroncamento	1:19.49	+0,79	350
50m:	36.42	36.42	100m:	1:19.49	43.07		
	3.	Ana Catarina Santos	00	Uniao Samorense	1:19.78	+0,88	346
50m:	37.49	37.49	100m:	1:19.78	42.29		
	4.	Carolina Miguel Marques	99	Natacao do Tejo	1:20.96	+0,87	332
50m:	37.45	37.45	100m:	1:20.96	43.51		
	5.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	1:21.14	+0,94	329
50m:	37.25	37.25	100m:	1:21.14	43.89		
	6.	Claudia Maria Marcalo	99	Natacao do Tejo	1:31.66	+0,75	228
50m:	40.48	40.48	100m:	1:31.66	51.18		
	7.	Ines Fernandes Moutinho	99	CLAC-Entroncamento	1:38.53	+0,89	184
	<i>FTL</i>						
50m:	41.92	41.92	100m:	1:38.53	56.61		
	DSQ	Sofia Alexandra Picao	99	CLAC-Entroncamento			
	<i>Falsa partida</i>						

Prova 16
05-07-2014 - 11:35

Femin., 100m Mariposa

Infantis
Resultados

INF-A FEM Inf A: 1:39.50 / INF-B FEM Inf B: 1:43.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Rita Sousa Oliveira	01	Torres Novas	1:15.81	+0,87	404
50m:	34.10	34.10	100m:	1:15.81	41.71		
	2.	Carolina Luis Amaral	01	BUZIOS-Coruche	1:17.85	+1,02	373
50m:	35.41	35.41	100m:	1:17.85	42.44		
	3.	Marta Sousa Oliveira	01	Torres Novas	1:18.37		366
50m:	35.24	35.24	100m:	1:18.37	43.13		
	4.	Beatriz Ribeiro Simoes	01	Torres Novas	1:18.83	+0,92	359
50m:	36.40	36.40	100m:	1:18.83	42.43		
	5.	Constanca Isabel Jose	01	Gualdim Pais	1:22.52		313
50m:	37.77	37.77	100m:	1:22.52	44.75		
	6.	Beatriz Maria Duarte	02	Nautico Abrantes	1:22.75	+0,70	310
50m:	38.94	38.94	100m:	1:22.75	43.81		
	7.	Filipa Cardigo Fitas	02	20Km de Almeirim	1:23.67	+0,96	300
50m:	38.93	38.93	100m:	1:23.67	44.74		
	8.	Ines Cambe Cunha	02	Torres Novas	1:23.72	+0,89	300
50m:	40.53	40.53	100m:	1:23.72	43.19		
	9.	Mafalda Gilberto Marques	01	Natacao do Tejo	1:25.90	+0,95	277
50m:	39.18	39.18	100m:	1:25.90	46.72		
	10.	Beatriz Santos Reis	01	Torres Novas	1:26.82	+0,99	269
50m:	41.40	41.40	100m:	1:26.82	45.42		
	11.	Catia Jordan Agostinho	02	Rio Maior	1:34.83		206
50m:	43.92	43.92	100m:	1:34.83	50.91		

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 16, Femin., 100m Mariposa, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	12.	Marta Chambel Dias	02	CLAC-Entroncamento	1:38.82	+0,97	182
50m:	44.56	44.56	100m:	1:38.82	54.26		

Prova 17

Masc., 4 x 200m Livres

Absolutos

05-07-2014 - 11:45

Resultados

JUN MAS Jun: 10:10.00 / SEN MAS Sen: 10:10.00

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts				
	1.	CLAC-Entroncamento 3	9:24.47	+0,85	407				
		CLAC-Entroncamento							
		Martim Basilio Gil	97	+0,85	30.71	1:06.16	1:44.22	2:22.41	2:22.41
		Joao Pedro Rosa	90	+0,41	31.16	1:07.23	1:44.69	2:21.13	2:21.13
		Joao Francisco Ferreira	93	+0,55	33.58	1:10.44	1:48.85	2:26.11	2:26.11
		Joao Manuel Ferreira	92	+0,57	28.67	1:03.03	1:39.31	2:14.82	2:14.82

Prova 17

Masc., 4 x 200m Livres

Juvenis

05-07-2014 - 11:45

Resultados

JUV-A MAS Juv A: 11:00.00 / JUV-B MAS Juv B: 11:00.00

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts				
	1.	Torres Novas 2	9:01.41	+0,80	462				
		Torres Novas							
		Dario Fausto Matias	98	+0,80	28.94	1:01.76	1:35.28	2:07.05	2:07.05
		Joao Ferreira Santos	98	+0,33	32.00	1:08.45	1:47.04	2:26.29	2:26.29
		Joao Paulo Lopes	98	+0,23	28.71	1:02.35	1:38.57	2:13.26	2:13.26
		Marco Andre Miguel	99	+0,54	30.20	1:04.99	1:40.72	2:14.81	2:14.81
	2.	20Km de Almeirim 1	9:41.60	+0,67	372				
		20Km de Almeirim							
		Bernardo Fernandes Aguiar	99	+0,67	31.77	1:07.80	1:45.57	2:22.80	2:22.80
		Joao Tiago Almeida	99	+0,62	32.58	1:09.64	1:48.64	2:26.71	2:26.71
		Pedro Jorge Silva	99	+0,60	33.85	1:13.43	1:56.31	2:37.69	2:37.69
		Miguel Carrico Cruz	99	+0,58	28.62	1:01.88	1:38.83	2:14.40	2:14.40
	3.	Uniao Samorense 1	9:42.78	+0,45	370				
		Uniao Samorense							
		Telmo Pedrosa Rocha	98	+0,45	30.99	1:06.16	1:43.84	2:19.41	2:19.41
		Joao Fernando Bento	99	+0,54	31.55	1:08.73	1:49.77	2:32.04	2:32.04
		Francisco Jose Pires	98	+0,42	31.84	1:08.78	1:48.28	2:27.55	2:27.55
		Sergio Alexandre Batalha	98	+0,81	30.47	1:06.47	1:45.62	2:23.78	2:23.78

Prova 17

Masc., 4 x 200m Livres

Infantis

05-07-2014 - 11:45

Resultados

INF-A MAS Inf A: 11:39.00 / INF-B MAS Inf B: 11:39.00

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts				
	1.	Torres Novas 1	9:16.99	+0,89	424				
		Torres Novas							
		Joao Nazario Carvalho	00	+0,89	31.87	1:07.59	1:44.02	2:19.62	2:19.62
		Henrique Miguel Cruz	00	+0,48	32.64	1:10.05	1:48.70	2:26.45	2:26.45
		Miguel Goncalves Frade	00	+0,57	30.83	1:04.42	1:39.61	2:14.16	2:14.16
		Filipe Asseiceira Ramos	00	+0,67	31.61	1:06.00	1:41.55	2:16.76	2:16.76
	2.	Viver Santarem 1	9:20.57	+0,76	416				
		Viver Santarem							
		Francisco Inacio Rodrigues	00	+0,76	30.96	1:06.53	1:43.97	2:20.27	2:20.27
		Joao Diogo Lopes	01	+0,39		1:05.27		2:20.75	2:20.75
		Diogo Teixeira Mendes	01	-0,34		1:07.68		2:24.80	2:24.80
		Miguel Serrao Santos	00			1:04.28		2:14.75	2:14.75
	3.	CLAC-Entroncamento 1	9:38.67	+0,74	378				
		CLAC-Entroncamento							
		Ricardo Luis Leal	01	+0,74	32.43	1:09.23	1:47.21	2:22.90	2:22.90
		David Antunes Santos	00	+0,79	32.44	1:08.70	1:46.60	2:24.40	2:24.40
		Joao Afonso Goncalves	00	+0,55	34.62	1:13.67	1:55.58	2:36.33	2:36.33
		Rui Jorge Lopes	00	+0,71	30.98	1:04.62	1:40.27	2:15.04	2:15.04

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 18, Femin., 4 x 200m Livres

Prova 18
05-07-2014 - 12:00

Femin., 4 x 200m Livres

Juvenis
Resultados

JUV-A FEM 15: 11:40.00 / JUV-B FEM Juv: 11:40.00

Pontos: FINA 2012

Pontos	Lugar		Clube		Tempo Final	TReac	Pts		
	1.	Viver Santarem 2	Viver Santarem		9:49.60	+0,68	481		
		Patricia Palmeiro Baeta	00	+0,68	32.03	1:07.59	1:44.23	2:19.02	2:19.02
		Marta Isabel Silva	00	+0,69	35.14	1:14.48	1:55.77	2:37.47	2:37.47
		Maria Beatriz Dias	99	+0,51	31.79	1:07.16	1:45.24	2:21.76	2:21.76
		Carolina Felicidade Batista	99	+0,59	34.78	1:12.46	1:52.10	2:31.35	2:31.35
	2.	20Km de Almeirim 2	20Km de Almeirim		9:55.65	+0,80	466		
		Mariana Soares Martinho	99	+0,80	32.40	1:07.79	1:44.40	2:19.80	2:19.80
		Mariana Nunes Domingos	00	+0,55	32.65	1:10.03	1:50.20	2:29.40	2:29.40
		Mariana Narciso Fidalgo	99	+0,70	36.03	1:15.10	1:54.53	2:32.77	2:32.77
		Mafalda Alexandra Cabaca	00	+0,46	33.89	1:12.21	1:53.28	2:33.68	2:33.68
	3.	Nautico Abrantes 2	Nautico Abrantes		10:14.59	+0,96	425		
		<i>Recorde Distrital JUV-A (-)</i>							
		Ana Margarida Salgueiro	99	+0,96	32.73	1:09.35	1:47.40	2:24.59	2:24.59
		Ana Torres Ferreira	99	+0,60	34.81	1:14.08	1:56.06	2:39.13	2:39.13
		Maria Beatriz Diogo	99	+0,35		1:15.38		2:34.91	2:34.91
		Patricia Silva Conceicao	99			1:11.74	1:54.83	2:35.96	2:35.96
	4.	CLAC-Entroncamento 1	CLAC-Entroncamento		11:14.07	+0,81	322		
		Ines Fernandes Moutinho	99	+0,81	36.87	1:19.97	2:04.91	2:47.33	2:47.33
		Joana Costa Bernardino	00	+0,65	40.94	1:26.70	2:16.40	3:01.75	3:01.75
		Sofia Alexandra Picao	99	+0,57	38.73	1:22.73	2:09.12	2:52.99	2:52.99
		Sarah Dias	99	+0,62	33.49	1:12.36	1:53.03	2:32.00	2:32.00

Prova 18
05-07-2014 - 12:00

Femin., 4 x 200m Livres

Infantis
Resultados

INF-A FEM Inf A: 12:20.00 / INF-B FEM Inf B: 12:20.00

Pontos: FINA 2012

Pontos	Lugar		Clube		Tempo Final	TReac	Pts		
	1.	Torres Novas 1	Torres Novas		10:11.71		431		
		Carolina Marques Neves	01		33.93	1:11.87	1:50.63	2:27.76	2:27.76
		Beatriz Ribeiro Simoes	01	+0,83	35.40	1:15.42		2:35.25	2:35.25
		Rita Sousa Oliveira	01			1:10.07	32.17	2:26.09	2:26.09
		Beatriz Santos Reis	01			1:18.34	2:00.95	2:42.61	2:42.61
	2.	Viver Santarem 3	Viver Santarem		10:56.56	+0,69	348		
		Margarida Felicidade Baptista	02	+0,69	36.24	1:17.15	1:59.43	2:40.73	2:40.73
		Mariana Tome Fidalgo	01	+0,79	37.41	1:18.57	2:00.76	2:41.06	2:41.06
		Maria Ines Gabriel	02	+0,61	37.48	1:19.80	2:03.95	2:45.11	2:45.11
		Ana Rita Carvalho	01	+0,64	38.11	1:21.29	2:06.58	2:49.66	2:49.66
	3.	20Km de Almeirim 1	20Km de Almeirim		11:14.23	+0,77	321		
		Carolina Guerra Pisco	02	+0,77	35.91	1:16.52	1:58.92	2:40.43	2:40.43
		Maria Francisca Torcato	01	+1,59	37.79	1:22.37	2:07.48	2:49.35	2:49.35
		Joana Matias Almeida	01	+0,20	44.91	1:35.65	2:26.31	3:12.14	3:12.14
		Filipa Cardigo Fitas	02		33.93	1:13.09	1:54.40	2:32.31	2:32.31

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

3 - 3ª SESSÃO

05-07-2014 - 15:30

Prova 19 Masc., 400m Estilos Absolutos
05-07-2014 - 15:30 Resultados

JUN MAS Jun: 6:03.00 / SEN MAS Sen: 5:58.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Ivo Andre Lopes	94	Viver Santarem	5:07.69	+0,82	497				
50m:	31.19	31.19	150m:	1:48.22	39.86	250m:	3:12.08	45.31	350m:	4:34.79	36.68
100m:	1:08.36	37.17	200m:	2:26.77	38.55	300m:	3:58.11	46.03	400m:	5:07.69	32.90
	2.	Jose Eduardo Felicio	97	Rio Maior	5:08.64	+0,70	493				
50m:	32.82	32.82	150m:	1:49.64	39.12	250m:	3:13.84	45.53	350m:	4:34.90	35.24
100m:	1:10.52	37.70	200m:	2:28.31	38.67	300m:	3:59.66	45.82	400m:	5:08.64	33.74
	3.	Artur Rafael Saramago	97	BUZIOS-Coruche	5:33.71	+0,86	390				
50m:	34.24	34.24	150m:	1:58.56	41.69	250m:	3:27.89	46.45	350m:	4:52.11	36.89
100m:	1:16.87	42.63	200m:	2:41.44	42.88	300m:	4:15.22	47.33	400m:	5:33.71	41.60

Prova 19 Masc., 400m Estilos Juvenis
05-07-2014 - 15:30 Resultados

JUV-A MAS Juv A: 6:12.00 / JUV-B MAS Juv B: 6:27.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Tiago Filipe Campos	99	Viver Santarem	5:02.46	+0,91	523				
50m:	30.92	30.92	150m:	1:46.02	39.41	250m:	3:09.84	45.69	350m:	4:30.37	34.10
100m:	1:06.61	35.69	200m:	2:24.15	38.13	300m:	3:56.27	46.43	400m:	5:02.46	32.09
	2.	Dario Fausto Matias	98	Torres Novas	5:07.38	+0,80	499				
50m:	33.19	33.19	150m:	1:52.37	42.28	250m:	3:18.28	45.69	350m:	4:36.87	31.92
100m:	1:10.09	36.90	200m:	2:32.59	40.22	300m:	4:04.95	46.67	400m:	5:07.38	30.51
	3.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	5:20.79		439				
50m:	32.34	32.34	150m:	1:52.57	41.82	250m:	3:20.63	47.50	350m:	4:45.46	36.59
100m:	1:10.75	38.41	200m:	2:33.13	40.56	300m:	4:08.87	48.24	400m:	5:20.79	35.33
	4.	Afonso Guilherme Rosa	99	Gualdim Pais	5:22.04		434				
50m:	32.79	32.79	150m:	1:54.72	42.14	250m:	3:21.65	47.23	350m:	4:45.80	36.36
100m:	1:12.58	39.79	200m:	2:34.42	39.70	300m:	4:09.44	47.79	400m:	5:22.04	36.24
	5.	Goncalo Faria Saldida	99	Gualdim Pais	5:26.50	+0,83	416				
50m:	35.24	35.24	150m:	1:58.12	41.56	250m:	3:27.78	48.78	350m:	4:51.31	35.42
100m:	1:16.56	41.32	200m:	2:39.00	40.88	300m:	4:15.89	48.11	400m:	5:26.50	35.19
	6.	Joao Ferreira Santos	98	Torres Novas	5:47.12	+0,75	346				
50m:	36.03	36.03	150m:	2:08.24	47.40	250m:	3:42.25	47.95	350m:	5:10.13	39.16
100m:	1:20.84	44.81	200m:	2:54.30	46.06	300m:	4:30.97	48.72	400m:	5:47.12	36.99
	7.	Jose Nuno Sousa	99	CLAC-Entroncamento	6:03.15	+0,75	302				
50m:	37.73	37.73	150m:	2:12.57	46.68	250m:	3:50.87	52.71	350m:	5:23.85	39.76
100m:	1:25.89	48.16	200m:	2:58.16	45.59	300m:	4:44.09	53.22	400m:	6:03.15	39.30

DSQ Joao Tiago Almeida 99 20Km de Almeirim
O nadador no percurso de mariposa efectuou batimentos alternados de pernas

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 19, Masc., 400m Estilos

Prova 19
05-07-2014 - 15:30

Masc., 400m Estilos

Infantis
Resultados

INF-A MAS Inf A: 6:45.00 / INF-B MAS Inf B: 6:54.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Miguel Goncalves Frade	00	Torres Novas	5:11.65	+1,00	478				
50m:	33.67	33.67	150m:	1:52.29	39.79	250m:	3:16.21	43.87	350m:	4:36.77	35.40
100m:	1:12.50	38.83	200m:	2:32.34	40.05	300m:	4:01.37	45.16	400m:	5:11.65	34.88
	2.	Joao Jose Calado	01	Nautico Abrantes	5:18.16	+0,82	450				
		<i>Recorde distrital INF-B (05.21.57)</i>									
50m:	33.07	33.07	150m:	1:54.13	41.78	250m:	3:22.09	47.69	350m:	4:43.36	35.08
100m:	1:12.35	39.28	200m:	2:34.40	40.27	300m:	4:08.28	46.19	400m:	5:18.16	34.80
	3.	Jose Carlos Burecas	00	BUZIOS-Coruche	5:24.53	+0,77	424				
50m:	35.20	35.20	150m:	2:01.50	42.39	250m:	3:27.70	45.94	350m:	4:49.96	35.66
100m:	1:19.11	43.91	200m:	2:41.76	40.26	300m:	4:14.30	46.60	400m:	5:24.53	34.57
	4.	Filipe Asseiceira Ramos	00	Torres Novas	5:45.83	+0,95	350				
50m:	41.52	41.52	150m:	2:15.21	45.03	250m:	3:45.18	46.21	350m:	5:10.57	37.50
100m:	1:30.18	48.66	200m:	2:58.97	43.76	300m:	4:33.07	47.89	400m:	5:45.83	35.26
	5.	Joao Nazario Carvalho	00	Torres Novas	5:52.03	+0,90	332				
50m:	39.10	39.10	150m:	2:08.66	44.92	250m:	3:46.91	54.18	350m:	5:17.01	36.23
100m:	1:23.74	44.64	200m:	2:52.73	44.07	300m:	4:40.78	53.87	400m:	5:52.03	35.02
	6.	Diogo Franco Martins	01	20Km de Almeirim	5:55.18		323				
50m:	36.66	36.66	150m:	2:05.74	47.33	250m:	3:45.99	55.05	350m:	5:18.58	36.45
100m:	1:18.41	41.75	200m:	2:50.94	45.20	300m:	4:42.13	56.14	400m:	5:55.18	36.60
	7.	Ricardo Luis Leal	01	CLAC-Entroncamento	6:00.84		308				
50m:	41.13	41.13	150m:	2:17.57	46.55	250m:	3:56.27	53.20	350m:	5:26.32	39.95
100m:	1:31.02	49.89	200m:	3:03.07	45.50	300m:	4:46.37	50.10	400m:	6:00.84	34.52
	8.	Afonso Pinhal Canto	01	20Km de Almeirim	6:03.86	+0,83	300				
50m:	42.42	42.42	150m:	2:17.18	46.21	250m:	3:54.80	52.30	350m:	5:26.52	39.33
100m:	1:30.97	48.55	200m:	3:02.50	45.32	300m:	4:47.19	52.39	400m:	6:03.86	37.34
	9.	David Antunes Santos	00	CLAC-Entroncamento	6:08.89	+0,90	288				
50m:	39.71	39.71	150m:	2:17.64	49.47	250m:	3:58.22	52.27	350m:	5:31.86	39.07
100m:	1:28.17	48.46	200m:	3:05.95	48.31	300m:	4:52.79	54.57	400m:	6:08.89	37.03
	10.	Alexandre Ferreira Ribeiro	01	Rio Maior	6:23.07		257				
50m:	42.84	42.84	150m:	2:18.98	44.34	250m:	3:59.83	57.86	350m:	5:41.18	43.91
100m:	1:34.64	51.80	200m:	3:01.97	42.99	300m:	4:57.27	57.44	400m:	6:23.07	41.89
	11.	Joao Antonio Simoes	01	Torres Novas	6:24.94	+0,86	254				
50m:	42.56	42.56	150m:	2:23.06	50.08	250m:	4:08.02	55.37	350m:	5:45.54	40.42
100m:	1:32.98	50.42	200m:	3:12.65	49.59	300m:	5:05.12	57.10	400m:	6:24.94	39.40
	12.	Tomas Meliciano Cabeleira	01	CLAC-Entroncamento	6:26.37		251				
50m:	41.52	41.52	150m:	2:23.57	50.79	250m:	4:09.23	57.31	350m:	5:47.04	41.77
100m:	1:32.78	51.26	200m:	3:11.92	48.35	300m:	5:05.27	56.04	400m:	6:26.37	39.33
	13.	Diogo Miguel Teodoro	00	BUZIOS-Coruche	6:32.00	+0,99	240				
50m:	43.95	43.95	150m:	2:25.07	50.49	250m:	4:11.70	58.63	350m:	5:50.87	42.77
100m:	1:34.58	50.63	200m:	3:13.07	48.00	300m:	5:08.10	56.40	400m:	6:32.00	41.13
	14.	Tomas Antunes Ribeiro	01	Torres Novas	6:42.86	+1,14	221				
50m:	46.36	46.36	150m:	2:27.90	49.88	250m:	4:17.33	59.58	350m:	5:59.15	44.38
100m:	1:38.02	51.66	200m:	3:17.75	49.85	300m:	5:14.77	57.44	400m:	6:42.86	43.71
	DNS	Miguel Serrao Santos	00	Viver Santarem							

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 20 Femin., 800m Livres Absolutos
05-07-2014 - 16:00 Resultados

ABS FEM : 11:30.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Ana Carolina Gomes	97	Cartaxo	10:12.17	+0,74	525				
50m:	34.51	34.51	250m:	3:08.36	39.03	450m:	5:43.51	38.87	650m:	8:18.09	38.49
100m:	1:12.30	37.79	300m:	3:47.28	38.92	500m:	6:22.18	38.67	700m:	8:56.68	38.59
150m:	1:50.67	38.37	350m:	4:26.12	38.84	550m:	7:00.86	38.68	750m:	9:35.30	38.62
200m:	2:29.33	38.66	400m:	5:04.64	38.52	600m:	7:39.60	38.74	800m:	10:12.17	36.87
	2.	Raquel Sofia Jorge	98	Salvaterra de Magos	10:32.93	+1,00	475				
50m:	34.55	34.55	250m:	3:11.96	40.09	450m:	5:53.39	40.42	650m:	8:34.55	40.31
100m:	1:13.10	38.55	300m:	3:52.05	40.09	500m:	6:33.72	40.33	700m:	9:14.83	40.28
150m:	1:52.03	38.93	350m:	4:32.45	40.40	550m:	7:14.03	40.31	750m:	9:54.78	39.95
200m:	2:31.87	39.84	400m:	5:12.97	40.52	600m:	7:54.24	40.21	800m:	10:32.93	38.15
	3.	Ana Claudia Santo	97	Cartaxo	10:38.06		464				
50m:	35.27	35.27	250m:	3:13.03	39.89	450m:	5:54.56	40.47	650m:	8:37.81	40.84
100m:	1:12.94	37.67	300m:	3:53.30	40.27	500m:	6:34.98	40.42	700m:	9:19.23	41.42
150m:	1:52.65	39.71	350m:	4:33.86	40.56	550m:	7:16.16	41.18	750m:	9:59.32	40.09
200m:	2:33.14	40.49	400m:	5:14.09	40.23	600m:	7:56.97	40.81	800m:	10:38.06	38.74

Prova 20 Femin., 800m Livres Juvenis
05-07-2014 - 16:00 Resultados

JUV-A FEM 15: 11:45.00 / JUV-B FEM Juv: 12:07.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Maria Beatriz Dias	99	Viver Santarem	9:45.56		600				
<i>Recorde Distrital JUV-A (09.49.51) e aos 400 (4.51.89)</i>											
50m:	33.57	33.57	250m:	2:58.61	36.34	450m:	5:25.59	36.74	650m:	7:54.45	37.36
100m:	1:09.52	35.95	300m:	3:35.33	36.72	500m:	6:02.70	37.11	700m:	8:31.84	37.39
150m:	1:45.77	36.25	350m:	4:11.94	36.61	550m:	6:39.74	37.04	750m:	9:08.90	37.06
200m:	2:22.27	36.50	400m:	4:48.85	36.91	600m:	7:17.09	37.35	800m:	9:45.56	36.66
	2.	Mariana Soares Martinho	99	20Km de Almeirim	9:56.29	+0,84	568				
50m:	34.03	34.03	250m:	3:02.68	38.05	450m:	5:34.01	37.89	650m:	8:05.73	38.14
100m:	1:10.31	36.28	300m:	3:40.56	37.88	500m:	6:11.86	37.85	700m:	8:43.31	37.58
150m:	1:47.22	36.91	350m:	4:18.53	37.97	550m:	6:49.83	37.97	750m:	9:20.40	37.09
200m:	2:24.63	37.41	400m:	4:56.12	37.59	600m:	7:27.59	37.76	800m:	9:56.29	35.89
	3.	Patricia Palmeiro Baeta	00	Viver Santarem	10:04.20	+0,79	546				
50m:	34.83	34.83	250m:	3:07.19	37.89	450m:	5:39.43	38.75	650m:	8:14.85	38.70
100m:	1:12.75	37.92	300m:	3:45.52	38.33	500m:	6:17.97	38.54	700m:	8:53.37	38.52
150m:	1:51.18	38.43	350m:	4:24.16	38.64	550m:	6:57.19	39.22	750m:	9:29.26	35.89
200m:	2:29.30	38.12	400m:	5:00.68	36.52	600m:	7:36.15	38.96	800m:	10:04.20	34.94
	4.	Ana Margarida Salgueiro	99	Nautico Abrantes	10:04.54	+0,91	545				
50m:	34.67	34.67	250m:	3:07.92	38.27	450m:	5:41.03	38.38	650m:	8:14.99	38.03
100m:	1:12.71	38.04	300m:	3:46.17	38.25	500m:	6:19.65	38.62	700m:	8:52.96	37.97
150m:	1:51.22	38.51	350m:	4:24.55	38.38	550m:	6:58.44	38.79	750m:	9:29.54	36.58
200m:	2:29.65	38.43	400m:	5:02.65	38.10	600m:	7:36.96	38.52	800m:	10:04.54	35.00
	5.	Joana Sofia Amado	99	Cartaxo	10:23.95		496				
50m:	35.42	35.42	250m:	3:11.35	39.06	450m:	5:49.22	38.77	650m:	8:27.94	39.85
100m:	1:14.17	38.75	300m:	3:50.58	39.23	500m:	6:29.23	40.01	700m:	9:07.47	39.53
150m:	1:53.16	38.99	350m:	4:30.03	39.45	550m:	7:08.58	39.35	750m:	9:46.36	38.89
200m:	2:32.29	39.13	400m:	5:10.45	40.42	600m:	7:48.09	39.51	800m:	10:23.95	37.59
	6.	Mariana Narciso Fidalgo	99	20Km de Almeirim	10:56.60	+0,96	426				
50m:	38.06	38.06	250m:	3:23.96	41.87	450m:	6:09.99	41.53	650m:	8:56.01	41.54
100m:	1:19.31	41.25	300m:	4:05.44	41.48	500m:	6:51.43	41.44	700m:	9:37.16	41.15
150m:	2:00.50	41.19	350m:	4:47.00	41.56	550m:	7:33.08	41.65	750m:	10:17.14	39.98
200m:	2:42.09	41.59	400m:	5:28.46	41.46	600m:	8:14.47	41.39	800m:	10:56.60	39.46

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 20, Femin., 800m Livres, Juvenis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	7.	Maria Beatriz Leal	99	Rio Maior	11:01.58	+0,76	416				
50m:	37.19	37.19	250m:	3:21.61	41.78	450m:	6:13.10	43.83	650m:	9:00.35	41.82
100m:	1:17.38	40.19	300m:	4:03.74	42.13	500m:	6:54.50	41.40	700m:	9:42.42	42.07
150m:	1:58.16	40.78	350m:	4:46.81	43.07	550m:	7:36.49	41.99	750m:	10:22.27	39.85
200m:	2:39.83	41.67	400m:	5:29.27	42.46	600m:	8:18.53	42.04	800m:	11:01.58	39.31
	8.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	11:12.64	+1,00	396				
50m:	38.74	38.74	250m:	3:27.30	42.39	450m:	6:17.80	43.21	650m:	9:07.91	42.47
100m:	1:20.53	41.79	300m:	4:09.35	42.05	500m:	7:00.36	42.56	700m:	9:50.18	42.27
150m:	2:02.65	42.12	350m:	4:52.14	42.79	550m:	7:42.99	42.63	750m:	10:32.19	42.01
200m:	2:44.91	42.26	400m:	5:34.59	42.45	600m:	8:25.44	42.45	800m:	11:12.64	40.45
	9.	Marta Isabel Silva	00	Viver Santarem	11:18.86	+0,75	385				
50m:	38.35	38.35	250m:	3:28.73	42.78	450m:	6:19.72	42.89	650m:	9:11.73	43.22
100m:	1:20.40	42.05	300m:	4:11.47	42.74	500m:	7:02.85	43.13	700m:	9:54.47	42.74
150m:	2:02.69	42.29	350m:	4:54.09	42.62	550m:	7:45.35	42.50	750m:	10:36.91	42.44
200m:	2:45.95	43.26	400m:	5:36.83	42.74	600m:	8:28.51	43.16	800m:	11:18.86	41.95

Prova 20 Femin., 800m Livres Infantilis
05-07-2014 - 16:00 Resultados

INF-A FEM Inf A: 12:52.00 / INF-B FEM Inf B: 13:22.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Rita Sousa Oliveira	01	Torres Novas	10:39.38	+0,88	461				
50m:	35.84	35.84	250m:	3:18.95	40.62	450m:	6:02.04	40.30	650m:	8:41.88	39.76
100m:	1:16.66	40.82	300m:	3:59.99	41.04	500m:	6:41.86	39.82	700m:	9:21.39	39.51
150m:	1:57.93	41.27	350m:	4:41.02	41.03	550m:	7:22.13	40.27	750m:	10:00.78	39.39
200m:	2:38.33	40.40	400m:	5:21.74	40.72	600m:	8:02.12	39.99	800m:	10:39.38	38.60
	2.	Filipa Cardigo Fitas	02	20Km de Almeirim	10:42.43	+1,04	454				
50m:	36.30	36.30	250m:	3:19.18	41.33	450m:	6:00.62	40.44	650m:	8:43.12	41.26
100m:	1:16.04	39.74	300m:	4:00.10	40.92	500m:	6:41.04	40.42	700m:	9:25.19	42.07
150m:	1:56.43	40.39	350m:	4:40.40	40.30	550m:	7:21.38	40.34	750m:	10:04.10	38.91
200m:	2:37.85	41.42	400m:	5:20.18	39.78	600m:	8:01.86	40.48	800m:	10:42.43	38.33
	3.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	10:47.45		444				
50m:	35.23	35.23	250m:	3:17.68	41.24	450m:	6:03.21	41.63	650m:	8:50.90	41.93
100m:	1:15.58	40.35	300m:	3:59.02	41.34	500m:	6:45.45	42.24	700m:	9:32.21	41.31
150m:	1:55.87	40.29	350m:	4:40.06	41.04	550m:	7:27.17	41.72	750m:	10:11.49	39.28
200m:	2:36.44	40.57	400m:	5:21.58	41.52	600m:	8:08.97	41.80	800m:	10:47.45	35.96
	4.	Beatriz Ribeiro Simoes	01	Torres Novas	10:51.82	+1,00	435				
50m:	37.44	37.44	250m:	3:22.08	41.08	450m:	6:06.91	40.63	650m:	8:50.84	40.82
100m:	1:18.11	40.67	300m:	4:03.38	41.30	500m:	6:48.01	41.10	700m:	9:32.11	41.27
150m:	1:59.52	41.41	350m:	4:44.54	41.16	550m:	7:28.88	40.87	750m:	10:12.76	40.65
200m:	2:41.00	41.48	400m:	5:26.28	41.74	600m:	8:10.02	41.14	800m:	10:51.82	39.06
	5.	Catia Iordan Agostinho	02	Rio Maior	10:52.21	+0,74	434				
50m:	37.38	37.38	250m:	3:20.11	40.78	450m:	6:05.51	41.30	650m:	8:51.07	41.02
100m:	1:17.84	40.46	300m:	4:01.09	40.98	500m:	6:47.05	41.54	700m:	9:31.95	40.88
150m:	1:59.01	41.17	350m:	4:42.52	41.43	550m:	7:28.95	41.90	750m:	10:12.69	40.74
200m:	2:39.33	40.32	400m:	5:24.21	41.69	600m:	8:10.05	41.10	800m:	10:52.21	39.52
	6.	Carolina Guerra Pisco	02	20Km de Almeirim	11:03.48		413				
50m:	37.60	37.60	250m:	3:24.83	42.35	450m:	6:14.17	41.88	650m:	9:01.87	40.82
100m:	1:18.21	40.61	300m:	4:06.82	41.99	500m:	6:56.42	42.25	700m:	9:43.22	41.35
150m:	2:00.00	41.79	350m:	4:49.60	42.78	550m:	7:38.90	42.48	750m:	10:23.96	40.74
200m:	2:42.48	42.48	400m:	5:32.29	42.69	600m:	8:21.05	42.15	800m:	11:03.48	39.52
	7.	Ana Beatriz Rodrigues	02	Rio Maior	11:05.85		408				
50m:	39.07	39.07	250m:	3:29.83	41.85	450m:	6:16.46	40.76	650m:	9:03.18	41.63
100m:	1:22.24	43.17	300m:	4:11.88	42.05	500m:	6:57.81	41.35	700m:	9:45.31	42.13
150m:	2:05.29	43.05	350m:	4:54.20	42.32	550m:	7:39.60	41.79	750m:	10:26.76	41.45
200m:	2:47.98	42.69	400m:	5:35.70	41.50	600m:	8:21.55	41.95	800m:	11:05.85	39.09

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 20, Femin., 800m Livres, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	8.	Rita Daniela Lopes	01	Gualdim Pais	11:21.93	+1,01	380				
50m:	37.81	37.81	250m:	3:30.03	43.95	450m:	6:24.60	44.13	650m:	9:16.76	42.76
100m:	1:19.93	42.12	300m:	4:13.30	43.27	500m:	7:08.35	43.75	700m:	9:59.62	42.86
150m:	2:02.78	42.85	350m:	4:56.89	43.59	550m:	7:51.43	43.08	750m:	10:42.48	42.86
200m:	2:46.08	43.30	400m:	5:40.47	43.58	600m:	8:34.00	42.57	800m:	11:21.93	39.45
	9.	Margarida Felicidade Baptista	02	Viver Santarem	11:30.09		367				
50m:	37.98	37.98	250m:	3:30.07	42.78	450m:	6:23.28	43.20	650m:	9:18.62	43.39
100m:	1:20.69	42.71	300m:	4:13.55	43.48	500m:	7:07.47	44.19	700m:	10:02.91	44.29
150m:	2:03.63	42.94	350m:	4:56.37	42.82	550m:	7:51.06	43.59	750m:	10:46.88	43.97
200m:	2:47.29	43.66	400m:	5:40.08	43.71	600m:	8:35.23	44.17	800m:	11:30.09	43.21
	10.	Beatriz Santos Reis	01	Torres Novas	11:38.81		353				
50m:	39.02	39.02	250m:	3:33.55	43.87	450m:	6:30.77	44.30	650m:	9:28.39	44.61
100m:	1:21.79	42.77	300m:	4:18.04	44.49	500m:	7:14.79	44.02	700m:	10:12.77	44.38
150m:	2:05.51	43.72	350m:	5:02.41	44.37	550m:	7:59.11	44.32	750m:	10:56.30	43.53
200m:	2:49.68	44.17	400m:	5:46.47	44.06	600m:	8:43.78	44.67	800m:	11:38.81	42.51
	11.	Mariana Tome Fidalgo	01	Viver Santarem	11:51.91	+0,87	334				
50m:	38.83	38.83	250m:	3:34.97	44.48	450m:	6:36.51	45.45	650m:	9:39.73	46.52
100m:	1:22.10	43.27	300m:	4:19.95	44.98	500m:	7:22.14	45.63	700m:	10:24.70	44.97
150m:	2:06.19	44.09	350m:	5:05.62	45.67	550m:	8:08.78	46.64	750m:	11:09.16	44.46
200m:	2:50.49	44.30	400m:	5:51.06	45.44	600m:	8:53.21	44.43	800m:	11:51.91	42.75
	12.	Andreia Sofia Alves	02	Torres Novas	12:16.81		301				
50m:	41.18	41.18	250m:	3:43.90	46.85	450m:	6:52.88	47.59	650m:	10:00.71	47.13
100m:	1:25.25	44.07	300m:	4:30.55	46.65	500m:	7:40.10	47.22	700m:	10:47.61	46.90
150m:	2:10.83	45.58	350m:	5:17.94	47.39	550m:	8:27.75	47.65	750m:	11:33.22	45.61
200m:	2:57.05	46.22	400m:	6:05.29	47.35	600m:	9:13.58	45.83	800m:	12:16.81	43.59
	13.	Carolina Lopes Vieira	02	Gualdim Pais	12:20.70	+0,75	296				
50m:	40.70	40.70	250m:	3:46.18	47.13	450m:	6:55.01	47.82	650m:	10:01.80	47.82
100m:	1:26.24	45.54	300m:	4:33.38	47.20	500m:	7:41.74	46.73	700m:	10:49.55	47.75
150m:	2:12.44	46.20	350m:	5:19.75	46.37	550m:	8:27.76	46.02	750m:	11:36.11	46.56
200m:	2:59.05	46.61	400m:	6:07.19	47.44	600m:	9:13.98	46.22	800m:	12:20.70	44.59
	14.	Maria Beatriz Silva	02	CLAC-Entroncamento	12:44.51	+0,55	269				
50m:	40.67	40.67	250m:	3:49.72	47.61	450m:	7:05.57	49.35	650m:	10:20.96	47.53
100m:	1:27.22	46.55	300m:	4:38.91	49.19	500m:	7:53.31	47.74	700m:	11:11.01	50.05
150m:	2:14.44	47.22	350m:	5:27.26	48.35	550m:	8:43.67	50.36	750m:	11:58.30	47.29
200m:	3:02.11	47.67	400m:	6:16.22	48.96	600m:	9:33.43	49.76	800m:	12:44.51	46.21

Prova 21

05-07-2014 - 16:55

Masc., 100m Bruços

Absolutos
Resultados

JUN MAS Jun: 1:27.00 / SEN MAS Sen: 1:25.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Guilherme Antonio Reis	96	Torres Novas	1:12.73	+0,83	522
50m:	34.37	34.37	100m:	1:12.73	38.36		
	2.	Joao Manuel Ferreira	92	CLAC-Entroncamento	1:14.59	+0,83	484
50m:	34.85	34.85	100m:	1:14.59	39.74		
	3.	Artur Rafael Saramago	97	BUZIOS-Coruche	1:17.06	+0,50	439
50m:	35.06	35.06	100m:	1:17.06	42.00		
	4.	Joao Mauricio Gaspar	97	Nautico Abrantes	1:22.23	+0,71	361
50m:	38.61	38.61	100m:	1:22.23	43.62		
	5.	Nuno Miguel Afonso	91	Natacao do Tejo	1:22.28	+0,84	360
50m:	38.25	38.25	100m:	1:22.28	44.03		

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 21, Masc., 100m Bruços

Prova 21 Masc., 100m Bruços Juvenis
05-07-2014 - 16:55 Resultados

JUV-A MAS Juv A: 1:29.00 / JUV-B MAS Juv B: 1:31.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Miguel Carrico Cruz	99	20Km de Almeirim	1:11.68		545
50m:	34.07	34.07	100m:	1:11.68	37.61		
	2.	Bernardo Jose Dionisio	99	Gualdim Pais	1:12.37	+0,86	530
50m:	34.41	34.41	100m:	1:12.37	37.96		
	3.	Joao Paulo Lopes	98	Torres Novas	1:19.36	+0,78	402
50m:	36.80	36.80	100m:	1:19.36	42.56		
	4.	Dario Fausto Matias	98	Torres Novas	1:20.22	+0,82	389
50m:	40.04	40.04	100m:	1:20.22	40.18		
	5.	Joao Ferreira Santos	98	Torres Novas	1:25.39	+0,78	322
50m:	41.38	41.38	100m:	1:25.39	44.01		
	6.	Joao Fernando Bento	99	Uniao Samorense	1:25.43		322
50m:	40.42	40.42	100m:	1:25.43	45.01		
	7.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	1:25.95	+0,74	316
50m:	40.84	40.84	100m:	1:25.95	45.11		

Prova 21 Masc., 100m Bruços Infantis
05-07-2014 - 16:55 Resultados

INF-A MAS Inf A: 1:35.50 / INF-B MAS Inf B: 1:43.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Joao Diogo Lopes	01	Viver Santarem	1:18.39	+0,63	417
50m:	36.56	36.56	100m:	1:18.39	41.83		
	2.	Jose Carlos Burecas	00	BUZIOS-Coruche	1:20.62	+0,78	383
50m:	38.77	38.77	100m:	1:20.62	41.85		
	3.	Miguel Goncalves Frade	00	Torres Novas	1:21.14		376
50m:	38.47	38.47	100m:	1:21.14	42.67		
	4.	Rui Jorge Lopes	00	CLAC-Entroncamento	1:23.88	+1,00	340
50m:	39.18	39.18	100m:	1:23.88	44.70		
	5.	Joao Jose Calado	01	Nautico Abrantes	1:28.20	+0,86	292
50m:	42.32	42.32	100m:	1:28.20	45.88		
	6.	Henrique Miguel Cruz	00	Torres Novas	1:29.16	+0,85	283
50m:	43.15	43.15	100m:	1:29.16	46.01		
	7.	Diogo Teixeira Mendes	01	Viver Santarem	1:30.71		269
50m:	42.87	42.87	100m:	1:30.71	47.84		
	8.	Ricardo Luis Leal	01	CLAC-Entroncamento	1:32.19	+0,77	256
50m:	44.02	44.02	100m:	1:32.19	48.17		
	9.	Nuno Pereira Simoes	01	Torres Novas	1:34.96	+0,80	234
50m:	43.70	43.70	100m:	1:34.96	51.26		
	10.	Pedro Manuel Lopes	01	Torres Novas	1:36.78	+0,85	221
50m:	45.81	45.81	100m:	1:36.78	50.97		
	11.	Diogo Samouco Dias	01	Torres Novas	1:40.18	+1,17	199
50m:	46.20	46.20	100m:	1:40.18	53.98		

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 22 Femin., 100m Bruços Absolutos
05-07-2014 - 17:00 Resultados

ABS FEM : 1:37.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Madalena Silva	98	Nautico Abrantes	1:18.09		562
50m:	37.10	37.10	100m:	1:18.09	40.99		
	2.	Rute Isabel Leonardo	98	Nautico Abrantes	1:18.77	+0,85	547
50m:	37.86	37.86	100m:	1:18.77	40.91		
	3.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	1:24.07	+0,75	450
50m:	39.31	39.31	100m:	1:24.07	44.76		
	4.	Catarina Goncalves Trezentos	98	Gualdim Pais	1:25.11		434
50m:	39.96	39.96	100m:	1:25.11	45.15		
	5.	Ana Catarina Travessa	96	Salvaterra de Magos	1:30.10	+0,86	366
50m:	41.79	41.79	100m:	1:30.10	48.31		
	6.	Ines Maria Ribeiro	94	CLAC-Entroncamento	1:31.96		344
50m:	42.97	42.97	100m:	1:31.96	48.99		
	DNS	Ana Pereira Luis	97	Salvaterra de Magos			

Prova 22 Femin., 100m Bruços Juvenis
05-07-2014 - 17:00 Resultados

JUV-A FEM 15: 1:39.00 / JUV-B FEM Juv: 1:41.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Ana Margarida Salgueiro	99	Nautico Abrantes	1:22.02	+0,94	485
50m:	38.52	38.52	100m:	1:22.02	43.50		
	2.	Carolina Felicidade Batista	99	Viver Santarem	1:25.05	+0,91	435
50m:	40.14	40.14	100m:	1:25.05	44.91		
	3.	Maria Beatriz Diogo	99	Nautico Abrantes	1:28.41	+0,94	387
50m:	43.47	43.47	100m:	1:28.41	44.94		
	4.	Maria Beatriz Lopes	00	Rio Maior	1:30.03		366
50m:	43.75	43.75	100m:	1:30.03	46.28		
	5.	Mariana Nunes Domingos	00	20Km de Almeirim	1:30.94	+0,93	355
50m:	42.85	42.85	100m:	1:30.94	48.09		
	6.	Ana Torres Ferreira	99	Nautico Abrantes	1:32.29		340
50m:	44.68	44.68	100m:	1:32.29	47.61		
	7.	Mirjam Regina Altenburg	00	BUZIOS-Coruche	1:32.53		337
50m:	43.83	43.83	100m:	1:32.53	48.70		
	8.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	1:36.02	+0,94	302
50m:	45.65	45.65	100m:	1:36.02	50.37		
	9.	Barbara Sofia Claro	00	BUZIOS-Coruche	1:38.97	+1,02	276
50m:	48.17	48.17	100m:	1:38.97	50.80		
	DSQ	Sofia Alexandra Picao	99	CLAC-Entroncamento			
		<i>Falsa Partida</i>					

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 22, Femin., 100m Bruços

Prova 22
05-07-2014 - 17:00

Femin., 100m Bruços

Infantis
Resultados

INF-A FEM Inf A: 1:50.00 / INF-B FEM Inf B: 1:53.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
		1. Ines Ferreira Duarte	01	Nautico Abrantes	1:24.63		441
50m:	40.13	40.13	100m:	1:24.63	44.50		
		2. Carolina Marques Neves	01	Torres Novas	1:26.69	+0,90	410
50m:	41.62	41.62	100m:	1:26.69	45.07		
		3. Mafalda Gilberto Marques	01	Natacao do Tejo	1:26.96	+0,90	407
50m:	40.44	40.44	100m:	1:26.96	46.52		
		4. Ana Rita Carvalho	01	Viver Santarem	1:29.62	+0,90	371
50m:	41.94	41.94	100m:	1:29.62	47.68		
		5. Constanca Isabel Jose	01	Gualdim Pais	1:31.03	+0,96	354
50m:	43.81	43.81	100m:	1:31.03	47.22		
		6. Rita Morgado Vieira	02	Rio Maior	1:32.49	+0,73	338
50m:	44.14	44.14	100m:	1:32.49	48.35		
		7. Ines Cambe Cunha	02	Torres Novas	1:33.64		326
50m:	45.97	45.97	100m:	1:33.64	47.67		
		8. Catia Iordan Agostinho	02	Rio Maior	1:35.58	+0,80	306
50m:	46.39	46.39	100m:	1:35.58	49.19		
		9. Laura Batista Agostinho	01	Rio Maior	1:36.04	+0,88	302
50m:	45.26	45.26	100m:	1:36.04	50.78		
		10. Marta Chambel Dias	02	CLAC-Entroncamento	1:37.05	+0,89	292
50m:	46.12	46.12	100m:	1:37.05	50.93		
		11. Carolina Guerra Pisco	02	20Km de Almeirim	1:37.74	+0,87	286
50m:	45.63	45.63	100m:	1:37.74	52.11		
		12. Beatriz Maria Duarte	02	Nautico Abrantes	1:38.26	+0,70	282
50m:	47.38	47.38	100m:	1:38.26	50.88		
		13. Diana Sofia Vital	02	Torres Novas	1:41.48		256
50m:	49.47	49.47	100m:	1:41.48	52.01		
		14. Maria Ines Gabriel	02	Viver Santarem	1:43.53		241
50m:	48.65	48.65	100m:	1:43.53	54.88		
		15. Jessica Andreia Antonio	02	CLAC-Entroncamento	1:45.73		226
50m:	51.68	51.68	100m:	1:45.73	54.05		
		Ana Rita Morais	02	Torres Novas	1:45.73	+1,10	226
50m:	52.06	52.06	100m:	1:45.73	53.67		
		17. Ines Ribeiro Novo	02	Torres Novas	1:50.84	+0,80	196
50m:	53.19	53.19	100m:	1:50.84	57.65		
		DNS Ana Beatriz Rodrigues	02	Rio Maior			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 23
05-07-2014 - 17:15

Masc., 50m Mariposa

Absolutos
Resultados

JUN MAS Jun: 34.00 / JUV-A MAS Juv A: 35.00 / JUV-B MAS Juv B: 35.00 / SEN MAS Sen: 34.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	27.96		516
	2.	Duarte Brites Policarpo	95	Torres Novas	28.20	+0,73	503
	3.	Marco Andre Miguel	99	Torres Novas	28.29	+0,68	498
	4.	Miguel Carrico Cruz	99	20Km de Almeirim	28.37	+0,76	494
	5.	Afonso Guilherme Rosa	99	Gualdim Pais	28.82		471
	6.	Tiago Filipe Campos	99	Viver Santarem	28.84	+0,51	470
	7.	Joao Manuel Ferreira	92	CLAC-Entroncamento	28.96	+0,92	464
	8.	Jose Eduardo Felicio	97	Rio Maior	29.20		453
	9.	Afonso Filipe Gaspar	97	Nautico Abrantes	29.24	+0,83	451
	10.	Tiago Andre Gouveia	90	CLAC-Entroncamento	29.25	+0,78	450
	11.	Bernardo Jose Dionisio	99	Gualdim Pais	29.49	+0,82	440
	12.	Joao Paulo Lopes	98	Torres Novas	29.51		439
	13.	Telmo Pedrosa Rocha	98	Uniao Samorense	29.66	+0,80	432
	14.	Francisco Redol Dias	96	Gualdim Pais	29.75		428
	15.	Joao Mauricio Gaspar	97	Nautico Abrantes	29.85	+0,70	424
	16.	Martim Basilio Gil	97	CLAC-Entroncamento	30.07	+0,83	415
	17.	Joao Rafael Fonseca	97	Rio Maior	30.10	+0,80	413
	18.	Joao Pedro Rosa	90	CLAC-Entroncamento	30.20	+0,94	409
	19.	Sergio Alexandre Batalha	98	Uniao Samorense	31.08	+0,74	375
	20.	Pedro Pereira Lopes	99	BUZIOS-Coruche	31.12		374
	21.	Nuno Miguel Afonso	91	Natacao do Tejo	31.13	+0,83	374
	22.	Joao Neves Coelho	98	BUZIOS-Coruche	31.40	+0,80	364
	23.	Andre Pombo Dias	96	Natacao do Tejo	32.05	+0,84	342
	24.	Rodrigo Pereira Damasio	99	Salvaterra de Magos	32.17		338
	25.	Tomas Jose Agostinho	99	BUZIOS-Coruche	33.30	+0,73	305
	26.	Joao Fernando Bento	99	Uniao Samorense	33.84	+0,72	291
	27.	Telmo Joao Faria	97	Natacao do Tejo	34.09	+0,82	284
	<i>FTL</i>						
	28.	Pedro Jorge Silva	99	20Km de Almeirim	36.40	+0,89	233
	<i>FTL</i>						

Prova 23
05-07-2014 - 17:15

Masc., 50m Mariposa

Seniores
Resultados

SEN MAS : 34.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Duarte Brites Policarpo	95	Torres Novas	28.20	+0,73	503
	2.	Joao Manuel Ferreira	92	CLAC-Entroncamento	28.96	+0,92	464
	3.	Tiago Andre Gouveia	90	CLAC-Entroncamento	29.25	+0,78	450
	4.	Joao Pedro Rosa	90	CLAC-Entroncamento	30.20	+0,94	409
	5.	Nuno Miguel Afonso	91	Natacao do Tejo	31.13	+0,83	374

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 23, Masc., 50m Mariposa

Prova 23 Masc., 50m Mariposa Juniores
05-07-2014 - 17:15 Resultados

JUN MAS : 34.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Jose Eduardo Felicio	97	Rio Maior	29.20		453
	2.	Afonso Filipe Gaspar	97	Nautico Abrantes	29.24	+0,83	451
	3.	Francisco Redol Dias	96	Gualdim Pais	29.75		428
	4.	Joao Mauricio Gaspar	97	Nautico Abrantes	29.85	+0,70	424
	5.	Martim Basilio Gil	97	CLAC-Entroncamento	30.07	+0,83	415
	6.	Joao Rafael Fonseca	97	Rio Maior	30.10	+0,80	413
	7.	Andre Pombo Dias	96	Natacao do Tejo	32.05	+0,84	342
	8.	Telmo Joao Faria	97	Natacao do Tejo	34.09	+0,82	284

FTL

Prova 24 Femin., 50m Mariposa Absolutos
05-07-2014 - 17:20 Resultados

ABS FEM 16 +: 38.00 / JUV-A FEM 15: 38.00 / JUV-B FEM Juv: 38.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	1.	Maria Madalena Silva	98	Nautico Abrantes	30.48	+0,71	556	
	<i>Recorde Distrital de JUN (00.30.59)</i>							
	2.	Marta Filipa Vinagre	95	CLAC-Entroncamento	31.06		525	
	3.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	31.21	+0,74	518	
	4.	Rute Isabel Leonardo	98	Nautico Abrantes	31.56	+0,84	501	
	5.	Soraya Dea Matias	95	Torres Novas	32.69	+0,82	451	
	6.	Ana Filipa Parente	98	Gualdim Pais	32.83	+0,82	445	
	7.	Sarah Dias	99	CLAC-Entroncamento	32.95	+0,86	440	
	8.	Maria Beatriz Lopes	00	Rio Maior	33.37	+0,71	424	
	9.	Daniela Sofia Serra	98	CLAC-Entroncamento	33.65	+0,81	413	
	10.	Ana Catarina Santos	00	Uniao Samorense	33.85		406	
	11.	Filipa Robert Rente	96	Gualdim Pais	34.63	+0,74	379	
	12.	Carolina Miguel Marques	99	Natacao do Tejo	34.67	+0,86	378	
	13.	Raquel Sofia Jorge	98	Salvaterra de Magos	34.87		371	
	14.	Patricia Simoes Jorge	97	Salvaterra de Magos	34.89	+0,88	370	
	15.	Ana Catarina Travessa	96	Salvaterra de Magos	34.97	+0,92	368	
	16.	Mariana Soares Martinho	99	20Km de Almeirim	35.19	+0,79	361	
	17.	Maria Beatriz Diogo	99	Nautico Abrantes	35.52	+0,79	351	
	18.	Patricia Silva Conceicao	99	Nautico Abrantes	35.72	+0,90	345	
	19.	Sofia Alexandra Picao	99	CLAC-Entroncamento	36.31	+0,84	329	
	20.	Hatira Guseinova	99	Torres Novas	36.56	+0,97	322	
	21.	Lara Alexandra Delgado	00	Torres Novas	36.95	+0,85	312	
	22.	Maria Matilde Santana	98	Torres Novas	39.25	+0,91	260	

FTL

23. Maria Beatriz Leal 99 Rio Maior **39.30** +0,73 259

FTL

DNS Ana Pereira Luis 97 Salvaterra de Magos

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 24, Femin., 50m Mariposa

Prova 24 Femin., 50m Mariposa Seniores
05-07-2014 - 17:20 Resultados

ABS FEM 16 +: 38.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Marta Filipa Vinagre	95	CLAC-Entroncamento	31.06		525
	2.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	31.21	+0,74	518
	3.	Soraya Dea Matias	95	Torres Novas	32.69	+0,82	451
	4.	Filipa Robert Rente	96	Gualdim Pais	34.63	+0,74	379
	5.	Ana Catarina Travessa	96	Salvaterra de Magos	34.97	+0,92	368

Prova 24 Femin., 50m Mariposa Juniores
05-07-2014 - 17:20 Resultados

ABS FEM 16 +: 38.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Madalena Silva	98	Nautico Abrantes	30.48	+0,71	556
		<i>Recorde Distrital de JUN (00.30.59)</i>					
	2.	Rute Isabel Leonardo	98	Nautico Abrantes	31.56	+0,84	501
	3.	Ana Filipa Parente	98	Gualdim Pais	32.83	+0,82	445
	4.	Daniela Sofia Serra	98	CLAC-Entroncamento	33.65	+0,81	413
	5.	Raquel Sofia Jorge	98	Salvaterra de Magos	34.87		371
	6.	Patricia Simoes Jorge	97	Salvaterra de Magos	34.89	+0,88	370
	7.	Maria Matilde Santana	98	Torres Novas	39.25	+0,91	260
		<i>FTL</i>					
		DNS Ana Pereira Luis	97	Salvaterra de Magos			

Prova 25 Masc., 4 x 100m Livres Absolutos
05-07-2014 - 17:30 Resultados

JUN MAS Jun: 4:35.00 / SEN MAS Sen: 4:35.00

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts		
	1.	CLAC-Entroncamento 1	4:00.76		477		
		Miguel Martins Barroqueiro	28.33	1:00.16	Joao Pedro Rosa	29.32	1:02.58
		Tiago Andre Gouveia	-1,52 27.59	1:00.10	Joao Francisco Ferreira	+0,53 27.40	57.92
	2.	Natacao do Tejo 1	4:24.01	+0,54	362		
		Nuno Miguel Afonso	+0,54 30.15	1:05.65	Telmo Joao Faria	+0,53 31.12	1:05.01
		Andre Pombo Dias	+0,52 32.49	1:09.66	Mario Jorge Nunes	+0,34 29.94	1:03.69

Prova 25 Masc., 4 x 100m Livres Juvenis
05-07-2014 - 17:30 Resultados

JUV-A MAS Juv A: 5:10.00 / JUV-B MAS Juv B: 5:10.00

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts		
	1.	Torres Novas 2	4:02.60	+0,78	467		
		Dario Fausto Matias	+0,78 27.99	58.43	Marco Andre Miguel	24.42	55.45
		Joao Ferreira Santos	+0,33 31.27	1:09.26	Joao Paulo Lopes	-1,29 28.28	59.46
	2.	Uniao Samorense 1	4:17.08		392		
		Joao Fernando Bento	31.84	1:08.08	Francisco Jose Pires	+0,80 31.63	1:05.19
		Sergio Alexandre Batalha	+0,54 28.81	1:03.15	Telmo Pedrosa Rocha	+0,63 29.02	1:00.66
	3.	20Km de Almeirim 1	4:24.61	+0,69	360		
		Bernardo Fernandes Aguiar	+0,69 31.26	1:05.03	Pedro Jorge Silva	+0,64 32.92	1:09.71
		Joao Tiago Almeida	+0,55 30.82	1:05.28	Miguel Carrico Cruz	+0,58 28.48	1:04.59

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 25, Masc., 4 x 100m Livres

Prova 25 Masc., 4 x 100m Livres Infantis
05-07-2014 - 17:30 Resultados

INF-A MAS Inf A: 5:38.00 / INF-B MAS Inf B: 5:38.00

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts
	1. Viver Santarem 4	Viver Santarem	4:11.34	+0,84	420
	Afonso Maria Teodoro +0,84 31.86 1:05.64	Francisco Inacio Rodrigues +0,34 29.00 1:02.24			
	Miguel Serrao Santos +0,62 30.03 1:02.05	Joao Diogo Lopes +0,34 1:01.41			
	2. Torres Novas 1	Torres Novas	4:17.76	+0,98	389
	Joao Nazario Carvalho +0,98 31.06 1:03.66	Filipe Asseiceira Ramos +0,66 31.94 1:06.12			
	Miguel Goncalves Frade +0,46 30.00 1:01.96	Henrique Miguel Cruz +0,44 31.14 1:06.02			
	3. CLAC-Entroncamento 2	CLAC-Entroncamento	4:21.95	+0,90	371
	David Antunes Santos +0,90 31.65 1:06.06	Joao Afonso Goncalves +0,57 33.51 1:09.23			
	Ricardo Luis Leal +0,60 31.54 1:05.48	Rui Jorge Lopes +0,66 29.60 1:01.18			

Prova 26 Femin., 4 x 100m Livres Absolutos
05-07-2014 - 17:35 Resultados

ABS FEM : 5:10.50

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts
	1. CLAC-Entroncamento 1	CLAC-Entroncamento	4:48.63	+0,79	394
	Daniela Sofia Serra +0,79 32.48 1:09.26	Catarina Vilhena Gregorio +0,63 34.17 1:12.07			
	Ines Maria Ribeiro +0,50 36.50 1:17.08	Marta Filipa Vinagre +0,64 33.18 1:10.22			
	DNS Salvaterra de Magos 1	Salvaterra de Magos			

Prova 26 Femin., 4 x 100m Livres Juvenis
05-07-2014 - 17:35 Resultados

JUV-A FEM 15: 5:20.50 / JUV-B FEM Juv: 5:20.50

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts
	1. Viver Santarem 5	Viver Santarem	4:33.84	+0,72	462
	Patricia Palmeiro Baeta +0,72 31.61 1:06.72	Maria Beatriz Dias +0,61 30.98 1:04.20			
	Marta Isabel Silva +0,75 34.86 1:12.46	Carolina Felicidade Batista +0,61 34.03 1:10.46			
	2. 20Km de Almeirim 2	20Km de Almeirim	4:34.04	+0,92	461
	Mariana Nunes Domingos +0,92 32.44 1:08.28	Mariana Narciso Fidalgo +0,61 33.98 1:10.95			
	Mafalda Alexandra Cabaca +0,59 33.87 1:10.43	Mariana Soares Martinho +0,55 30.90 1:04.38			
	3. Nautico Abrantes 3	Nautico Abrantes	4:36.14	+0,91	450
	<i>Recorde Distrital JUV-A (-)</i>				
	Ana Margarida Salgueiro +0,91 32.96 1:09.35	Ana Torres Ferreira +0,76 33.35 1:09.98			
	Maria Beatriz Diogo +0,54 33.34 1:09.95	Patricia Silva Conceicao +0,45 31.57 1:06.86			
	4. CLAC-Entroncamento 2	CLAC-Entroncamento	5:00.84	+0,89	348
	Ines Fernandes Moutinho +0,89 35.68 1:14.32	Sofia Alexandra Picao 36.08 1:15.64			
	Joana Costa Bernardino 37.46 1:18.70	Sarah Dias +0,56 33.81 1:12.18			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 26, Femin., 4 x 100m Livres

Prova 26 Femin., 4 x 100m Livres Infantil
05-07-2014 - 17:35 Resultados

INF-A FEM Inf A: 5:55.00 / INF-B FEM Inf B: 5:55.00

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts
	1. Torres Novas 1	Torres Novas	4:34.84	+0,89	457
<i>Recorde Distrital INF-A (04.58.21)</i>					
Carolina Marques Neves	+0,89 33.11	Marta Sousa Oliveira	+0,52 31.69	1:07.22	
Beatriz Ribeiro Simoes	+0,76 34.54	Rita Sousa Oliveira	+0,55 31.22	1:06.13	
	2. Viver Santarem 6	Viver Santarem	5:03.86		338
Margarida Felicidade Baptista	35.57 1:14.96	Maria Ines Gabriel	-0,52 37.59	1:18.41	
Mariana Tome Fidalgo	36.07 1:15.12	Erica Alexandra Madruga	34.66	1:15.37	
	3. 20Km de Almeirim 1	20Km de Almeirim	5:08.79	+0,83	322
Carolina Guerra Pisco	+0,83 35.52	Joana Matias Almeida	+0,73 41.33	1:27.55	
Maria Francisca Torcato	+0,54 35.83	Filipa Cardigo Fitas	+0,46 32.59	1:10.57	

4 - 4ª SESSÃO

06-07-2014 - 9:30

Prova 27 Masc., 800m Livres Absolutos
06-07-2014 - 9:30 Resultados

JUN MAS Jun: 10:16.30 / SEN MAS Sen: 10:12.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts		
	1.	Francisco Redol Dias	96	Gualdim Pais	9:44.67		462		
50m:	32.62	32.62	250m:	2:59.22	36.41	450m:	5:27.84 37.30	650m:	7:56.24 36.53
100m:	1:09.26	36.64	300m:	3:36.43	37.21	500m:	6:05.34 37.50	700m:	8:32.78 36.54
150m:	1:46.17	36.91	350m:	4:13.30	36.87	550m:	6:42.53 37.19	750m:	9:09.08 36.30
200m:	2:22.81	36.64	400m:	4:50.54	37.24	600m:	7:19.71 37.18	800m:	9:44.67 35.59
	2.	Ivo Andre Lopes	94	Viver Santarem	9:44.97		461		
50m:	32.19	32.19	250m:	2:59.25	37.60	450m:	5:29.54 37.33	650m:	7:59.50 37.05
100m:	1:07.94	35.75	300m:	3:36.93	37.68	500m:	6:07.18 37.64	700m:	8:36.62 37.12
150m:	1:44.43	36.49	350m:	4:14.80	37.87	550m:	6:45.07 37.89	750m:	9:12.93 36.31
200m:	2:21.65	37.22	400m:	4:52.21	37.41	600m:	7:22.45 37.38	800m:	9:44.97 32.04
	3.	Jose Eduardo Felicio	97	Rio Maior	9:46.33		458		
50m:	32.30	32.30	250m:	2:59.37	37.75	450m:	5:29.26 37.31	650m:	7:59.36 37.26
100m:	1:07.70	35.40	300m:	3:36.82	37.45	500m:	6:07.21 37.95	700m:	8:36.42 37.06
150m:	1:44.29	36.59	350m:	4:14.63	37.81	550m:	6:45.09 37.88	750m:	9:12.41 35.99
200m:	2:21.62	37.33	400m:	4:51.95	37.32	600m:	7:22.10 37.01	800m:	9:46.33 33.92

Prova 27 Masc., 800m Livres Juvenis
06-07-2014 - 9:30 Resultados

JUV-A MAS Juv A: 10:34.60 / JUV-B MAS Juv B: 10:52.70

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts		
	1.	Dario Fausto Matias	98	Torres Novas	9:29.06		501		
50m:	29.20	29.20	250m:	2:50.63	35.41	450m:	5:16.76 36.26	650m:	7:40.58 35.00
100m:	1:04.47	35.27	300m:	3:26.84	36.21	500m:	5:52.44 35.68	700m:	8:17.77 37.19
150m:	1:39.74	35.27	350m:	4:04.15	37.31	550m:	6:28.80 36.36	750m:	8:53.55 35.78
200m:	2:15.22	35.48	400m:	4:40.50	36.35	600m:	7:05.58 36.78	800m:	9:29.06 35.51
	2.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	9:31.17		495		
50m:	32.05	32.05	250m:	2:54.79	36.44	450m:	5:20.44 36.58	650m:	7:44.62 35.81
100m:	1:06.56	34.51	300m:	3:31.30	36.51	500m:	5:56.58 36.14	700m:	8:20.61 35.99
150m:	1:42.33	35.77	350m:	4:08.08	36.78	550m:	6:32.89 36.31	750m:	8:56.97 36.36
200m:	2:18.35	36.02	400m:	4:43.86	35.78	600m:	7:08.81 35.92	800m:	9:31.17 34.20

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 27, Masc., 800m Livres, Juvenis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts					
	3.	Tiago Filipe Campos	99	Viver Santarem	9:32.51		492					
50m:	32.29	32.29	250m:	2:56.31	36.56	450m:	5:22.95	37.01	650m:	7:49.11	36.03	
100m:	1:07.67	35.38	300m:	3:32.68	36.37	500m:	5:59.58	36.63	700m:	8:24.82	35.71	
150m:	1:43.64	35.97	350m:	4:09.12	36.44	550m:	6:36.40	36.82	750m:	8:59.69	34.87	
200m:	2:19.75	36.11	400m:	4:45.94	36.82	600m:	7:13.08	36.68	800m:	9:32.51	32.82	
	4.	Goncalo Faria Saldida	99	Gualdim Pais	9:45.77		459					
50m:	33.24	33.24	250m:	3:01.02	37.25	450m:	5:28.05	36.64	650m:	7:57.59	37.92	
100m:	1:09.78	36.54	300m:	3:38.09	37.07	500m:	6:05.23	37.18	700m:	8:34.94	37.35	
150m:	1:46.57	36.79	350m:	4:14.88	36.79	550m:	6:42.05	36.82	750m:	9:11.39	36.45	
200m:	2:23.77	37.20	400m:	4:51.41	36.53	600m:	7:19.67	37.62	800m:	9:45.77	34.38	
	5.	Afonso Guilherme Rosa	99	Gualdim Pais	10:03.83		419					
50m:	33.66	33.66	250m:	3:02.71	37.38	450m:	5:33.04	36.64	650m:	8:08.66	38.39	
100m:	1:10.82	37.16	300m:	3:40.17	37.46	500m:	6:12.20	39.16	700m:	8:47.71	39.05	
150m:	1:47.94	37.12	350m:	4:17.90	37.73	550m:	6:50.88	38.68	750m:	9:25.95	38.24	
200m:	2:25.33	37.39	400m:	4:56.40	38.50	600m:	7:30.27	39.39	800m:	10:03.83	37.88	
	6.	Tomas Jose Agostinho	99	BUZIOS-Coruche	10:07.97		411					
50m:	34.02	34.02	250m:	3:06.38	37.90	450m:	5:39.97	38.72	650m:	8:15.46	39.01	
100m:	1:11.92	37.90	300m:	3:44.34	37.96	500m:	6:18.59	38.62	700m:	8:54.18	38.72	
150m:	1:50.14	38.22	350m:	4:22.73	38.39	550m:	6:57.53	38.94	750m:	9:32.70	38.52	
200m:	2:28.48	38.34	400m:	5:01.25	38.52	600m:	7:36.45	38.92	800m:	10:07.97	35.27	
	7.	Pedro Pereira Lopes	99	BUZIOS-Coruche	10:14.50		398					
50m:	33.04	33.04	250m:	3:07.62	39.62	450m:	5:47.52	39.90	650m:	8:23.41	37.66	
100m:	1:10.01	36.97	300m:	3:47.36	39.74	500m:	6:27.40	39.88	700m:	9:01.55	38.14	
150m:	1:48.57	38.56	350m:	4:27.33	39.97	550m:	7:05.89	38.49	750m:	9:39.16	37.61	
200m:	2:28.00	39.43	400m:	5:07.62	40.29	600m:	7:45.75	39.86	800m:	10:14.50	35.34	
	8.	Samuel Batista Agostinho	98	Rio Maior	10:19.96		387					
50m:	33.83	33.83	250m:	3:08.74	39.43	450m:	5:47.44	39.57	650m:	8:24.64	38.56	
100m:	1:11.06	37.23	300m:	3:47.91	39.17	500m:	6:27.47	40.03	700m:	9:03.64	39.00	
150m:	1:50.05	38.99	350m:	4:27.86	39.95	550m:	7:07.18	39.71	750m:	9:42.46	38.82	
200m:	2:29.31	39.26	400m:	5:07.87	40.01	600m:	7:46.08	38.90	800m:	10:19.96	37.50	
	9.	Joao Ferreira Santos	98	Torres Novas	10:27.63		373					
50m:	33.62	33.62	250m:	3:10.25	40.18	450m:	5:50.96	40.46	650m:	8:32.19	40.23	
100m:	1:11.60	37.98	300m:	3:49.97	39.72	500m:	6:31.18	40.22	700m:	9:11.61	39.42	
150m:	1:50.58	38.98	350m:	4:30.39	40.42	550m:	7:11.88	40.70	750m:	9:51.03	39.42	
200m:	2:30.07	39.49	400m:	5:10.50	40.11	600m:	7:51.96	40.08	800m:	10:27.63	36.60	
	10.	Bernardo Fernandes Aguiar	99	20Km de Almeirim	10:37.28		357					
50m:	34.04	34.04	250m:	3:08.20	40.05	450m:	5:46.50	40.40	650m:	8:32.69	42.50	
100m:	1:10.86	36.82	300m:	3:47.83	39.63	500m:	6:26.92	40.42	700m:	9:14.32	41.63	
150m:	1:48.93	38.07	350m:	4:27.85	40.02	550m:	7:08.62	41.70	750m:	9:56.33	42.01	
200m:	2:28.15	39.22	400m:	5:06.10	38.25	600m:	7:50.19	41.57	800m:	10:37.28	40.95	
	11.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	10:46.34		342					
<i>FTL</i>												
50m:	33.58	33.58	250m:	3:13.01	40.37	450m:	5:57.32	41.42	650m:	8:43.10	42.00	
100m:	1:12.16	38.58	300m:	3:53.74	40.73	500m:	6:38.76	41.44	700m:	9:25.19	42.09	
150m:	1:52.22	40.06	350m:	4:34.45	40.71	550m:	7:19.62	40.86	750m:	10:06.76	41.57	
200m:	2:32.64	40.42	400m:	5:15.90	41.45	600m:	8:01.10	41.48	800m:	10:46.34	39.58	
	12.	Jose Nuno Sousa	99	CLAC-Entroncamento	10:52.04		333					
50m:	34.46	34.46	250m:	3:13.60	41.45	450m:	6:01.72	42.35	650m:	8:50.53	42.60	
100m:	1:12.06	37.60	300m:	3:55.16	41.56	500m:	6:43.16	41.44	700m:	9:32.48	41.95	
150m:	1:51.77	39.71	350m:	4:37.11	41.95	550m:	7:25.47	42.31	750m:	10:13.32	40.84	
200m:	2:32.15	40.38	400m:	5:19.37	42.26	600m:	8:07.93	42.46	800m:	10:52.04	38.72	

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 27, Masc., 800m Livres

Prova 27

06-07-2014 - 9:30

Masc., 800m Livres

Infantis
Resultados

INF-A MAS Inf A: 11:27.00 / INF-B MAS Inf B: 12:02.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Rui Jorge Lopes	00	CLAC-Entroncamento	9:41.24		470				
50m:	33.05	33.05	250m:	3:00.46	37.35	450m:	5:30.01	36.78	650m:	7:56.30	35.54
100m:	1:08.60	35.55	300m:	3:38.16	37.70	500m:	6:06.79	36.78	700m:	8:33.49	37.19
150m:	1:45.97	37.37	350m:	4:15.70	37.54	550m:	6:43.71	36.92	750m:	9:06.90	33.41
200m:	2:23.11	37.14	400m:	4:53.23	37.53	600m:	7:20.76	37.05	800m:	9:41.24	34.34
	2.	Joao Jose Calado	01	Nautico Abrantes	9:42.88		466				
50m:	31.84	31.84	250m:	2:58.58	37.10	450m:	5:27.97	37.34	650m:	7:56.03	37.65
100m:	1:07.50	35.66	300m:	3:35.46	36.88	500m:	6:05.12	37.15	700m:	8:32.33	36.30
150m:	1:44.46	36.96	350m:	4:13.02	37.56	550m:	6:42.64	37.52	750m:	9:08.46	36.13
200m:	2:21.48	37.02	400m:	4:50.63	37.61	600m:	7:18.38	35.74	800m:	9:42.88	34.42
	3.	Filipe Asseiceira Ramos	00	Torres Novas	9:47.77		455				
50m:	32.67	32.67	250m:	2:58.74	37.13	450m:	5:28.80	37.23	650m:	7:58.70	37.47
100m:	1:08.30	35.63	300m:	3:36.36	37.62	500m:	6:06.28	37.48	700m:	8:36.04	37.34
150m:	1:44.99	36.69	350m:	4:14.22	37.86	550m:	6:43.74	37.46	800m:	9:47.77	1:11.73
200m:	2:21.61	36.62	400m:	4:51.57	37.35	600m:	7:21.23	37.49			
	4.	Diogo Franco Martins	01	20Km de Almeirim	9:59.88		428				
50m:	34.28	34.28	250m:	3:03.53	37.47	450m:	5:36.46	38.34	650m:	8:07.47	37.26
100m:	1:11.35	37.07	300m:	3:41.32	37.79	500m:	6:13.98	37.52	700m:	8:45.22	37.75
150m:	1:48.96	37.61	350m:	4:19.18	37.86	550m:	6:52.08	38.10	750m:	9:23.01	37.79
200m:	2:26.06	37.10	400m:	4:58.12	38.94	600m:	7:30.21	38.13	800m:	9:59.88	36.87
	5.	Joao Nazario Carvalho	00	Torres Novas	10:27.55		373				
50m:	34.62	34.62	250m:	3:14.75	40.22	450m:	5:57.33	41.02	650m:	8:37.84	39.56
100m:	1:13.06	38.44	300m:	3:55.24	40.49	500m:	6:37.85	40.52	700m:	9:17.93	40.09
150m:	1:54.33	41.27	350m:	4:35.79	40.55	550m:	7:17.70	39.85	750m:	9:54.08	36.15
200m:	2:34.53	40.20	400m:	5:16.31	40.52	600m:	7:58.28	40.58	800m:	10:27.55	33.47
	6.	Afonso Maria Teodoro	01	Viver Santarem	10:28.33		372				
50m:	32.23	32.23	250m:	3:06.28	41.81	450m:	5:49.54	40.96	650m:	8:32.13	41.26
100m:	1:07.87	35.64	300m:	3:46.82	40.54	500m:	6:31.32	41.78	700m:	9:12.24	40.11
150m:	1:45.99	38.12	350m:	4:27.66	40.84	550m:	7:10.65	39.33	750m:	9:51.28	39.04
200m:	2:24.47	38.48	400m:	5:08.58	40.92	600m:	7:50.87	40.22	800m:	10:28.33	37.05
	7.	Miguel Serrao Santos	00	Viver Santarem	10:40.18		352				
50m:	35.71	35.71	250m:	3:17.76	39.91	450m:	5:59.99	38.75	650m:	8:47.00	42.43
100m:	1:16.02	40.31	300m:	3:59.00	41.24	500m:	6:42.34	42.35	700m:	9:27.16	40.16
150m:	1:56.92	40.90	350m:	4:40.58	41.58	550m:	7:23.97	41.63	750m:	10:06.15	38.99
200m:	2:37.85	40.93	400m:	5:21.24	40.66	600m:	8:04.57	40.60	800m:	10:40.18	34.03
	8.	Afonso Pinhal Canto	01	20Km de Almeirim	10:48.72		338				
50m:	35.31	35.31	250m:	3:19.19	41.62	450m:	6:04.69	41.33	650m:	8:49.41	40.88
100m:	1:15.13	39.82	300m:	4:00.71	41.52	500m:	6:45.89	41.20	700m:	9:30.11	40.70
150m:	1:56.50	41.37	350m:	4:42.34	41.63	550m:	7:27.11	41.22	750m:	10:10.12	40.01
200m:	2:37.57	41.07	400m:	5:23.36	41.02	600m:	8:08.53	41.42	800m:	10:48.72	38.60
	9.	David Antunes Santos	00	CLAC-Entroncamento	10:50.52		335				
50m:	35.52	35.52	250m:	3:18.59	41.53	450m:	6:04.19	41.62	650m:	8:50.33	41.13
100m:	1:14.55	39.03	300m:	4:00.04	41.45	500m:	6:45.84	41.65	700m:	9:31.62	41.29
150m:	1:55.76	41.21	350m:	4:41.14	41.10	550m:	7:27.38	41.54	750m:	10:11.90	40.28
200m:	2:37.06	41.30	400m:	5:22.57	41.43	600m:	8:09.20	41.82	800m:	10:50.52	38.62
	10.	Francisco Inacio Rodrigues	00	Viver Santarem	11:16.57		298				
50m:	37.76	37.76	250m:	3:26.06	41.77	450m:	6:15.05	41.69	650m:	9:07.68	42.98
100m:	1:18.70	40.94	300m:	4:08.73	42.67	500m:	6:57.85	42.80	700m:	9:51.72	44.04
150m:	2:00.50	41.80	350m:	4:50.39	41.66	550m:	7:40.98	43.13	750m:	10:34.84	43.12
200m:	2:44.29	43.79	400m:	5:33.36	42.97	600m:	8:24.70	43.72	800m:	11:16.57	41.73
	11.	Alexandre Ferreira Ribeiro	01	Rio Maior	11:55.78		252				
50m:	36.80	36.80	250m:	3:32.09	45.36	450m:	6:37.14	46.26	650m:	9:42.26	45.49
100m:	1:18.51	41.71	300m:	4:18.21	46.12	500m:	7:24.19	47.05	700m:	10:27.63	45.37
150m:	2:02.89	44.38	350m:	5:03.99	45.78	550m:	8:10.32	46.13	750m:	11:12.11	44.48
200m:	2:46.73	43.84	400m:	5:50.88	46.89	600m:	8:56.77	46.45	800m:	11:55.78	43.67

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 28 Femin., 400m Livres Absolutos
06-07-2014 - 10:20 Resultados

ABS FEM : 5:39.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Marta Filipa Vinagre	95	CLAC-Entroncamento	4:57.51		519
100m:	1:08.67	1:08.67	200m:	2:23.82	1:15.15	300m:	3:41.26 1:17.44
400m:	4:57.51	1:16.25					
	2.	Ana Carolina Gomes	97	Cartaxo	5:05.23		480
100m:	1:12.72	1:12.72	200m:	2:31.36	1:18.64	300m:	3:49.54 1:18.18
400m:	5:05.23	1:15.69					
	3.	Raquel Sofia Jorge	98	Salvaterra de Magos	5:08.22		467
100m:	1:11.50	1:11.50	200m:	2:29.67	1:18.17	300m:	3:49.67 1:20.00
400m:	5:08.22	1:18.55					
	4.	Ana Claudia Santo	97	Cartaxo	5:14.27		440
50m:	34.14	34.14	150m:	1:51.18	39.39	250m:	3:12.45 41.42
100m:	1:11.79	37.65	200m:	2:31.03	39.85	300m:	3:53.36 40.91
400m:	5:14.27	1:20.91					
	5.	Filipa Robert Rente	96	Gualdim Pais	5:25.64		396
50m:	34.99	34.99	150m:	1:54.36	40.79	250m:	3:17.97 42.50
100m:	1:13.57	38.58	200m:	2:35.47	41.11	300m:	4:00.64 42.67
350m:	4:43.85	43.21	400m:	5:25.64	41.79		
	6.	Tatiana Lima Silva	96	Natacao do Tejo	5:35.84		361
50m:	36.21	36.21	150m:	1:59.92	42.72	250m:	3:26.70 43.55
100m:	1:17.20	40.99	200m:	2:43.15	43.23	300m:	4:10.62 43.92
350m:	4:53.38	42.76	400m:	5:35.84	42.46		

Prova 28 Femin., 400m Livres Juvenis
06-07-2014 - 10:20 Resultados

JUV-A FEM 15: 5:41.00 / JUV-B FEM Juv: 5:46.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Beatriz Dias	99	Viver Santarem	4:50.31		559
100m:	1:09.08	1:09.08	200m:	2:22.25	1:13.17	300m:	3:36.64 1:14.39
400m:	4:50.31	1:13.67					
	2.	Patricia Palmeiro Baeta	00	Viver Santarem	4:53.51		540
100m:	1:10.07	1:10.07	200m:	2:25.32	1:15.25	300m:	3:40.23 1:14.91
400m:	4:53.51	1:13.28					
	3.	Mariana Soares Martinho	99	20Km de Almeirim	4:54.46		535
100m:	1:10.23	1:10.23	200m:	2:25.20	1:14.97	300m:	3:41.22 1:16.02
400m:	4:54.46	1:13.24					
	4.	Ana Margarida Salgueiro	99	Nautico Abrantes	4:58.93		512
100m:	1:11.37	1:11.37	200m:	2:27.69	1:16.32	300m:	3:44.12 1:16.43
400m:	4:58.93	1:14.81					
	5.	Joana Sofia Amado	99	Cartaxo	5:03.94		487
50m:	35.07	35.07	150m:	1:51.09	38.32	250m:	3:07.99 38.25
100m:	1:12.77	37.70	200m:	2:29.74	38.65	300m:	3:47.19 39.20
350m:	4:26.30	39.11	400m:	5:03.94	37.64		
	6.	Maria Beatriz Lopes	00	Rio Maior	5:08.65		465
50m:	34.99	34.99	150m:	1:52.06	38.85	250m:	3:10.39 39.30
100m:	1:13.21	38.22	200m:	2:31.09	39.03	300m:	3:50.04 39.65
350m:	4:29.75	39.71	400m:	5:08.65	38.90		
	7.	Mariana Nunes Domingos	00	20Km de Almeirim	5:14.37		440
50m:	34.64	34.64	150m:	1:53.79	40.17	250m:	3:15.17 40.47
100m:	1:13.62	38.98	200m:	2:34.70	40.91	300m:	3:56.24 41.07
350m:	4:36.13	39.89	400m:	5:14.37	38.24		
	8.	Mariana Narciso Fidalgo	99	20Km de Almeirim	5:18.29		424
50m:	36.23	36.23	150m:	1:57.21	41.10	250m:	3:18.43 40.85
100m:	1:16.11	39.88	200m:	2:37.58	40.37	300m:	3:59.27 40.84
350m:	4:39.56	40.29	400m:	5:18.29	38.73		
	9.	Ana Catarina Santos	00	Uniao Samorense	5:19.76		418
50m:	35.20	35.20	150m:	1:54.91	40.58	250m:	3:17.51 41.60
100m:	1:14.33	39.13	200m:	2:35.91	41.00	300m:	3:59.35 41.84
350m:	4:40.69	41.34	400m:	5:19.76	39.07		
	10.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	5:20.35		416
50m:	36.10	36.10	150m:	1:57.73	40.98	250m:	3:19.50 40.67
100m:	1:16.75	40.65	200m:	2:38.83	41.10	300m:	4:01.22 41.72
350m:	4:42.11	40.89	400m:	5:20.35	38.24		

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 28, Femin., 400m Livres, Juvenis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	11.	Maria Beatriz Leal	99	Rio Maior	5:26.07		394				
50m:	34.83	34.83	150m:	1:55.59	42.04	250m:	3:18.07	40.81	350m:	4:45.43	43.42
100m:	1:13.55	38.72	200m:	2:37.26	41.67	300m:	4:02.01	43.94	400m:	5:26.07	40.64
	12.	Sarah Dias	99	CLAC-Entroncamento	5:28.39		386				
50m:	35.09	35.09	150m:	1:56.34	41.65	250m:	3:21.43	42.49	400m:	5:28.39	1:24.42
100m:	1:14.69	39.60	200m:	2:38.94	42.60	300m:	4:03.97	42.54			
	13.	Marta Isabel Silva	00	Viver Santarem	5:32.61		371				
50m:	36.47	36.47	150m:	1:59.86	42.76	250m:	3:26.51	43.20	350m:	4:51.33	41.59
100m:	1:17.10	40.63	200m:	2:43.31	43.45	300m:	4:09.74	43.23	400m:	5:32.61	41.28
	14.	Ines Isabel Graca	00	Gualdim Pais	5:36.21		359				
50m:	36.73	36.73	150m:	2:02.28	43.37	250m:	3:28.94	43.44	350m:	4:55.71	43.61
100m:	1:18.91	42.18	200m:	2:45.50	43.22	300m:	4:12.10	43.16	400m:	5:36.21	40.50

Prova 28

06-07-2014 - 10:20

Femin., 400m Livres

Infantis
Resultados

INF-A FEM Inf A: 6:11.00 / INF-B FEM Inf B: 6:26.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts				
	1.	Rita Sousa Oliveira	01	Torres Novas	5:11.61		452				
100m:	1:14.43	1:14.43	200m:	2:35.78	1:21.35	300m:	3:54.40	1:18.62	400m:	5:11.61	1:17.21
	2.	Beatriz Ribeiro Simoes	01	Torres Novas	5:16.26		432				
50m:	35.71	35.71	150m:	1:56.79	40.95	250m:	3:17.57	39.95	350m:	4:38.18	39.83
100m:	1:15.84	40.13	200m:	2:37.62	40.83	300m:	3:58.35	40.78	400m:	5:16.26	38.08
	3.	Filipa Cardigo Fitas	02	20Km de Almeirim	5:16.98		429				
50m:	34.59	34.59	150m:	1:55.08	41.35	250m:	3:16.62	40.34	350m:	4:38.17	40.58
100m:	1:13.73	39.14	200m:	2:36.28	41.20	300m:	3:57.59	40.97	400m:	5:16.98	38.81
	4.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	5:17.64		426				
50m:	35.50	35.50	150m:	1:55.24	39.59	250m:	3:17.88	40.73	350m:	4:39.13	40.19
100m:	1:15.65	40.15	200m:	2:37.15	41.91	300m:	3:58.94	41.06	400m:	5:17.64	38.51
	5.	Ines Cambe Cunha	02	Torres Novas	5:22.45		407				
50m:	36.09	36.09	150m:	1:57.39	41.33	250m:	3:19.73	40.99	350m:	4:42.63	40.90
100m:	1:16.06	39.97	200m:	2:38.74	41.35	300m:	4:01.73	42.00	400m:	5:22.45	39.82
	6.	Carolina Guerra Pisco	02	20Km de Almeirim	5:22.72		406				
50m:	35.93	35.93	150m:	1:57.06	40.79	250m:	3:20.01	41.53	350m:	4:42.79	41.34
100m:	1:16.27	40.34	200m:	2:38.48	41.42	300m:	4:01.45	41.44	400m:	5:22.72	39.93
	7.	Constanca Isabel Jose	01	Gualdim Pais	5:23.10		405				
50m:	35.62	35.62	150m:	1:56.78	41.21	250m:	3:20.30	42.58	350m:	4:43.65	41.08
100m:	1:15.57	39.95	200m:	2:37.72	40.94	300m:	4:02.57	42.27	400m:	5:23.10	39.45
	8.	Carolina Luis Amaral	01	BUZIOS-Coruche	5:26.94		391				
50m:	35.74	35.74	150m:	1:57.42	41.31	250m:	3:21.40	41.81	350m:	4:46.00	42.00
100m:	1:16.11	40.37	200m:	2:39.59	42.17	300m:	4:04.00	42.60	400m:	5:26.94	40.94
	9.	Ana Beatriz Rodrigues	02	Rio Maior	5:33.28		369				
50m:	35.54	35.54	200m:	2:39.16	1:24.04	300m:	4:08.16	44.29	400m:	5:33.28	41.87
100m:	1:15.12	39.58	250m:	3:23.87	44.71	350m:	4:51.41	43.25			
	10.	Margarida Felicidade Baptista	02	Viver Santarem	5:41.06		344				
50m:	37.74	37.74	150m:	2:03.07	43.21	250m:	3:30.83	44.26	350m:	4:59.00	44.02
100m:	1:19.86	42.12	200m:	2:46.57	43.50	300m:	4:14.98	44.15	400m:	5:41.06	42.06
	11.	Mariana Tome Fidalgo	01	Viver Santarem	5:46.44		328				
50m:	36.81	36.81	150m:	2:04.59	45.39	250m:	3:36.07	45.73	350m:	5:05.05	44.66
100m:	1:19.20	42.39	200m:	2:50.34	45.75	300m:	4:20.39	44.32	400m:	5:46.44	41.39
	12.	Rita Daniela Lopes	01	Gualdim Pais	5:46.63		328				
50m:	37.33	37.33	150m:	2:05.43	45.28	250m:	3:36.35	46.40	350m:	5:05.42	44.61
100m:	1:20.15	42.82	200m:	2:49.95	44.52	300m:	4:20.81	44.46	400m:	5:46.63	41.21

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 28, Femin., 400m Livres, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts			
	13.	Maria Francisca Torcato	01	20Km de Almeirim	5:48.71		322			
100m:	1:21.55	1:21.55	200m:	2:52.23	1:30.68	300m:	4:23.64 1:31.41	400m:	5:48.71	1:25.07
	14.	Beatriz Santos Reis	01	Torres Novas	5:48.87		322			
50m:	37.26	37.26	150m:	2:04.26	44.59	250m:	3:34.46 45.14	350m:	5:05.05	44.85
100m:	1:19.67	42.41	200m:	2:49.32	45.06	300m:	4:20.20 45.74	400m:	5:48.87	43.82
	15.	Andreia Sofia Alves	02	Torres Novas	6:03.09		285			
50m:	40.19	40.19	150m:	2:11.69	47.19	300m:	4:33.32 1:34.81	400m:	6:03.09	43.29
100m:	1:24.50	44.31	200m:	2:58.51	46.82	350m:	5:19.80 46.48			
	16.	Carolina Lopes Vieira	02	Gualdim Pais	6:09.92		270			
50m:	40.48	40.48	150m:	2:14.30	47.90	250m:	3:49.90 48.27	350m:	5:25.27	47.58
100m:	1:26.40	45.92	200m:	3:01.63	47.33	300m:	4:37.69 47.79	400m:	6:09.92	44.65

Prova 29
06-07-2014 - 10:50

Masc., 200m Bruços

Absolutos
Resultados

JUN MAS Jun: 3:10.50 / SEN MAS Sen: 3:08.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts			
	1.	Guilherme Antonio Reis	96	Torres Novas	2:42.86		477			
50m:	38.26	38.26	100m:	1:18.64	40.38	150m:	2:01.60 42.96	200m:	2:42.86	41.26
	2.	Joao Manuel Ferreira	92	CLAC-Entroncamento	2:45.13		458			
50m:	36.28	36.28	100m:	1:18.49	42.21	150m:	2:03.00 44.51	200m:	2:45.13	42.13
	3.	Artur Rafael Saramago	97	BUZIOS-Coruche	2:50.20		418			
50m:	39.34	39.34	100m:	1:23.20	43.86	150m:	2:07.47 44.27	200m:	2:50.20	42.73

Prova 29
06-07-2014 - 10:50

Masc., 200m Bruços

Juvenis
Resultados

JUV-A MAS Juv A: 3:16.50 / JUV-B MAS Juv B: 3:20.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts			
	1.	Miguel Carrico Cruz	99	20Km de Almeirim	2:40.96		494			
50m:	35.75	35.75	100m:	1:16.37	40.62	150m:	1:58.49 42.12	200m:	2:40.96	42.47
	2.	Bernardo Jose Dionisio	99	Gualdim Pais	2:42.09		484			
50m:	35.81	35.81	100m:	1:17.01	41.20	150m:	1:59.31 42.30	200m:	2:42.09	42.78
	3.	Dario Fausto Matias	98	Torres Novas	2:55.51		381			
50m:	40.94	40.94	100m:	1:26.80	45.86	150m:	2:12.02 45.22	200m:	2:55.51	43.49
	4.	Joao Ferreira Santos	98	Torres Novas	3:04.21		330			
50m:	42.50	42.50	100m:	1:29.71	47.21	150m:	2:17.63 47.92	200m:	3:04.21	46.58
	5.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	3:05.82		321			
100m:	1:31.62	1:31.62	200m:	3:05.82	1:34.20					
	6.	Joao Fernando Bento	99	Uniao Samorense	3:13.34		285			
50m:	41.50	41.50	100m:	1:30.60	49.10	150m:	2:22.08 51.48	200m:	3:13.34	51.26
	DSQ	Joao Paulo Lopes	98	Torres Novas						
<i>o nadador efectou uma pernada golfinho antes de iniciar a braçada subaquatica na viragem dos 50m, 100 e 150m</i>										
	DNS	Andre Diogo Olivenca	98	Viver Santarem						

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 29, Masc., 200m Bruços

Prova 29 Masc., 200m Bruços Infantil
06-07-2014 - 10:50 Resultados

INF-A MAS Inf A: 3:30.00 / INF-B MAS Inf B: 3:40.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	1.	Miguel Goncalves Frade	00	Torres Novas	2:50.28		417	
50m:	38.61	38.61	100m: 1:21.00	42.39	150m: 2:05.41	44.41	200m: 2:50.28	44.87
	2.	Jose Carlos Burecas	00	BUZIOS-Coruche	2:58.18		364	
50m:	40.77	40.77	100m: 1:26.25	45.48	150m: 2:12.45	46.20	200m: 2:58.18	45.73
	3.	Joao Diogo Lopes	01	Viver Santarem	3:01.16		347	
50m:	40.09	40.09	100m: 1:27.11	47.02	150m: 2:14.60	47.49	200m: 3:01.16	46.56
	4.	Joao Jose Calado	01	Nautico Abrantes	3:03.66		333	
50m:	42.01	42.01	100m: 1:29.71	47.70	150m: 2:17.19	47.48	200m: 3:03.66	46.47
	5.	Filipe Asseiceira Ramos	00	Torres Novas	3:04.09		330	
50m:	43.12	43.12	100m: 1:31.14	48.02	150m: 2:18.91	47.77	200m: 3:04.09	45.18
	6.	Diogo Teixeira Mendes	01	Viver Santarem	3:13.01		286	
50m:	44.20	44.20	100m: 1:34.01	49.81	150m: 2:23.75	49.74	200m: 3:13.01	49.26
	7.	Henrique Miguel Cruz	00	Torres Novas	3:13.77		283	
100m:	1:32.98	1:32.98	200m: 3:13.77	1:40.79				
	8.	Ricardo Luis Leal	01	CLAC-Entroncamento	3:18.83		262	
100m:	1:35.88	1:35.88	200m: 3:18.83	1:42.95				
	9.	David Jose Carpinteiro	00	Natacao do Tejo	3:25.60		237	
100m:	1:38.48	1:38.48	200m: 3:25.60	1:47.12				
	10.	Daniel Filipe Oliveira	01	Natacao do Tejo	3:40.10		193	
100m:	1:43.70	1:43.70	200m: 3:40.10	1:56.40				
	DSQ	Pedro Manuel Lopes	01	Torres Novas				
		<i>na viaragem dos 50m o nadador efectuou toque não simultaneo</i>						
	DNS	Diogo Miguel Castro	00	CLAC-Entroncamento				

Prova 30 Femin., 200m Bruços Absolutos
06-07-2014 - 11:05 Resultados

ABS FEM : 3:24.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	1.	Maria Madalena Silva	98	Nautico Abrantes	2:48.68		573	
50m:	39.51	39.51	100m: 1:21.50	41.99	150m: 2:06.33	44.83	200m: 2:48.68	42.35
	2.	Rute Isabel Leonardo	98	Nautico Abrantes	2:56.73		498	
50m:	39.84	39.84	100m: 1:24.70	44.86	150m: 2:12.10	47.40	200m: 2:56.73	44.63
	3.	Catarina Goncalves Trezentos	98	Gualdim Pais	3:02.48		452	
50m:	41.20	41.20	100m: 1:28.05	46.85	150m: 2:15.39	47.34	200m: 3:02.48	47.09
	4.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	3:05.37		431	
50m:	42.64	42.64	100m: 1:29.00	46.36	150m: 2:18.06	49.06	200m: 3:05.37	47.31
	5.	Ines Maria Ribeiro	94	CLAC-Entroncamento	3:20.76		339	
50m:	45.56	45.56	100m: 1:36.20	50.64	150m: 2:29.82	53.62	200m: 3:20.76	50.94

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 30, Femin., 200m Bruços

Prova 30 Femin., 200m Bruços Juvenis
06-07-2014 - 11:05 Resultados

JUV-A FEM 15: 3:27.50 / JUV-B FEM Juv: 3:30.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	1.	Ana Margarida Salgueiro	99	Nautico Abrantes	2:57.95		488	
50m:	40.03	40.03	100m: 1:25.47	45.44	150m: 2:12.14	46.67	200m: 2:57.95	45.81
	2.	Carolina Felicidade Batista	99	Viver Santarem	3:05.56		430	
50m:	41.81	41.81	100m: 1:27.75	45.94	150m: 2:17.03	49.28	200m: 3:05.56	48.53
	3.	Maria Beatriz Diogo	99	Nautico Abrantes	3:11.31		392	
50m:	44.06	44.06	100m: 1:32.75	48.69	150m: 2:23.12	50.37	200m: 3:11.31	48.19
	4.	Mariana Nunes Domingos	00	20Km de Almeirim	3:18.81		350	
50m:	44.82	44.82	100m: 1:35.52	50.70	150m: 2:27.38	51.86	200m: 3:18.81	51.43
	5.	Sofia Alexandra Picao	99	CLAC-Entroncamento	3:20.45		341	
50m:	44.61	44.61	100m: 1:35.32	50.71	150m: 2:28.77	53.45	200m: 3:20.45	51.68
	6.	Ana Torres Ferreira	99	Nautico Abrantes	3:24.34		322	
50m:	45.11	45.11	100m: 1:36.96	51.85	150m: 2:31.39	54.43	200m: 3:24.34	52.95
	7.	Barbara Sofia Claro	00	BUZIOS-Coruche	3:34.92		277	
	<i>FTL</i>							
50m:	48.98	48.98	100m: 1:42.91	53.93	150m: 2:40.37	57.46	200m: 3:34.92	54.55

Prova 30 Femin., 200m Bruços Infantis
06-07-2014 - 11:05 Resultados

INF-A FEM Inf A: 3:50.00 / INF-B FEM Inf B: 3:55.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	1.	Ines Ferreira Duarte	01	Nautico Abrantes	3:04.02		441	
50m:	41.08	41.08	100m: 1:27.19	46.11	150m: 2:16.20	49.01	200m: 3:04.02	47.82
	2.	Carolina Marques Neves	01	Torres Novas	3:04.26		439	
50m:	42.08	42.08	100m: 1:28.38	46.30	150m: 2:16.32	47.94	200m: 3:04.26	47.94
	3.	Mafalda Gilberto Marques	01	Natacao do Tejo	3:11.45		392	
50m:	42.70	42.70	100m: 1:31.15	48.45	150m: 2:22.41	51.26	200m: 3:11.45	49.04
	4.	Catia Jordan Agostinho	02	Rio Maior	3:16.75		361	
50m:	45.12	45.12	100m: 1:35.90	50.78	150m: 2:26.70	50.80	200m: 3:16.75	50.05
	5.	Ana Rita Carvalho	01	Viver Santarem	3:20.73		340	
50m:	45.57	45.57	100m: 1:35.99	50.42	150m: 2:28.32	52.33	200m: 3:20.73	52.41
	6.	Ines Cambe Cunha	02	Torres Novas	3:20.89		339	
50m:	46.99	46.99	100m: 1:37.12	50.13	150m: 2:31.53	54.41	200m: 3:20.89	49.36
	7.	Rita Morgado Vieira	02	Rio Maior	3:21.63		335	
50m:	45.70	45.70	100m: 1:37.01	51.31	150m: 2:29.58	52.57	200m: 3:21.63	52.05
	8.	Laura Batista Agostinho	01	Rio Maior	3:25.85		315	
50m:	48.33	48.33	100m: 1:40.62	52.29	150m: 2:33.63	53.01	200m: 3:25.85	52.22
	9.	Marta Chambel Dias	02	CLAC-Entroncamento	3:26.80		311	
50m:	47.27	47.27	100m: 1:38.35	51.08	150m: 2:35.52	57.17	200m: 3:26.80	51.28
	10.	Beatriz Maria Duarte	02	Nautico Abrantes	3:29.18		300	
50m:	48.75	48.75	100m: 1:41.33	52.58	150m: 2:35.67	54.34	200m: 3:29.18	53.51
	11.	Ana Rita Morais	02	Torres Novas	3:40.57		256	
50m:	52.55	52.55	100m: 1:47.82	55.27	150m: 2:45.66	57.84	200m: 3:40.57	54.91
	12.	Diana Sofia Vital	02	Torres Novas	3:42.90		248	
50m:	53.07	53.07	100m: 1:48.21	55.14	150m: 2:46.80	58.59	200m: 3:42.90	56.10

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 30, Femin., 200m Bruços, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	13.	Beatriz Catarino Moura	02	Nautico Abrantes	3:46.55		236	
50m:	52.19	52.19	100m: 1:49.65	57.46	150m: 2:48.02	58.37	200m: 3:46.55	58.53
	14.	Jessica Andreia Antonio	02	CLAC-Entroncamento	3:49.01		229	
50m:	52.49	52.49	100m: 1:50.66	58.17	150m: 2:51.30	1:00.64	200m: 3:49.01	57.71
	DSQ	Carolina Guerra Pisco	02	20Km de Almeirim	<i>o atleta só tocou com uma mão na parede na viragem dos 50m</i>			
	DNS	Maria Ines Gabriel	02	Viver Santarem				

Prova 31

Masc., 50m Costas

Absolutos

06-07-2014 - 11:25

Resultados

JUN MAS Jun: 35.50 / JUV-A MAS Juv A: 37.50 / JUV-B MAS Juv B: 37.50 / SEN MAS Sen: 35.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Afonso Filipe Gaspar	97	Nautico Abrantes	30.57		486
	2.	Marco Andre Miguel	99	Torres Novas	30.58		485
	3.	Afonso Guilherme Rosa	99	Gualdim Pais	30.63		483
	4.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	30.84		473
	5.	Miguel Martins Barroqueiro	91	CLAC-Entroncamento	31.77		433
	6.	Joao Manuel Ferreira	92	CLAC-Entroncamento	32.33		411
	7.	Tiago Andre Gouveia	90	CLAC-Entroncamento	32.34		410
	8.	Diogo Miguel Balsa	95	BUZIOS-Coruche	32.41		408
	9.	Joao Mauricio Gaspar	97	Nautico Abrantes	33.41		372
	10.	Miguel Carrico Cruz	99	20Km de Almeirim	33.95		355
	11.	Samuel Batista Agostinho	98	Rio Maior	34.19		347
	12.	Pedro Pereira Lopes	99	BUZIOS-Coruche	34.21		347
	13.	Telmo Pedrosa Rocha	98	Uniao Samorense	34.28		344
	14.	Tomas Jose Agostinho	99	BUZIOS-Coruche	34.76		330
	15.	Nuno Miguel Afonso	91	Natacao do Tejo	36.03		297
	FTL						
	DNS	Luis Miguel Monteiro	99	Cartaxo			

Prova 31

Masc., 50m Costas

Seniores

06-07-2014 - 11:25

Resultados

SEN MAS : 35.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Miguel Martins Barroqueiro	91	CLAC-Entroncamento	31.77		433
	2.	Joao Manuel Ferreira	92	CLAC-Entroncamento	32.33		411
	3.	Tiago Andre Gouveia	90	CLAC-Entroncamento	32.34		410
	4.	Diogo Miguel Balsa	95	BUZIOS-Coruche	32.41		408
	5.	Nuno Miguel Afonso	91	Natacao do Tejo	36.03		297
	FTL						

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 31, Masc., 50m Costas

Prova 31 Masc., 50m Costas Juniores
06-07-2014 - 11:25 Resultados

JUN MAS : 35.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Afonso Filipe Gaspar	97	Nautico Abrantes	30.57		486
	2.	Joao Mauricio Gaspar	97	Nautico Abrantes	33.41		372

Prova 32 Femin., 50m Costas Absolutos
06-07-2014 - 11:30 Resultados

ABS FEM 16 +: 41.00 / JUV-A FEM 15: 40.50 / JUV-B FEM Juv: 41.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Madalena Silva	98	Nautico Abrantes	32.73		565
	2.	Marta Filipa Vinagre	95	CLAC-Entroncamento	33.48		527
	3.	Maria Beatriz Lopes	00	Rio Maior	34.69		474
	4.	Sarah Dias	99	CLAC-Entroncamento	35.12		457
	5.	Maria Beatriz Diogo	99	Nautico Abrantes	35.48		443
	6.	Soraya Dea Matias	95	Torres Novas	35.85		430
	7.	Daniela Sofia Serra	98	CLAC-Entroncamento	36.16		419
	8.	Lara Alexandra Delgado	00	Torres Novas	36.54		406
	9.	Ines Isabel Graca	00	Gualdim Pais	36.72		400
	10.	Ana Catarina Santos	00	Uniao Samorense	36.86		395
	11.	Patricia Silva Conceicao	99	Nautico Abrantes	37.05		389
	12.	Patricia Simoes Jorge	97	Salvaterra de Magos	37.69		370
	13.	Raquel Sofia Jorge	98	Salvaterra de Magos	38.16		356
	14.	Maria Matilde Santana	98	Torres Novas	38.21		355
	15.	Carolina Miguel Marques	99	Natacao do Tejo	38.74		340
	16.	Ana Torres Ferreira	99	Nautico Abrantes	38.86		337
	17.	Joana Costa Bernardino	00	CLAC-Entroncamento	38.96		335
	DNS	Sofia Isabel Mendes	97	Salvaterra de Magos			

Prova 32 Femin., 50m Costas Juniores
06-07-2014 - 11:30 Resultados

ABS FEM 16 +: 41.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Madalena Silva	98	Nautico Abrantes	32.73		565
	2.	Daniela Sofia Serra	98	CLAC-Entroncamento	36.16		419
	3.	Patricia Simoes Jorge	97	Salvaterra de Magos	37.69		370
	4.	Raquel Sofia Jorge	98	Salvaterra de Magos	38.16		356
	5.	Maria Matilde Santana	98	Torres Novas	38.21		355
	DNS	Sofia Isabel Mendes	97	Salvaterra de Magos			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 32, Femin., 50m Costas

Prova 32 Femin., 50m Costas Seniores
06-07-2014 - 11:30 Resultados

ABS FEM 16 +: 41.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Marta Filipa Vinagre	95	CLAC-Entroncamento	33.48		527
	2.	Soraya Dea Matias	95	Torres Novas	35.85		430

Prova 33 Masc., 4 x 50m Estilos Absolutos
06-07-2014 - 11:35 Resultados

JUN MAS Jun: 2:19.50 / JUV-A MAS Juv A: 2:19.50 / JUV-B MAS Juv B: 2:19.50 / SEN MAS Sen: 2:19.50

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts
	1. Torres Novas 1	Torres Novas	1:58.64		488
Marco Andre Miguel	99	30.64	Duarte Brites Policarpo	95 +0,34	27.83
Guilherme Antonio Reis	96	33.17	Joao Paulo Lopes	98	27.00
	2. CLAC-Entroncamento 1	CLAC-Entroncamento	2:01.27		457
Miguel Martins Barroqueiro	91	32.41	Martim Basilio Gil	97 +0,49	29.63
Joao Manuel Ferreira	92	33.58	Tiago Andre Gouveia	90	25.65
	3. Gualdim Pais 1	Gualdim Pais	2:01.53		454
Afonso Guilherme Rosa	99	30.87	Francisco Redol Dias	96 +0,48	29.28
Bernardo Jose Dionisio	99	32.98	Goncalo Faria Saldida	99	28.40

Prova 34 Femin., 4 x 50m Estilos Absolutos
06-07-2014 - 11:40 Resultados

ABS FEM 16 +: 2:36.50 / JUV-A FEM 15: 2:36.50 / JUV-B FEM Juv: 2:36.50

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts
	1. Nautico Abrantes 5	Nautico Abrantes	2:13.38		503
	<i>Recorde Distrital ABS (2.14.44)</i>				
Maria Beatriz Diogo	99	35.23	Maria Madalena Silva	98 +0,51	31.00
Rute Isabel Leonardo	98	36.13	Ana Margarida Salgueiro	99	31.02
	2. CLAC-Entroncamento 1	CLAC-Entroncamento	2:15.63		478
Sarah Dias	99	35.10	Catarina Vilhena Gregorio	96 +0,57	31.77
Sofia Alexandra Picao	99	39.56	Marta Filipa Vinagre	95	29.20
	3. Gualdim Pais 1	Gualdim Pais	2:17.83		456
Ines Isabel Graca	00	36.27	Ana Filipa Parente	98 +0,51	33.21
Catarina Goncalves Trezentos	98	38.26	Filipa Robert Rente	96	30.09
	4. Torres Novas 1	Torres Novas	2:25.10		391
Maria Matilde Santana	98	37.79	Hatira Guseinova	99 +0,76	36.13
Soraya Dea Matias	95	40.01	Lara Alexandra Delgado	00	31.17

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

5 - 5ª SESSÃO

06-07-2014 - 15:30

Prova 35 Masc., 100m Livres Absolutos
06-07-2014 - 15:30 Resultados

JUN MAS Jun: 1:06.00 / SEN MAS Sen: 1:03.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Ivo Andre Lopes	94	Viver Santarem	55.28		611
50m:	26.78	26.78	100m:	55.28	28.50		
	2.	Francisco Redol Dias	96	Gualdim Pais	59.05		501
50m:	28.64	28.64	100m:	59.05	30.41		
	3.	Artur Rafael Saramago	97	BUZIOS-Coruche	59.06		501
50m:	28.48	28.48	100m:	59.06	30.58		
	4.	Diogo Miguel Balsa	95	BUZIOS-Coruche	59.45		491
50m:	28.99	28.99	100m:	59.45	30.46		
	5.	Joao Mauricio Gaspar	97	Nautico Abrantes	59.78		483
50m:	29.18	29.18	100m:	59.78	30.60		
	6.	Tiago Andre Gouveia	90	CLAC-Entroncamento	1:00.94		456
50m:	29.03	29.03	100m:	1:00.94	31.91		
	7.	Guilherme Antonio Reis	96	Torres Novas	1:06.44		351
	<i>FTL</i>						
50m:	30.45	30.45	100m:	1:06.44	35.99		
	8.	Martim Basilio Gil	97	CLAC-Entroncamento	1:09.45		308
	<i>FTL</i>						
50m:	32.66	32.66	100m:	1:09.45	36.79		

Prova 35 Masc., 100m Livres Juvenis
06-07-2014 - 15:30 Resultados

JUV-A MAS Juv A: 1:07.50 / JUV-B MAS Juv B: 1:10.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	57.53		542
50m:	28.11	28.11	100m:	57.53	29.42		
	2.	Bernardo Jose Dionisio	99	Gualdim Pais	57.86		532
50m:	27.90	27.90	100m:	57.86	29.96		
	3.	Miguel Carrico Cruz	99	20Km de Almeirim	58.46		516
50m:	28.41	28.41	100m:	58.46	30.05		
	4.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	58.59		513
50m:	29.00	29.00	100m:	58.59	29.59		
	5.	Joao Paulo Lopes	98	Torres Novas	58.90		505
50m:	28.52	28.52	100m:	58.90	30.38		
	6.	Telmo Pedrosa Rocha	98	Uniao Samorense	1:00.20		473
50m:	28.69	28.69	100m:	1:00.20	31.51		
	7.	Tomas Jose Agostinho	99	BUZIOS-Coruche	1:00.92		456
50m:	29.54	29.54	100m:	1:00.92	31.38		
	8.	Pedro Pereira Lopes	99	BUZIOS-Coruche	1:01.18		450
50m:	29.07	29.07	100m:	1:01.18	32.11		
	9.	Goncalo Faria Saldida	99	Gualdim Pais	1:02.47		423
50m:	30.44	30.44	100m:	1:02.47	32.03		
	10.	Rodrigo Pereira Damasio	99	Salvaterra de Magos	1:02.82		416
50m:	29.56	29.56	100m:	1:02.82	33.26		

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 35, Masc., 100m Livres, Juvenis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	11.	Francisco Jose Pires	98	Uniao Samorense	1:04.66		381
50m:	30.66	30.66	100m:	1:04.66	34.00		
	12.	Joao Tiago Almeida	99	20Km de Almeirim	1:05.38		369
50m:	30.81	30.81	100m:	1:05.38	34.57		
	13.	Joao Fernando Bento	99	Uniao Samorense	1:05.76		363
50m:	30.90	30.90	100m:	1:05.76	34.86		
	14.	Joao Ferreira Santos	98	Torres Novas	1:06.33		353
50m:	31.29	31.29	100m:	1:06.33	35.04		
	15.	Pedro Jorge Silva	99	20Km de Almeirim	1:09.06		313
50m:	32.70	32.70	100m:	1:09.06	36.36		
	DSQ	Bernardo Fernandes Aguiar	99	20Km de Almeirim			
	<i>Falsa Partida</i>						
	DNS	Luis Miguel Monteiro	99	Cartaxo			
	DNS	David Antonio Carvalho	99	Natacao do Tejo			

Prova 35

Masc., 100m Livres

Infantis

06-07-2014 - 15:30

Resultados

INF-A MAS Inf A: 1:14.50 / INF-B MAS Inf B: 1:19.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Jose Carlos Burecas	00	BUZIOS-Coruche	1:01.00		454
50m:	29.80	29.80	100m:	1:01.00	31.20		
	2.	Miguel Serrao Santos	00	Viver Santarem	1:01.04		453
50m:	29.58	29.58	100m:	1:01.04	31.46		
	3.	Joao Diogo Lopes	01	Viver Santarem	1:01.85		436
50m:	29.01	29.01	100m:	1:01.85	32.84		
	4.	Francisco Inacio Rodrigues	00	Viver Santarem	1:02.37		425
50m:	29.48	29.48	100m:	1:02.37	32.89		
	5.	Joao Nazario Carvalho	00	Torres Novas	1:02.64		419
50m:	30.37	30.37	100m:	1:02.64	32.27		
	6.	Tiago Manuel Santos	01	Rio Maior	1:04.64		382
50m:	31.17	31.17	100m:	1:04.64	33.47		
		Afonso Maria Teodoro	01	Viver Santarem	1:04.64		382
50m:	31.32	31.32	100m:	1:04.64	33.32		
	8.	Henrique Miguel Cruz	00	Torres Novas	1:05.66		364
50m:	31.42	31.42	100m:	1:05.66	34.24		
	9.	Filipe Asseiceira Ramos	00	Torres Novas	1:05.86		361
50m:	31.97	31.97	100m:	1:05.86	33.89		
	10.	Diogo Teixeira Mendes	01	Viver Santarem	1:06.20		355
50m:	31.43	31.43	100m:	1:06.20	34.77		
	11.	Diogo Franco Martins	01	20Km de Almeirim	1:06.73		347
50m:	31.49	31.49	100m:	1:06.73	35.24		
	12.	Joao Antonio Simoes	01	Torres Novas	1:10.35		296
50m:	34.14	34.14	100m:	1:10.35	36.21		
	13.	Nuno Pereira Simoes	01	Torres Novas	1:10.47		294
50m:	33.96	33.96	100m:	1:10.47	36.51		
	14.	Joao Afonso Goncalves	00	CLAC-Entroncamento	1:10.85		290
50m:	33.94	33.94	100m:	1:10.85	36.91		

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 35, Masc., 100m Livres, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	15.	Xavier Portela Adriaio	01	Rio Maior	1:10.91		289
50m:	34.32	34.32	100m: 1:10.91	36.59			
	16.	Tomas Meliciano Cabeleira	01	CLAC-Entroncamento	1:11.35		284
50m:	34.62	34.62	100m: 1:11.35	36.73			
	17.	Diogo Samouco Dias	01	Torres Novas	1:11.45		283
50m:	34.02	34.02	100m: 1:11.45	37.43			
	18.	Diogo Miguel Teodoro	00	BUZIOS-Coruche	1:12.14		274
50m:	34.84	34.84	100m: 1:12.14	37.30			
	19.	Pedro Manuel Lopes	01	Torres Novas	1:14.75		247
50m:	36.17	36.17	100m: 1:14.75	38.58			

Prova 36
06-07-2014 - 15:45

Femin., 100m Livres

Absolutos
Resultados

ABS FEM : 1:13.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Madalena Silva	98	Nautico Abrantes	1:02.81		569
50m:	30.31	30.31	100m: 1:02.81	32.50			
	2.	Rute Isabel Leonardo	98	Nautico Abrantes	1:04.20		533
50m:	31.07	31.07	100m: 1:04.20	33.13			
	3.	Marta Filipa Vinagre	95	CLAC-Entroncamento	1:04.54		525
50m:	30.97	30.97	100m: 1:04.54	33.57			
	4.	Raquel Sofia Jorge	98	Salvaterra de Magos	1:05.50		502
50m:	31.40	31.40	100m: 1:05.50	34.10			
	5.	Filipa Robert Rente	96	Gualdim Pais	1:06.94		470
50m:	31.76	31.76	100m: 1:06.94	35.18			
	6.	Catarina Goncalves Trezentos	98	Gualdim Pais	1:08.80		433
50m:	33.06	33.06	100m: 1:08.80	35.74			
	7.	Ana Filipa Parente	98	Gualdim Pais	1:12.62		368
50m:	34.57	34.57	100m: 1:12.62	38.05			
	8.	Tatiana Lima Silva	96	Natacao do Tejo	1:13.25		359
	<i>FTL</i>						
50m:	34.53	34.53	100m: 1:13.25	38.72			

Prova 36
06-07-2014 - 15:45

Femin., 100m Livres

Juvenis
Resultados

JUV-A FEM 15: 1:14.50 / JUV-B FEM Juv: 1:16.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Sarah Dias	99	CLAC-Entroncamento	1:05.59		500
50m:	31.48	31.48	100m: 1:05.59	34.11			
	2.	Patricia Palmeiro Baeta	00	Viver Santarem	1:06.07		489
50m:	31.42	31.42	100m: 1:06.07	34.65			
	3.	Mariana Nunes Domingos	00	20Km de Almeirim	1:07.06		468
50m:	32.05	32.05	100m: 1:07.06	35.01			
	4.	Ana Margarida Salgueiro	99	Nautico Abrantes	1:07.20		465
50m:	32.49	32.49	100m: 1:07.20	34.71			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 36, Femin., 100m Livres, Juvenis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	5.	Patricia Silva Conceicao	99	Nautico Abrantes	1:07.41		460
50m:	32.12	32.12	100m:	1:07.41	35.29		
	6.	Maria Beatriz Leal	99	Rio Maior	1:09.34		423
50m:	33.03	33.03	100m:	1:09.34	36.31		
	7.	Maria Beatriz Diogo	99	Nautico Abrantes	1:09.58		419
50m:	33.70	33.70	100m:	1:09.58	35.88		
	8.	Mariana Narciso Fidalgo	99	20Km de Almeirim	1:10.62		400
50m:	34.23	34.23	100m:	1:10.62	36.39		
	9.	Lara Alexandra Delgado	00	Torres Novas	1:11.11		392
50m:	33.64	33.64	100m:	1:11.11	37.47		
	10.	Ana Torres Ferreira	99	Nautico Abrantes	1:11.14		392
50m:	33.82	33.82	100m:	1:11.14	37.32		
	11.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	1:12.06		377
50m:	34.10	34.10	100m:	1:12.06	37.96		
	12.	Sofia Alexandra Picao	99	CLAC-Entroncamento	1:12.79		366
50m:	35.04	35.04	100m:	1:12.79	37.75		
	13.	Ines Fernandes Moutinho	99	CLAC-Entroncamento	1:13.58		354
50m:	35.65	35.65	100m:	1:13.58	37.93		
	14.	Hatira Guseinova	99	Torres Novas	1:17.76		300
	<i>FTL</i>						
50m:	36.11	36.11	100m:	1:17.76	41.65		

Prova 36
06-07-2014 - 15:45

Femin., 100m Livres

Infantis
Resultados

INF-A FEM Inf A: 1:19.50 / INF-B FEM Inf B: 1:25.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Marta Sousa Oliveira	01	Torres Novas	1:06.76		474
50m:	32.66	32.66	100m:	1:06.76	34.10		
	2.	Rita Sousa Oliveira	01	Torres Novas	1:07.28		463
50m:	32.09	32.09	100m:	1:07.28	35.19		
	3.	Carolina Marques Neves	01	Torres Novas	1:07.69		455
50m:	33.24	33.24	100m:	1:07.69	34.45		
	4.	Ana Beatriz Rodrigues	02	Rio Maior	1:09.00		429
50m:	33.03	33.03	100m:	1:09.00	35.97		
	5.	Filipa Cardigo Fitas	02	20Km de Almeirim	1:09.11		427
50m:	33.52	33.52	100m:	1:09.11	35.59		
	6.	Mafalda Gilberto Marques	01	Natacao do Tejo	1:09.25		425
50m:	33.36	33.36	100m:	1:09.25	35.89		
	7.	Carolina Silverio Carpinteiro	02	Natacao do Tejo	1:11.38		388
50m:	34.70	34.70	100m:	1:11.38	36.68		
	8.	Constanca Isabel Jose	01	Gualdim Pais	1:11.70		383
50m:	35.10	35.10	100m:	1:11.70	36.60		
	9.	Catia Iordan Agostinho	02	Rio Maior	1:12.80		365
50m:	34.80	34.80	100m:	1:12.80	38.00		
	10.	Ana Rita Carvalho	01	Viver Santarem	1:13.43		356
50m:	34.74	34.74	100m:	1:13.43	38.69		
	11.	Ines Cambe Cunha	02	Torres Novas	1:13.56		354

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 36, Femin., 100m Livres, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	12.	Rita Morgado Vieira	02	Rio Maior	1:13.84		350
50m:	35.63	35.63	100m:	1:13.84	38.21		
	13.	Carolina Guerra Pisco	02	20Km de Almeirim	1:14.09		347
50m:	35.23	35.23	100m:	1:14.09	38.86		
	14.	Maria Francisca Torcato	01	20Km de Almeirim	1:14.18		345
50m:	34.79	34.79	100m:	1:14.18	39.39		
	15.	Mariana Tome Fidalgo	01	Viver Santarem	1:14.23		345
50m:	36.06	36.06	100m:	1:14.23	38.17		
	16.	Marta Chambel Dias	02	CLAC-Entroncamento	1:17.88		298
50m:	38.39	38.39	100m:	1:17.88	39.49		
	17.	Ana Rita Morais	02	Torres Novas	1:17.94		298
50m:	37.03	37.03	100m:	1:17.94	40.91		
	18.	Maria Beatriz Silva	02	CLAC-Entroncamento	1:19.09		285
50m:	38.02	38.02	100m:	1:19.09	41.07		
	DNS	Maria Ines Gabriel	02	Viver Santarem			

Prova 37
06-07-2014 - 16:00

Masc., 100m Costas

Absolutos
Resultados

JUN MAS Jun: 1:19.00 / SEN MAS Sen: 1:17.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Afonso Filipe Gaspar	97	Nautico Abrantes	1:06.62		473
50m:	32.85	32.85	100m:	1:06.62	33.77		
	2.	Miguel Martins Barroqueiro	91	CLAC-Entroncamento	1:10.62		397
50m:	33.81	33.81	100m:	1:10.62	36.81		
	3.	Diogo Miguel Balsa	95	BUZIOS-Coruche	1:12.13		373
50m:	35.27	35.27	100m:	1:12.13	36.86		
	4.	Mario Jorge Nunes	92	Natacao do Tejo	1:13.72		349
50m:	35.80	35.80	100m:	1:13.72	37.92		

Prova 37
06-07-2014 - 16:00

Masc., 100m Costas

Juvenis
Resultados

JUV-A MAS Juv A: 1:21.00 / JUV-B MAS Juv B: 1:24.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Afonso Guilherme Rosa	99	Gualdim Pais	1:06.11		484
50m:	32.92	32.92	100m:	1:06.11	33.19		
	2.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	1:07.12		463
50m:	33.34	33.34	100m:	1:07.12	33.78		
	3.	Marco Andre Miguel	99	Torres Novas	1:08.05		444
50m:	33.56	33.56	100m:	1:08.05	34.49		
	4.	Samuel Batista Agostinho	98	Rio Maior	1:15.46		326
50m:	36.54	36.54	100m:	1:15.46	38.92		
	5.	Jose Nuno Sousa	99	CLAC-Entroncamento	1:17.37		302
50m:	36.92	36.92	100m:	1:17.37	40.45		
	6.	Rodrigo Pereira Damasio	99	Salvaterra de Magos	1:18.77		286
50m:	38.80	38.80	100m:	1:18.77	39.97		

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 37, Masc., 100m Costas

Prova 37 Masc., 100m Costas Infantil
06-07-2014 - 16:00 Resultados

INF-A MAS Inf A: 1:28.00 / INF-B MAS Inf B: 1:31.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Rui Jorge Lopes	00	CLAC-Entroncamento	1:10.76		395
50m:	35.00	35.00	100m:	1:10.76	35.76		
	2.	Miguel Goncalves Frade	00	Torres Novas	1:11.06		390
50m:	35.32	35.32	100m:	1:11.06	35.74		
	3.	Jose Carlos Burecas	00	BUZIOS-Coruche	1:11.62		381
50m:	35.88	35.88	100m:	1:11.62	35.74		
	4.	Joao Jose Calado	01	Nautico Abrantes	1:12.35		369
50m:	35.10	35.10	100m:	1:12.35	37.25		
	5.	Ricardo Luis Leal	01	CLAC-Entroncamento	1:15.91		320
50m:	36.67	36.67	100m:	1:15.91	39.24		
	6.	Alexandre Ferreira Ribeiro	01	Rio Maior	1:19.20		282
50m:	38.72	38.72	100m:	1:19.20	40.48		
	7.	Afonso Pinhal Canto	01	20Km de Almeirim	1:19.60		277
50m:	37.92	37.92	100m:	1:19.60	41.68		
	8.	David Jose Carpinteiro	00	Natacao do Tejo	1:24.85		229
50m:	40.89	40.89	100m:	1:24.85	43.96		
	9.	Diogo Samouco Dias	01	Torres Novas	1:26.05		219
50m:	41.42	41.42	100m:	1:26.05	44.63		
	DNS	Afonso Arrates Rouxinol	00	BUZIOS-Coruche			

Prova 38 Femin., 100m Costas Absolutos
06-07-2014 - 16:05 Resultados

ABS FEM : 1:25.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Madalena Silva	98	Nautico Abrantes	1:11.99		526
50m:	36.27	36.27	100m:	1:11.99	35.72		
	2.	Daniela Sofia Serra	98	CLAC-Entroncamento	1:16.77		433
50m:	38.25	38.25	100m:	1:16.77	38.52		
	3.	Soraya Dea Matias	95	Torres Novas	1:18.28		409
50m:	37.84	37.84	100m:	1:18.28	40.44		
	4.	Maria Matilde Santana	98	Torres Novas	1:22.94		344
50m:	40.98	40.98	100m:	1:22.94	41.96		
	5.	Patricia Simoes Jorge	97	Salvaterra de Magos	1:24.18		329
50m:	41.32	41.32	100m:	1:24.18	42.86		
	DNS	Ana Claudia Santo	97	Cartaxo			

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 38, Femin., 100m Costas

Prova 38
06-07-2014 - 16:05

Femin., 100m Costas

Juvenis
Resultados

JUV-A FEM 15: 1:26.00 / JUV-B FEM Juv: 1:28.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Maria Beatriz Lopes	00	Rio Maior	1:15.98		447
50m:	37.10	37.10	100m:	1:15.98	38.88		
	2.	Maria Beatriz Diogo	99	Nautico Abrantes	1:18.17		411
50m:	38.72	38.72	100m:	1:18.17	39.45		
	3.	Sarah Dias	99	CLAC-Entroncamento	1:18.49		406
50m:	38.25	38.25	100m:	1:18.49	40.24		
	4.	Patricia Silva Conceicao	99	Nautico Abrantes	1:19.91		384
50m:	39.68	39.68	100m:	1:19.91	40.23		
	5.	Ines Isabel Graca	00	Gualdim Pais	1:21.72		359
50m:	39.85	39.85	100m:	1:21.72	41.87		
	6.	Ana Catarina Santos	00	Uniao Samorense	1:22.50		349
50m:	40.82	40.82	100m:	1:22.50	41.68		
	7.	Joana Costa Bernardino	00	CLAC-Entroncamento	1:23.93		332
50m:	41.27	41.27	100m:	1:23.93	42.66		
	8.	Carolina Miguel Marques	99	Natacao do Tejo	1:24.05		330
50m:	41.60	41.60	100m:	1:24.05	42.45		
	9.	Marta Isabel Silva	00	Viver Santarem	1:28.40		284
50m:	42.97	42.97	100m:	1:28.40	45.43		

Prova 38
06-07-2014 - 16:05

Femin., 100m Costas

Infantis
Resultados

INF-A FEM Inf A: 1:34.50 / INF-B FEM Inf B: 1:35.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Ines Ferreira Duarte	01	Nautico Abrantes	1:16.65		435
50m:	37.35	37.35	100m:	1:16.65	39.30		
	2.	Ana Beatriz Rodrigues	02	Rio Maior	1:20.13		381
50m:	39.44	39.44	100m:	1:20.13	40.69		
	3.	Carolina Luis Amaral	01	BUZIOS-Coruche	1:20.74		373
50m:	39.13	39.13	100m:	1:20.74	41.61		
	4.	Beatriz Santos Reis	01	Torres Novas	1:25.08		318
50m:	41.92	41.92	100m:	1:25.08	43.16		
	5.	Rita Morgado Vieira	02	Rio Maior	1:25.55		313
50m:	41.40	41.40	100m:	1:25.55	44.15		
	6.	Rita Daniela Lopes	01	Gualdim Pais	1:26.91		299
50m:	42.47	42.47	100m:	1:26.91	44.44		
	7.	Margarida Felicidade Baptista	02	Viver Santarem	1:27.31		294
50m:	42.53	42.53	100m:	1:27.31	44.78		
	8.	Erica Alexandra Madruga	01	Viver Santarem	1:27.37		294
50m:	41.98	41.98	100m:	1:27.37	45.39		
	9.	Beatriz Maria Duarte	02	Nautico Abrantes	1:28.71		281
50m:	43.87	43.87	100m:	1:28.71	44.84		
	10.	Carolina Lopes Vieira	02	Gualdim Pais	1:29.52		273
50m:	44.07	44.07	100m:	1:29.52	45.45		

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 38, Femin., 100m Costas, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	11.	Ines Ribeiro Novo	02	Torres Novas	1:31.54		255
50m:	45.27	45.27	100m:	1:31.54	46.27		
	12.	Beatriz Catarino Moura	02	Nautico Abrantes	1:36.57		217
	<i>FTL</i>						
50m:	46.66	46.66	100m:	1:36.57	49.91		
	13.	Jessica Andreia Antonio	02	CLAC-Entroncamento	1:36.61		217
	<i>FTL</i>						
50m:	46.31	46.31	100m:	1:36.61	50.30		

Prova 39
06-07-2014 - 16:15

Masc., 200m Mariposa

Absolutos
Resultados

JUN MAS Jun: 2:56.00 / SEN MAS Sen: 2:50.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Joao Rafael Fonseca	97	Rio Maior	2:33.53		383
50m:	34.15	34.15	100m:	1:13.54	39.39	150m: 1:53.01	39.47
	2.	Martim Basilio Gil	97	CLAC-Entroncamento	2:39.01		344
50m:	33.69	33.69	100m:	1:13.67	39.98	150m: 1:55.95	42.28
	3.	Artur Rafael Saramago	97	BUZIOS-Coruche	2:48.49		289
50m:	35.84	35.84	100m:	1:19.08	43.24	150m: 2:04.83	45.75
						200m: 2:48.49	43.66

Prova 39
06-07-2014 - 16:15

Masc., 200m Mariposa

Juvenis
Resultados

JUV-A MAS Juv A: 3:10.50 / JUV-B MAS Juv B: 3:30.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Tiago Filipe Campos	99	Viver Santarem	2:20.11		504
50m:	31.02	31.02	100m:	1:06.40	35.38	150m: 1:44.04	37.64
	2.	Dario Fausto Matias	98	Torres Novas	2:33.25		385
50m:	34.34	34.34	100m:	1:13.01	38.67	150m: 1:54.52	41.51
	3.	Joao Paulo Lopes	98	Torres Novas	2:33.85		380
50m:	32.53	32.53	100m:	1:12.03	39.50	150m: 1:54.76	42.73
	4.	Telmo Pedrosa Rocha	98	Uniao Samorense	2:42.67		322
50m:	33.76	33.76	100m:	1:13.50	39.74	150m: 1:57.53	44.03
	5.	Pedro Pereira Lopes	99	BUZIOS-Coruche	2:47.88		293
50m:	36.71	36.71	100m:	1:19.57	42.86	150m: 2:05.28	45.71
	6.	Joao Ferreira Santos	98	Torres Novas	2:55.77		255
50m:	37.69	37.69	100m:	1:22.48	44.79	150m: 2:10.56	48.08
						200m: 2:55.77	45.21

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 39, Masc., 200m Mariposa

Prova 39 Masc., 200m Mariposa Infantis
06-07-2014 - 16:15 Resultados

INF-A MAS Inf A: 3:40.00 / INF-B MAS Inf B: 3:50.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
		1. Miguel Serrao Santos	00	Viver Santarem	2:31.30		400	
50m:	33.84	33.84	100m: 1:12.59	38.75	150m: 1:52.25	39.66	200m: 2:31.30	39.05
		2. Francisco Inacio Rodrigues	00	Viver Santarem	2:43.07		319	
50m:	37.86	37.86	100m: 1:19.62	41.76	150m: 2:00.78	41.16	200m: 2:43.07	42.29
		3. Rui Jorge Lopes	00	CLAC-Entroncamento	2:44.03		314	
50m:	36.83	36.83	100m: 1:18.44	41.61	150m: 2:02.14	43.70	200m: 2:44.03	41.89
		4. Afonso Maria Teodoro	01	Viver Santarem	2:52.47		270	
50m:	38.35	38.35	100m: 1:21.71	43.36	150m: 2:07.05	45.34	200m: 2:52.47	45.42
		5. Diogo Franco Martins	01	20Km de Almeirim	2:55.93		254	
50m:	39.70	39.70	100m: 1:27.20	47.50	150m: 2:11.50	44.30	200m: 2:55.93	44.43
		6. Henrique Miguel Cruz	00	Torres Novas	2:58.57		243	
50m:	38.64	38.64	100m: 1:23.67	45.03	150m: 2:13.34	49.67	200m: 2:58.57	45.23
		7. David Antunes Santos	00	CLAC-Entroncamento	3:05.61		216	
50m:	39.45	39.45	100m: 1:26.86	47.41	150m: 2:16.54	49.68	200m: 3:05.61	49.07
		8. Joao Antonio Simoes	01	Torres Novas	3:10.90		199	
50m:	41.46	41.46	100m: 1:32.55	51.09	150m: 2:24.14	51.59	200m: 3:10.90	46.76
		9. Diogo Miguel Teodoro	00	BUZIOS-Coruche	3:20.37		172	
50m:	47.02	47.02	100m: 1:38.95	51.93	150m: 2:34.19	55.24	200m: 3:20.37	46.18
		10. Tomas Meliciano Cabeleira	01	CLAC-Entroncamento	3:21.16		170	
50m:	42.49	42.49	100m: 1:35.32	52.83	150m: 2:29.16	53.84	200m: 3:21.16	52.00
		11. Tomas Antunes Ribeiro	01	Torres Novas	3:27.34		155	
50m:	48.34	48.34	100m: 1:41.39	53.05	150m: 2:37.09	55.70	200m: 3:27.34	50.25

Prova 40 Femin., 200m Mariposa Absolutos
06-07-2014 - 16:30 Resultados

ABS FEM : 3:12.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
		1. Tatiana Lima Silva	96	Natacao do Tejo	2:40.53		436	
50m:	35.83	35.83	100m: 1:15.45	39.62	150m: 1:57.78	42.33	200m: 2:40.53	42.75
		2. Catarina Vilhena Gregorio	96	CLAC-Entroncamento	2:56.81		326	
50m:	38.34	38.34	100m: 1:22.83	44.49	150m: 2:10.45	47.62	200m: 2:56.81	46.36
		3. Ana Filipa Parente	98	Gualdim Pais	3:24.84		210	
<i>FTL</i>								
50m:	42.41	42.41	100m: 1:34.99	52.58	150m: 2:30.69	55.70	200m: 3:24.84	54.15

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 40, Femin., 200m Mariposa

Prova 40 Femin., 200m Mariposa Juvenis
06-07-2014 - 16:30 Resultados

JUV-A FEM 15: 3:17.50 / JUV-B FEM Juv: 3:30.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Mariana Soares Martinho	99	20Km de Almeirim	2:42.30		422
		<i>Recorde Distrital JUV-A (02.43.85)</i>					
50m:	37.39	37.39	100m:	1:17.53	40.14	150m: 2:00.66 43.13	200m: 2:42.30 41.64
	2.	Mafalda Alexandra Cabaca	00	20Km de Almeirim	2:50.21		366
50m:	37.12	37.12	100m:	1:19.96	42.84	150m: 2:04.92 44.96	200m: 2:50.21 45.29
	3.	Ana Catarina Santos	00	Uniao Samorense	2:55.49		334
50m:	38.04	38.04	100m:	1:22.59	44.55	150m: 2:10.52 47.93	200m: 2:55.49 44.97
	4.	Carolina Miguel Marques	99	Natacao do Tejo	2:58.80		316
50m:	36.54	36.54	100m:	1:21.78	45.24	150m: 2:11.02 49.24	200m: 2:58.80 47.78
	5.	Sofia Alexandra Picao	99	CLAC-Entroncamento	3:17.86		233
		<i>FTL</i>					
50m:	43.35	43.35	100m:	1:32.48	49.13	150m: 2:28.34 55.86	200m: 3:17.86 49.52

Prova 40 Femin., 200m Mariposa Infantis
06-07-2014 - 16:30 Resultados

INF-A FEM Inf A: 3:46.00 / INF-B FEM Inf B: 3:57.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Beatriz Ribeiro Simoes	01	Torres Novas	2:55.27		335
50m:	39.78	39.78	100m:	1:23.56	43.78	150m: 2:11.22 47.66	200m: 2:55.27 44.05
	2.	Filipa Cardigo Fitas	02	20Km de Almeirim	2:59.75		311
50m:	40.14	40.14	100m:	1:25.62	45.48	150m: 2:15.21 49.59	200m: 2:59.75 44.54
	3.	Constanca Isabel Jose	01	Gualdim Pais	3:02.02		299
50m:	39.10	39.10	100m:	1:25.01	45.91	150m: 2:14.36 49.35	200m: 3:02.02 47.66
	4.	Carolina Luis Amaral	01	BUZIOS-Coruche	3:04.61		287
50m:	38.25	38.25	100m:	1:24.00	45.75	150m: 2:15.10 51.10	200m: 3:04.61 49.51
	5.	Beatriz Maria Duarte	02	Nautico Abrantes	3:18.20		232
50m:	44.56	44.56	100m:	1:37.09	52.53	150m: 2:29.28 52.19	200m: 3:18.20 48.92
	6.	Marta Chambel Dias	02	CLAC-Entroncamento	3:41.72		165
50m:	48.38	48.38	100m:	1:43.36	54.98	150m: 2:44.85 1:01.49	200m: 3:41.72 56.87

Prova 41 Masc., 200m Livres Absolutos
06-07-2014 - 16:40 Resultados

JUN MAS Jun: 2:23.00 / SEN MAS Sen: 2:18.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
	1.	Ivo Andre Lopes	94	Viver Santarem	2:02.45		577
50m:	28.80	28.80	100m:	59.33	30.53	150m: 1:31.04 31.71	200m: 2:02.45 31.41
	2.	Jose Eduardo Felicio	97	Rio Maior	2:10.43		478
50m:	31.03	31.03	100m:	1:04.45	33.42	150m: 1:37.97 33.52	200m: 2:10.43 32.46
	3.	Francisco Redol Dias	96	Gualdim Pais	2:11.30		468
50m:	29.46	29.46	100m:	1:03.35	33.89	150m: 1:37.79 34.44	200m: 2:11.30 33.51
	4.	Afonso Filipe Gaspar	97	Nautico Abrantes	2:11.91		462
50m:	31.01	31.01	100m:	1:05.69	34.68	150m: 1:39.42 33.73	200m: 2:11.91 32.49

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 41, Masc., 200m Livres, Absolutos

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	5.	Joao Mauricio Gaspar	97	Nautico Abrantes	2:12.16		459	
50m:	30.59	30.59	100m: 1:03.70	33.11	150m: 1:38.19	34.49	200m: 2:12.16	33.97
	6.	Mario Jorge Nunes	92	Natacao do Tejo	2:26.61		336	
<i>FTL</i>								
50m:	32.05	32.05	100m: 1:07.82	35.77	150m: 1:46.82	39.00	200m: 2:26.61	39.79

Prova 41
06-07-2014 - 16:40

Masc., 200m Livres

Juvenis
Resultados

JUV-A MAS Juv A: 2:25.50 / JUV-B MAS Juv B: 2:32.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	1.	Dario Fausto Matias	98	Torres Novas	2:05.23		540	
50m:	29.45	29.45	100m: 1:01.47	32.02	150m: 1:33.47	32.00	200m: 2:05.23	31.76
	2.	Tiago Filipe Campos	99	Viver Santarem	2:06.49		524	
50m:	29.57	29.57	100m: 1:02.04	32.47	150m: 1:35.02	32.98	200m: 2:06.49	31.47
	3.	Bernardo Jose Dionisio	99	Gualdim Pais	2:07.15		516	
50m:	29.86	29.86	100m: 1:01.65	31.79	150m: 1:35.55	33.90	200m: 2:07.15	31.60
	4.	Jose Henriques Luz	99	Nucleo Sportinguista Golega	2:10.11		481	
50m:	30.39	30.39	100m: 1:03.55	33.16	150m: 1:37.49	33.94	200m: 2:10.11	32.62
	5.	Miguel Carrico Cruz	99	20Km de Almeirim	2:13.46		446	
50m:	29.85	29.85	100m: 1:02.59	32.74	150m: 1:37.02	34.43	200m: 2:13.46	36.44
	6.	Tomas Jose Agostinho	99	BUZIOS-Coruche	2:15.73		424	
50m:	31.30	31.30	100m: 1:06.51	35.21	150m: 1:42.15	35.64	200m: 2:15.73	33.58
	7.	Goncalo Faria Saldida	99	Gualdim Pais	2:15.84		423	
50m:	31.61	31.61	100m: 1:06.57	34.96	150m: 1:41.12	34.55	200m: 2:15.84	34.72
	8.	Jose Nuno Sousa	99	CLAC-Entroncamento	2:20.77		380	
50m:	31.89	31.89	100m: 1:08.26	36.37	150m: 1:46.56	38.30	200m: 2:20.77	34.21
	9.	Joao Tiago Almeida	99	20Km de Almeirim	2:21.52		374	
50m:	32.14	32.14	100m: 1:07.74	35.60	150m: 1:44.88	37.14	200m: 2:21.52	36.64
	10.	Samuel Batista Agostinho	98	Rio Maior	2:22.12		369	
50m:	32.18	32.18	100m: 1:07.88	35.70	150m: 1:45.53	37.65	200m: 2:22.12	36.59
	11.	Bernardo Fernandes Aguiar	99	20Km de Almeirim	2:24.33		352	
50m:	34.42	34.42	100m: 1:10.85	36.43	150m: 1:48.78	37.93	200m: 2:24.33	35.55
	12.	Joao Fernando Bento	99	Uniao Samorense	2:33.90		291	
<i>FTL</i>								
50m:	33.55	33.55	100m: 1:12.04	38.49	150m: 1:53.36	41.32	200m: 2:33.90	40.54
	DNS	David Antonio Carvalho	99	Natacao do Tejo				

Prova 41
06-07-2014 - 16:40

Masc., 200m Livres

Infantis
Resultados

INF-A MAS Inf A: 2:42.50 / INF-B MAS Inf B: 2:51.50

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	1.	Miguel Goncalves Frade	00	Torres Novas	2:14.70		434	
50m:	31.44	31.44	100m: 1:05.50	34.06	150m: 1:40.44	34.94	200m: 2:14.70	34.26
	2.	Joao Jose Calado	01	Nautico Abrantes	2:15.77		424	
50m:	31.63	31.63	100m: 1:06.66	35.03	150m: 1:42.49	35.83	200m: 2:15.77	33.28
	3.	Joao Nazario Carvalho	00	Torres Novas	2:16.29		419	
50m:	31.92	31.92	100m: 1:06.58	34.66	150m: 1:41.63	35.05	200m: 2:16.29	34.66

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 41, Masc., 200m Livres, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	4.	Filipe Asseiceira Ramos	00	Torres Novas	2:20.41		383	
50m:	32.97	32.97	100m: 1:09.01	36.04	150m: 1:45.56	36.55	200m: 2:20.41	34.85
	5.	Ricardo Luis Leal	01	CLAC-Entroncamento	2:20.61		381	
50m:	32.40	32.40	100m: 1:08.70	36.30	150m: 1:45.88	37.18	200m: 2:20.61	34.73
	6.	Joao Diogo Lopes	01	Viver Santarem	2:21.39		375	
50m:	31.23	31.23	100m: 1:07.45	36.22	150m: 1:45.40	37.95	200m: 2:21.39	35.99
	7.	David Antunes Santos	00	CLAC-Entroncamento	2:22.86		363	
50m:	32.79	32.79	100m: 1:08.31	35.52	150m: 1:45.79	37.48	200m: 2:22.86	37.07
	8.	Diogo Teixeira Mendes	01	Viver Santarem	2:23.38		360	
50m:	32.39	32.39	100m: 1:09.10	36.71	150m: 1:46.64	37.54	200m: 2:23.38	36.74
	9.	Tiago Manuel Santos	01	Rio Maior	2:25.32		345	
50m:	33.60	33.60	100m: 1:09.81	36.21	150m: 1:47.98	38.17	200m: 2:25.32	37.34
	10.	Afonso Pinhal Canto	01	20Km de Almeirim	2:32.24		300	
50m:	34.25	34.25	100m: 1:13.14	38.89	150m: 1:53.17	40.03	200m: 2:32.24	39.07
	11.	Nuno Pereira Simoes	01	Torres Novas	2:35.19		283	
50m:	36.51	36.51	100m: 1:16.55	40.04	150m: 1:57.42	40.87	200m: 2:35.19	37.77
	12.	Xavier Portela Adriaio	01	Rio Maior	2:35.39		282	
50m:	36.73	36.73	100m: 1:15.91	39.18	150m: 1:56.90	40.99	200m: 2:35.39	38.49
	13.	Alexandre Ferreira Ribeiro	01	Rio Maior	2:43.95		240	
50m:	36.01	36.01	100m: 1:18.51	42.50	150m: 2:01.36	42.85	200m: 2:43.95	42.59
	14.	Pedro Manuel Lopes	01	Torres Novas	3:02.52		174	
	<i>FTL</i>							
50m:	39.55	39.55	100m: 1:25.66	46.11	150m: 2:14.86	49.20	200m: 3:02.52	47.66

Prova 42
06-07-2014 - 17:00

Femin., 200m Livres

Absolutos
Resultados

ABS FEM : 2:42.10

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	1.	Rute Isabel Leonardo	98	Nautico Abrantes	2:20.86		515	
50m:	31.79	31.79	100m: 1:07.33	35.54	150m: 1:44.51	37.18	200m: 2:20.86	36.35
	2.	Ana Carolina Gomes	97	Cartaxo	2:23.09		492	
50m:	33.33	33.33	100m: 1:09.60	36.27	150m: 1:47.24	37.64	200m: 2:23.09	35.85
	3.	Raquel Sofia Jorge	98	Salvaterra de Magos	2:23.15		491	
50m:	32.88	32.88	100m: 1:09.51	36.63	150m: 1:47.03	37.52	200m: 2:23.15	36.12
	4.	Marta Filipa Vinagre	95	CLAC-Entroncamento	2:27.41		450	
50m:	33.26	33.26	100m: 1:09.81	36.55	150m: 1:48.25	38.44	200m: 2:27.41	39.16
	5.	Filipa Robert Rente	96	Gualdim Pais	2:30.49		423	
50m:	33.59	33.59	100m: 1:11.46	37.87	150m: 1:51.40	39.94	200m: 2:30.49	39.09
	6.	Catarina Goncalves Trezentos	98	Gualdim Pais	2:32.01		410	
50m:	34.82	34.82	100m: 1:13.31	38.49	150m: 1:53.26	39.95	200m: 2:32.01	38.75
	7.	Daniela Sofia Serra	98	CLAC-Entroncamento	2:32.10		409	
50m:	34.29	34.29	100m: 1:13.76	39.47	150m: 1:55.09	41.33	200m: 2:32.10	37.01
	8.	Tatiana Lima Silva	96	Natacao do Tejo	2:38.54		361	
50m:	35.32	35.32	100m: 1:16.09	40.77	150m: 1:59.08	42.99	200m: 2:38.54	39.46

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 42, Femin., 200m Livres

Prova 42
06-07-2014 - 17:00

Femin., 200m Livres

Juvenis
Resultados

JUV-A FEM 15: 2:46.00 / JUV-B FEM Juv: 2:47.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
		1. Maria Beatriz Dias	99	Viver Santarem	2:18.96		537	
50m:	33.30	33.30	100m: 1:08.67	35.37	150m: 1:44.33	35.66	200m: 2:18.96	34.63
		2. Mariana Soares Martinho	99	20Km de Almeirim	2:19.45		531	
50m:	33.09	33.09	100m: 1:09.04	35.95	150m: 1:45.07	36.03	200m: 2:19.45	34.38
		3. Patricia Palmeiro Baeta	00	Viver Santarem	2:20.54		519	
50m:	33.15	33.15	100m: 1:09.51	36.36	150m: 1:45.86	36.35	200m: 2:20.54	34.68
		4. Ana Margarida Salgueiro	99	Nautico Abrantes	2:25.77		465	
50m:	33.65	33.65	100m: 1:10.96	37.31	150m: 1:49.43	38.47	200m: 2:25.77	36.34
		5. Maria Beatriz Lopes	00	Rio Maior	2:25.79		465	
50m:	34.56	34.56	100m: 1:11.67	37.11	150m: 1:49.19	37.52	200m: 2:25.79	36.60
		6. Joana Sofia Amado	99	Cartaxo	2:26.44		459	
50m:	34.91	34.91	100m: 1:12.20	37.29	150m: 1:49.93	37.73	200m: 2:26.44	36.51
		7. Mariana Nunes Domingos	00	20Km de Almeirim	2:27.75		447	
50m:	33.50	33.50	100m: 1:10.70	37.20	150m: 1:49.64	38.94	200m: 2:27.75	38.11
		8. Mariana Narciso Fidalgo	99	20Km de Almeirim	2:32.59		405	
50m:	35.13	35.13	100m: 1:14.28	39.15	150m: 1:53.68	39.40	200m: 2:32.59	38.91
		9. Maria Beatriz Leal	99	Rio Maior	2:34.76		389	
50m:	35.22	35.22	100m: 1:15.29	40.07	150m: 1:56.35	41.06	200m: 2:34.76	38.41
		10. Ines Isabel Graca	00	Gualdim Pais	2:37.49		369	
50m:	35.56	35.56	100m: 1:15.74	40.18	150m: 1:58.06	42.32	200m: 2:37.49	39.43
		11. Ana Torres Ferreira	99	Nautico Abrantes	2:39.47		355	
50m:	34.97	34.97	100m: 1:14.64	39.67	150m: 1:57.69	43.05	200m: 2:39.47	41.78
		12. Carolina Felicidade Batista	99	Viver Santarem	2:39.67		354	
50m:	36.93	36.93	100m: 1:17.63	40.70	150m: 1:59.90	42.27	200m: 2:39.67	39.77
		13. Claudia Maria Marcalo	99	Natacao do Tejo	2:43.34		330	
50m:	37.04	37.04	100m: 1:18.57	41.53	150m: 2:01.53	42.96	200m: 2:43.34	41.81
		DNS Lara Alexandra Delgado	00	Torres Novas				

Prova 42
06-07-2014 - 17:00

Femin., 200m Livres

Infantis
Resultados

INF-A FEM Inf A: 3:00.00 / INF-B FEM Inf B: 3:07.00

Pontos: FINA 2012

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
		1. Rita Sousa Oliveira	01	Torres Novas	2:25.88		464	
50m:	33.23	33.23	100m: 1:10.97	37.74	150m: 1:49.07	38.10	200m: 2:25.88	36.81
		2. Carolina Marques Neves	01	Torres Novas	2:26.69		456	
50m:	34.38	34.38	100m: 1:11.58	37.20	150m: 1:50.73	39.15	200m: 2:26.69	35.96
		3. Ines Ferreira Duarte	01	Nautico Abrantes	2:28.02		444	
50m:	34.18	34.18	100m: 1:10.97	36.79	150m: 1:50.13	39.16	200m: 2:28.02	37.89
		4. Mafalda Gilberto Marques	01	Natacao do Tejo	2:28.90		436	
50m:	34.17	34.17	100m: 1:11.54	37.37	150m: 1:50.62	39.08	200m: 2:28.90	38.28
		5. Carolina Silverio Carpinteiro	02	Natacao do Tejo	2:32.73		404	
50m:	35.43	35.43	100m: 1:14.74	39.31	150m: 1:54.74	40.00	200m: 2:32.73	37.99
		6. Catia Jordan Agostinho	02	Rio Maior	2:34.63		390	
50m:	35.81	35.81	100m: 1:15.81	40.00	150m: 1:56.18	40.37	200m: 2:34.63	38.45

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 42, Femin., 200m Livres, Infantis

Pontos	Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts	
	7.	Ines Cambe Cunha	02	Torres Novas	2:39.15		357	
50m:	36.60	36.60	100m: 1:17.18	40.58	150m: 1:59.15	41.97	200m: 2:39.15	40.00
	8.	Carolina Guerra Pisco	02	20Km de Almeirim	2:39.25		357	
50m:	35.54	35.54	100m: 1:16.38	40.84	150m: 1:58.55	42.17	200m: 2:39.25	40.70
	9.	Mariana Tome Fidalgo	01	Viver Santarem	2:41.04		345	
50m:	36.94	36.94	100m: 1:18.07	41.13	150m: 2:00.87	42.80	200m: 2:41.04	40.17
	10.	Rita Daniela Lopes	01	Gualdim Pais	2:41.46		342	
50m:	36.73	36.73	100m: 1:18.30	41.57	150m: 2:00.96	42.66	200m: 2:41.46	40.50
	11.	Maria Francisca Torcato	01	20Km de Almeirim	2:42.40		336	
50m:	36.66	36.66	100m: 1:19.55	42.89	150m: 2:02.88	43.33	200m: 2:42.40	39.52
	12.	Margarida Felicidade Baptista	02	Viver Santarem	2:43.43		330	
50m:	37.51	37.51	100m: 1:18.62	41.11	150m: 2:01.56	42.94	200m: 2:43.43	41.87
	13.	Erica Alexandra Madruga	01	Viver Santarem	2:45.68		317	
50m:	37.11	37.11	100m: 1:19.09	41.98	150m: 2:03.20	44.11	200m: 2:45.68	42.48
	14.	Beatriz Santos Reis	01	Torres Novas	2:46.45		312	
50m:	37.43	37.43	100m: 1:20.17	42.74	150m: 2:04.21	44.04	200m: 2:46.45	42.24
	15.	Ana Rita Carvalho	01	Viver Santarem	2:50.15		292	
50m:	37.92	37.92	100m: 1:21.18	43.26	150m: 2:06.31	45.13	200m: 2:50.15	43.84
	16.	Ana Rita Morais	02	Torres Novas	2:52.83		279	
50m:	40.57	40.57	100m: 1:25.41	44.84	150m: 2:09.90	44.49	200m: 2:52.83	42.93
	17.	Andreia Sofia Alves	02	Torres Novas	2:53.09		278	
50m:	39.39	39.39	100m: 1:24.02	44.63	150m: 2:10.49	46.47	200m: 2:53.09	42.60
	18.	Leonor Vitoriano Marques	01	Viver Santarem	2:53.71		275	
50m:	39.38	39.38	100m: 1:23.65	44.27	150m: 2:08.39	44.74	200m: 2:53.71	45.32
	19.	Carolina Lopes Vieira	02	Gualdim Pais	2:54.17		272	
50m:	39.61	39.61	100m: 1:24.79	45.18	150m: 2:11.77	46.98	200m: 2:54.17	42.40
	20.	Laura Batista Agostinho	01	Rio Maior	2:54.94		269	
50m:	40.89	40.89	100m: 1:25.41	44.52	150m: 2:10.42	45.01	200m: 2:54.94	44.52
	21.	Ines Ribeiro Novo	02	Torres Novas	2:56.21		263	
50m:	40.96	40.96	100m: 1:25.74	44.78	150m: 2:12.44	46.70	200m: 2:56.21	43.77
	22.	Maria Beatriz Silva	02	CLAC-Entroncamento	2:58.25		254	
50m:	38.88	38.88	100m: 1:24.58	45.70	150m: 2:13.53	48.95	200m: 2:58.25	44.72
	23.	Beatriz Catarino Moura	02	Nautico Abrantes	2:58.94		251	
50m:	41.16	41.16	100m: 1:26.46	45.30	150m: 2:13.72	47.26	200m: 2:58.94	45.22
	DNS	Maria Ines Gabriel	02	Viver Santarem				

Prova 43

Masc., 4 x 100m Estilos

Absolutos

06-07-2014 - 17:20

Resultados

JUN MAS Jun: 5:00.00 / SEN MAS Sen: 5:00.00

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts
	1.	CLAC-Entroncamento 2	4:41.47		399
Miguel Martins Barroqueiro	91	1:13.39	Martim Basilio Gil	97	1:06.19
Tiago Andre Gouveia	90	1:20.31	Joao Pedro Rosa	90	1:01.58

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 43, Masc., 4 x 100m Estilos

Prova 43 Masc., 4 x 100m Estilos Juvenis
06-07-2014 - 17:20 Resultados

JUV-A MAS Juv A: 5:25.00 / JUV-B MAS Juv B: 5:25.00

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts
	1. Torres Novas 2	Torres Novas	4:38.16		413
	Marco Andre Miguel 99	Joao Paulo Lopes	98	1:06.86	
	Joao Ferreira Santos 98	Dario Fausto Matias	98	57.95	
	2. 20Km de Almeirim 1	20Km de Almeirim	5:04.20		316
	Bernardo Fernandes Aguiar 99	Joao Tiago Almeida	99	1:21.87	
	Miguel Carrico Cruz 99	Pedro Jorge Silva	99	1:08.28	

Prova 43 Masc., 4 x 100m Estilos Infantis
06-07-2014 - 17:20 Resultados

INF-A MAS Inf A: 5:55.00 / INF-B MAS Inf B: 5:55.00

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts
	1. Viver Santarem 7	Viver Santarem	4:53.29		353
	Francisco Inacio Rodrigues 00	Miguel Serrao Santos	00	1:08.19	
	Joao Diogo Lopes 01	Afonso Maria Teodoro	01	1:06.08	
	2. Torres Novas 1	Torres Novas	5:03.24		319
	Henrique Miguel Cruz 00	Joao Nazario Carvalho	00	1:15.74	
	Miguel Goncalves Frade 00	Filipe Asseiceira Ramos	00	1:05.78	
	3. CLAC-Entroncamento 1	CLAC-Entroncamento	5:37.93		230
	Joao Afonso Goncalves 00	Tomas Meliciano Cabeleira	01	1:30.48	
	Ricardo Luis Leal 01	David Antunes Santos	00	1:06.61	

Prova 44 Femin., 4 x 100m Estilos Absolutos
06-07-2014 - 17:30 Resultados

ABS FEM : 5:50.50

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts
	1. CLAC-Entroncamento 5	CLAC-Entroncamento	5:22.73		372
	Daniela Sofia Serra 98	Catarina Vilhena Gregorio	96	1:20.17	
	Ines Maria Ribeiro 94	Marta Filipa Vinagre	95	1:08.44	

Prova 44 Femin., 4 x 100m Estilos Juvenis
06-07-2014 - 17:30 Resultados

JUV-A FEM 15: 6:00.40 / JUV-B FEM Juv: 6:00.40

Pontos: FINA 2012

Pontos	Lugar	Clube	Tempo Final	TReac	Pts
	1. Viver Santarem 8	Viver Santarem	5:10.52		418
	Patricia Palmeiro Baeta 00	Maria Beatriz Dias	99	1:14.31	
	Carolina Felicidade Batista 99	Marta Isabel Silva	00	1:12.12	
	2. Nautico Abrantes 4	Nautico Abrantes	5:11.36		414
	<i>Recorde Distrital JUV-A (-)</i>				
	Maria Beatriz Diogo 99	Patricia Silva Conceicao	99	1:23.32	
	Ana Margarida Salgueiro 99	Ana Torres Ferreira	99	1:08.72	
	3. 20Km de Almeirim 2	20Km de Almeirim	5:17.36		391
	Mariana Soares Martinho 99	Mafalda Alexandra Cabaca	00	1:19.67	
	Mariana Nunes Domingos 00	Mariana Narciso Fidalgo	99	1:10.18	

Campeonatos Distritais Categorias e Absolutos - Rio Maior
Rio Maior, 4- - 6-7-2014

Prova 44, Femin., 4 x 100m Estilos, Juvenis

Pontos	Lugar		Clube	Tempo Final	TReac	Pts
		4.	CLAC-Entroncamento 1			
			CLAC-Entroncamento	5:29.24		350
Joana Costa Bernardino	00	1:23.04	Sarah Dias	99	1:21.87	
Sofia Alexandra Picao	99	1:30.86	Ines Fernandes Moutinho	99	1:13.47	

Prova 44

06-07-2014 - 17:30

Femin., 4 x 100m Estilos

Infantis

Resultados

INF-A FEM Inf A: 6:28.00 / INF-B FEM Inf B: 6:28.00

Pontos: FINA 2012

Pontos	Lugar		Clube	Tempo Final	TReac	Pts
		1.	Torres Novas 1			
			Torres Novas	5:26.44		359
Beatriz Santos Reis	01	1:26.95	Beatriz Ribeiro Simoes	01	1:20.56	
Carolina Marques Neves	01	1:30.71	Rita Sousa Oliveira	01	1:08.22	
		2.	Viver Santarem 9			
			Viver Santarem	5:58.47		271
Margarida Felicidade Baptista	02	1:28.60	Mariana Tome Fidalgo	01	1:33.74	
Ana Rita Carvalho	01	1:34.16	Leonor Vitoriano Marques	01	1:21.97	
		3.	20Km de Almeirim 1			
			20Km de Almeirim	6:11.89		243
Carolina Guerra Pisco	02	1:30.01	Filipa Cardigo Fitas	02	1:22.80	
Maria Francisca Torcato	01	1:50.31	Joana Matias Almeida	01	1:28.77	